

100 meter WOMEN - SEMIFINAL , Time :10:45**Heat : 1 , Wind : -2.0**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	321	HELLEN MAKUMBA		06	ZCSA		11.64	q
2	532	SUWILANJI MPONDELA		00	ZCSA		11.94	q
3	377	CHISANGA MAJORY		97	ZPSA		12.15	q
4	363	RUTH MUTALE		02	SMAC		12.33	q
5	512	NGANDULA EDINA		04	GBAC		12.70	q
6	443	LUPENGA JOSEPHINE		03	GBAC		12.87	q
7	513	MIYAMBO BLESSING		04	GBAC		13.02	q
8	441	CHIRWA TAONGA		04	MUCH		13.34	q

Heat : 2 , Wind : -0.5

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	404	MOLLY BANDA		03	KANS		13.52	
2	432	CHARITY CHIZYUKA		03	MONZ		13.65	
3	431	ZENITA NAMWIINGA		00	MONZ		13.70	
4	326	MAYONDA KERINA		03	SIAS		13.71	
	342	JOLENE JACOBS		92	NAMI		DNS	
	388	CHANDA NATASHA		03	ZPSA		DNS	
	391	EMILY KAPAMBWE		92	ZPSA		DNS	
	514	MALAKANO QUINCY		95	GBAC		DNS	

100 meter MEN - SEMIFINAL , Time :11:25**Heat : 1 , Wind : 1.5**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	312	NGONI MAKUSHA		94	ZIMB		10.30	q
2	338	SIBUSISO MATETSEJWA		90	ESWA		10.64	q
3	499	MBACHI KAIRA		99	ZCSA		10.73	q
4	515	CHIVUMBA JUSTIN		02	GBAC		10.79	
5	417	TITUS KAFUNDA MUKHALA		93	NCHA		10.81	
6	500	MWIINGA R. MWEEMBA		03	ZCSA		10.97	
7	373	ILUNGA ILUNA		03	SMAC		11.30	
	301	TAZANA KAMANGA-DYRBAK		02	DENM		DNS	

Heat : 2 , Wind : -0.1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	304	MARK OTIENO ODHIAMBO		93	KENY		10.19	q
2	308	STERN LIFFA		00	MALA		10.36	q
3	523	DICKSSON KAMUNGEREMU			ZIMB		10.37	q
4	315	HAZEMBA CHIDAMBA		97	ZPSA		10.50	q
5	305	BENSON OKOT		96	UGAN		10.52	q
6	408	CALEB ZULU		02	REAC		10.84	
7	524	OLIVER MASALA		03	ZIMB		11.15	



Heat : 3 , Wind : -0.7

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	371	ANDREW TAPIWA GONO PHIRI		00	SMAC		11.17	
2	349	KATEKA MAPALO		02	UNZA		12.24	
	309	GIFT KAWALE		96	MALA		DNS	
	313	ITAYI VAMBE		89	ZIMB		DNS	
	316	SYDNEY SIAME		97	ZPSA		DNS	
	337	JOBODWANE ANASO		92	SAFR		DNS	
	375	JOHN CHIRWA		05	SMAC		DNS	

Heat : 4 , Wind : 0.8

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	339	ERNST NARIB		90	NAMI		10.90	
2	419	ADONAI MUKUKA BWALYA		03	NCHA		11.21	
3	462	BWALYA MICHAEL		03	GEAC		11.61	
4	347	MUSUKUMA NDEMENA		02	UNZA		11.83	
5	354	MATAVU MATHEWS		03	KONK		11.98	
6	487	OLIVER SITUMBEKO		01	KAMB		12.92	
	352	INNOCENT SIAME		04	KONK		DNS	
	370	DAVID CHANDA		01	KALU		DNS	

Heat : 5 , Wind : 0.9

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	461	OLIVER SIMATE		98	GEAC		11.06	
2	428	CHOOLOWE HAMBULO		00	MONZ		11.14	
3	351	JIMAU CHOONGWE		03	KONK		11.31	
4	367	RINGO TUTA		03	KALU		11.86	
5	345	MUSUKUMA MULEVU		04	UNZA		12.04	
	356	LAMECK SINYANGWE		03	KONK		DNS	
	407	JAMES MUSUKWA		96	REAC		DNS	
	485	LEWIS MWENGWE		04	MKCH		DNS	

Heat : 6 , Wind : -1.9

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	383	MULENGI SINFUKWE		00	ZPSA		11.12	
2	435	ELAILO CHITETA		01	CHEE		11.24	
3	362	NG'AMBI PUNYILA		03	KWAC		11.54	
4	355	JOSEPH NJOVU		03	KONK		11.70	
5	361	STEVE MUMBA		03	HORN		12.01	
6	366	KALALUKA MICHEAL		99	KALU		12.06	
7	394	ABEL KABWE		03	KANS		12.18	
	372	BERNARD KALALE		04	SMAC		DNS	

Heat : 7 , Wind : 1.5

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	410	SANTE CHELLA		99	REAC		10.91	
2	517	MWENDA MULALA		84	GBAC		11.14	
3	501	CHISOMO ZULU		00	ZCSA		11.23	
4	439	KELVIN MULENGA		04	CHEE		11.59	
5	395	INNOCENT MAZYAMU		00	KANS		11.71	

**ZAMBIA ATHLETICS**

Secretariat
Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)
P.O. Box 32326
Tel: +260211 250 153/64
E-mail: zamb@mf.worldathletics.org
Website: <http://zambiaathletics.org>

6	393	KEBBY KANTU	05	KANS	11.95	
7	433	STEVEN CHILESHE	06	NKAN	12.11	
8	418	BOAZ NGUVU	03	NCHA	12.29	

Heat : 8 , Wind : -0.2

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	473	KAYUKWA OWEN	04	GEAC		11.78	
2	486	VICTOR SITENGE	02	KAMB		12.00	
	358	LUBEMBA SAMUEL	02	KONK		DNS	
	516	DAKA JOSEPH	02	GBAC		DNS	

Long Jump MEN - FINAL , Time :15:04**Flight : 1**

Rank	ID	Name	Cat.	YOB Team	Area	Result	Wind (m/s)	Info
1	372	BERNARD KALALE	04	SMAC		7.27m	-0.2	
2	389	SINKALA JOSEPH	97	ZPSA		6.80m	0.1	
3	433	STEVEN CHILESHE	06	NKAN		6.80m	2.0	

800 meter WOMEN - FINAL , Time :11:57**Heat : 1**

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	522	CHRISTIN MBOMA		NAMI		2:03.27	
2	491	FELISTUS MPANDE	96	ZCSA		2:14.48	
3	409	MAJORY PHIRI	92	REAC		2:17.88	
4	442	MWENYA RUTH	93	GBAC		2:27.38	
5	467	CHRISTABEL KUNDA	95	GEAC		2:28.24	
6	445	NAMATAMA KALIMBWE	03	GBAC		2:29.28	
7	530	SUNGANANI NAMAKONJE	06	MAW		2:38.44	
8	444	BANDA HARRIET	00	GBAC		2:53.23	
9	481	DAINESS MAKONI	06	TIGE		2:53.33	
	458	NACHULA REBECCA	86	GBAC		DNS	
	446	SEKELANI LOVENESS	04	GBAC		DNS	
	475	DAKA ELIZABETH	99	GEAC		DNS	

400 meter MEN - FINAL , Time :12:45**Heat : 1**

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	329	KENNEDY LUCHEMBE	01	NCHA		45.51	
2	318	MULENGA DAVID	02	GEAC		46.34	
3	465	MUZALA SAMUKONGA	04	GEAC		46.50	
4	496	MUDENDA LUYANDO	00	ZCSA		46.70	
5	387	PATRICK NYAMBE	02	ZPSA		48.03	
6	526	GARREN MUWISHI	94	ZIMB		48.54	
	507	DANIEL MBEWE	98	ZCSA		DNS	
	352	INNOCENT SIAME	04	KONK		DNS	

**ZAMBIA ATHLETICS**

Secretariat
 Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)
 P.O. Box 32326
 Tel: +260211 250 153/64
 E-mail: zamb@mf.worldathletics.org
 Website: <http://zambiaathletics.org>

Heat : 2

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	416	NYIMBIRI CEPHUS		93	REAC		49.05	
2	330	REMMY NG'ANDU		02	MAZA		49.10	
3	425	ISAAC MWEWA		06	NCHA		49.57	
4	398	STANLEY MBILISHI		00	KANS		50.00	
5	424	JOSHUA MPANZA		06	NCHA		50.22	
6	380	OBRAIN HANONGO		02	ZPSA		50.47	
7	386	ASWELL CHIKUNGU		93	ZPSA		50.53	
8	518	MULALI FIZZIER		93	GBAC		53.75	

Heat : 3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	498	CHRISTOPHER CHIKULO		02	ZCSA		49.89	
2	324	ALPHA MAZILA		03	SIAS		50.67	
3	335	LUYANDO LUCHAYA		01	MAZA		51.19	
4	520	MUBASA DANIEL		95	GBAC		52.14	
5	400	GIFT LUYANGA		99	KANS		52.47	
6	369	PRINCE MWANZA		03	KALU		53.59	
7	468	MULENGA DANIEL		92	GEAC		54.01	
8	474	PHIRI JAMES		03	GEAC		58.01	

Heat : 4

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	497	CYPRIAN MAPULA		99	ZCSA		49.90	
2	429	FANWELL BANDA		03	MONZ		50.47	
3	436	MWENYA KAPYA		03	CHEE		51.44	
4	519	MUGWADI DOMINIC		99	GBAC		51.70	
5	401	ELVIS MUNYINGU		03	KANS		52.44	
6	471	DONALD MSISKA		02	GEAC		52.67	
7	376	EMMANUEL BANGALA		04	CHEN		53.66	
8	488	LIYOMBA MATEYA MBULA		02	KAMB		65.57	

Heat : 5

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	396	ROBSON LUPIYA		99	KANS		48.60	
2	399	HENRY FULUMAKA		04	KANS		48.87	
3	420	JAMES MUTALE		01	ZCSA		49.60	
4	395	INNOCENT MAZYAMU		00	KANS		52.84	
5	360	NOAH BWALYA		05	KONK		53.55	
6	346	CHANSA WISDOM		02	UNZA		54.52	
7	327	MISHECK MUKUWA		04	SIAS		54.56	
	392	FUNWEL BANDA		03	MONZ		DNS	

Heat : 6

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	336	JERRY SIMALIKI		01	MAZA		49.53	
2	353	MORGAN KALABA		03	KONK		50.35	
3	397	DAN KETI		96	KANS		50.80	
4	334	FREDRICKS NG'ANDU		00	MAZA		51.07	

**ZAMBIA ATHLETICS**

Secretariat
 Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)
 P.O. Box 32326
 Tel: +260211 250 153/64
 E-mail: zamb@mf.worldathletics.org
 Website: <http://zambiaathletics.org>

5	348	BEN KALUNGA	98	UNZA	54.11
6	352	INNOCENT SIAME	04	KONK	54.96
7	528	LASSAM KATONGO	87	PARA	57.46
	359	JACKSON SIMPEMBE	02	KONK	DNS

1500 meter WOMEN - FINAL , Time :13:07**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	332	OFFLESS SIJUWA		02	MAZA		4:49.45	
2	442	MWENYA RUTH		93	GBAC		4:51.00	
3	311	MERCY MALEMBO		00	MALA		4:56.23	
4	511	FELISTUS CHITOSHI		97	GEAC		5:02.38	
	406	ELIZABETH MUKOLOMA		97	KANS		DNS	
	430	ROSE HAMOOYA		02	MONZ		DNS	
	446	SEKELANI LOVENESS		04	GBAC		DNS	
	481	DAINESS MAKONI		06	TIGE		DNS	
	483	SHELLY MUKUNI		04	TIGE		DNS	

1500 meter MEN - FINAL , Time :13:34**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	463	LUCKSON SIMUYEMBA		01	GEAC		3:56.26	
2	411	JOSPHAT MUSONDA		01	REAC		3:57.03	
3	385	ROBERT TEMBO		98	ZPSA		3:57.14	
4	382	LASTON KWENDENDA		98	ZPSA		3:57.89	
5	402	SAMUEL MBASO		04	KANS		4:00.59	
6	450	HIMWABA BORNFACE		99	GBAC		4:02.94	
7	464	JAMES MALIPILO		92	GEAC		4:09.06	
8	323	SIAKASASA MAYVAN		02	SIAS		4:13.16	
9	470	WINSTON MWALE		97	GEAC		4:14.33	
10	479	JOSHUA HABUMBA		99	TIGE		4:14.67	
11	521	LUKOMANO		02	GBAC		4:15.84	
12	452	KALUNGA LAWRENCE		94	GBAC		4:17.62	
13	438	VINCENT SAKALA		00	CHEE		4:17.98	
14	343	MUKE MORIS		98	EXCE		4:18.06	
15	451	NAKANDA PAISON		98	GBAC		4:21.95	
16	478	JONATHAN MUSUNGA		03	TIGE		4:25.75	
17	434	MOONA KAIKA		03	NKAN		4:30.32	

100 meter WOMEN - FINAL , Time :14:30**Heat : 1 , Wind : 1.0**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	321	HELLEN MAKUMBA		06	ZCSA		11.67	
2	377	CHISANGA MAJORY		97	ZPSA		12.06	
3	532	SUWILANJI MPONDELA		00	ZCSA		12.11	

**ZAMBIA ATHLETICS**

Secretariat
Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)
P.O. Box 32326
Tel: +260211 250 153/64
E-mail: zamb@mf.worldathletics.org
Website: <http://zambiaathletics.org>

4	363	RUTH MUTALE	02	SMAC	12.27
5	512	NGANDULA EDINA	04	GBAC	12.86
6	513	MIYAMBO BLESSING	04	GBAC	13.05
7	441	CHIRWA TAONGA	04	MUCH	13.12
8	443	LUPENGA JOSEPHINE	03	GBAC	13.18

100 meter MEN - FINAL , Time :14:36**Heat : 1 , Wind : 1.0**

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	304	MARK OTIENO ODHIAMBO	93	KENY		10.11	
2	312	NGONI MAKUSHA	94	ZIMB		10.28	
3	308	STERN LIFFA	00	MALA		10.38	
4	301	TAZANA KAMANGA-DYRBAK	02	DENM		10.42	
5	523	DICKSSON KAMUNGEREMU		ZIMB		10.48	
6	338	SIBUSISO MATETSEJWA	90	ESWA		10.52	
7	315	HAZEMBA CHIDAMBA	97	ZPSA		10.55	
8	499	MBACHI KAIRA	99	ZCSA		10.76	

Shot Put WOMEN - FINAL , Time :13:15**Flight : 1**

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	455	MWABA WENDY	94	GBAC		7.89m	
	503	ENALLA NDAMIKWA	96	ZCSA		NR	
	504	CATHERINE KUNDA	95	ZCSA		NR	

Shot Put MEN - FINAL , Time :14:48**Flight : 1**

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	454	TEMBO DICKSON	97	GBAC		11.29m	
2	456	CHIBALE KELVIN	91	GBAC		9.78m	
3	365	CLEMENT MUTALE	99	KALU		9.10m	

200 meter WOMEN - FINAL , Time :15:29**Heat : 1 , Wind : -0.2**

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	317	NJOBVU RODAH	94	GEAC		22.69	
2	340	BEATRICE MASILIGI	03	NAMI		22.72	
3	322	LUMEKA KATUNDU	91	ZCSA		23.19	
4	310	ASIMENYE SIMWAKA	97	MALA		23.91	
5	341	ANE RAUTENBACH	97	NAMI		24.27	
	319	ABIGIRL SEPISO	95	ZCSA		DNS	
	514	MALAKANO QUINCY	95	GBAC		DNS	

**ZAMBIA ATHLETICS**

Secretariat
 Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)
 P.O. Box 32326
 Tel: +260211 250 153/64
 E-mail: zamb@mf.worldathletics.org
 Website: <http://zambiaathletics.org>

Heat : 2 , Wind : 2.0

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	363	RUTH MUTALE		02	SMAC		24.95	
2	512	NGANDULA EDINA		04	GBAC		26.28	
3	405	JOSEPHINE BESA		02	KANS		27.91	
	321	HELLEN MAKUMBA		06	ZCSA		DNS	
	326	MAYONDA KERINA		03	SIAS		DNS	
	508	AGNESS MAPULA		03	ZCSA		DNS	
	377	CHISANGA MAJORY		97	ZPSA		DNS	
	441	CHIRWA TAONGA		04	MUCH		DNS	

Heat : 3 , Wind : 8.0

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	440	SELINA NJOVU		98	CREA		26.15	
2	513	MIYAMBO BLESSING		04	GBAC		26.56	
3	404	MOLLY BANDA		03	KANS		27.52	
4	350	SUSAN MWAPE		04	KONK		27.67	
5	431	ZENITA NAMWIINGA		00	MONZ		28.27	
6	432	CHARITY CHIZYUKA		03	MONZ		28.92	
	426	STACEY		06	NCHA		DNS	
	391	EMILY KAPAMBWE		92	ZPSA		DNS	

5000 meter MEN - FINAL , Time :13:09**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	447	MWANZA EDWARD		89	GBAC		14:23.32	
2	460	RODGERS PHIRI		02	ZCSA		14:35.75	
3	413	MUDENDA RODRICK		00	REAC		14:36.66	
4	331	MICHELO SIABWACHA		02	MAZA		14:40.26	
5	403	JACKSON KASHIYA		03	KANS		14:59.91	
6	472	TEMBO JOHN		94	GEAC		15:03.88	
7	414	PAUL NGULUBE		91	REAC		15:06.33	
8	450	HIMWABA BORNFACE		99	GBAC		15:16.04	
9	402	SAMUEL MBASO		04	KANS		15:17.76	
10	423	EVAERISTO LIKANDO		06	NCHA		15:21.02	
11	489	BRUCE KAPUI MUNZIMBA		02	JOHN		15:22.72	
12	448	CHUNGU GOODSON		85	GBAC		15:27.08	
13	510	PEARSON MWANZA			KATE		15:31.33	
14	469	SYDNEY MWEEMBA		92	GEAC		15:40.11	
15	438	VINCENT SAKALA		00	CHEE		15:42.19	
16	451	NAKANDA PAISON		98	GBAC		15:47.05	
17	452	KALUNGA LAWRENCE		94	GBAC		16:12.00	
18	466	MUTANYA MATHEWS		86	GEAC		16:17.04	
19	434	MOONA KAIKA		03	NKAN		16:26.17	
20	509	GEORGE PHIRI		02	CHIP		16:35.17	
	357	NCHIMUNYA OBED		99	KONK		DNS	
	378	AARON HIYAMWA		98	ZCSA		DNS	
	384	MUSIYANI SIMBEYE		99	ZCSA		DNS	

**ZAMBIA ATHLETICS**

Secretariat
 Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)
 P.O. Box 32326
 Tel: +260211 250 153/64
 E-mail: zam@mf.worldathletics.org
 Website: <http://zambiaathletics.org>

390	COSTERN CHIYABA	94	ZCSA	DNS
421	ELUIDE MPUMPI	03	NCHA	DNS
422	ABRAM KALUBA	06	NCHA	DNS
480	TASWELL MWEENE	02	TIGE	DNS
490	BRIGHT MAINGA	98	JOHN	DNS
492	WEAVER SMALUMBA	06	ZCSA	DNS

5000 meter WOMEN - FINAL , Time :13:45**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	412	ABIGAIL MWILA		92	REAC		18:05.27	
2	511	FELISTUS CHITOSHI		97	GEAC		19:06.60	
3	482	ANISTER MUKUNI		04	TIGE		19:29.07	
	406	ELIZABETH MUKOLOMA		97	KANS		DNS	
	430	ROSE HAMOOYA		02	MONZ		DNS	
	483	SHELLY MUKUNI		04	TIGE		DNS	

10.000 meter MEN - FINAL , Time :11:35**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	549	KWIZERA RODRIGUE		99	BUR		28:22.05	
2	447	MWANZA EDWARD		89	GBAC		29:45.63	
3	414	PAUL NGULUBE		91	REAC		30:42.16	
4	378	AARON HIYAMWA		98	ZCSA		30:48.60	
5	413	MUDENDA RODRICK		00	REAC		31:44.55	
6	331	MICHELO SIABWACHA		02	MAZA		32:01.36	
7	423	EVAERISTO LIKANDO		06	NCHA		32:33.20	
8	472	TEMBO JOHN		94	GEAC		32:40.85	
9	448	CHUNGU GOODSON		85	GBAC		32:46.99	
10	422	ABRAM KALUBA		06	NCHA		33:13.28	
11	469	SYDNEY MWEEMBA		92	GEAC		33:17.96	
12	449	MAUMBI BEN		94	GBAC		33:18.07	
	344	SITUMBEKO LUCK		94	SIAB		DNS	
	384	MUSIYANI SIMBEYE		99	ZCSA		DNS	
	390	COSTERN CHIYABA		94	ZCSA		DNS	
	466	MUTANYA MATHEWS		86	GEAC		DNS	
	476	EMMANUEL CHIBWE		79	TIGE		DNS	

800 meter MEN - FINAL , Time :11:35**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	307	OSUJE EMMANUEL		96	UGAN		1:51.34	
2	330	REMMY NG'ANDU		02	MAZA		1:51.40	
3	382	LASTON KWENDENDA		98	ZPSA		1:52.71	
4	379	BRENAN MWINGA		96	ZPSA		1:55.14	

**ZAMBIA ATHLETICS**

Secretariat

Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)

P.O. Box 32326

Tel: +260211 250 153/64

E-mail: zamb@mf.worldathletics.orgWebsite: <http://zambiaathletics.org>

5	323	SIAKASASA MAYVAN	02	SIAS	1:57.27
6	464	JAMES MALIPILO	92	GEAC	1:58.01
7	411	JOSPHAT MUSONDA	01	REAC	1:58.10
8	352	INNOCENT SIAME	04	KONK	2:04.95
	494	AARON DAKA	96	ZCSA	DNS
	434	MOONA KAIKA	03	NKAN	DNS

Heat : 2

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	325	MAULUKA MARTIN		04	SIAS		1:54.70	
2	421	ELUIDE MPUMPI		03	NCHA		1:56.13	
3	453	CHIMPONDE EVANS		93	GBAC		1:56.25	
4	335	LUYANDO LUCHAYA		01	MAZA		1:56.86	
5	459	BISENGA JOSEPH		99	ZCSA		1:57.28	
6	531	ALLAN CHIRWA		95	MAW		1:57.77	
7	385	ROBERT TEMBO		98	ZPSA		2:01.58	
8	343	MUKE MORIS		98	EXCE		2:01.69	
	336	JERRY SIMALIKI		01	MAZA		DNS	

Heat : 3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	463	LUCKSON SIMUYEMBA		01	GEAC		1:54.44	
2	470	WINSTON MWALE		97	GEAC		1:57.79	
3	521	LUKOMANO		02	GBAC		2:01.21	
4	477	SEBASTIAN HINAMBALA		03	TIGE		2:15.10	
	333	MOONO MUNKOMBWE		96	MAZA		DNS	
	478	JONATHAN MUSUNGA		03	TIGE		DNS	
	479	JOSHUA HABUMBA		99	TIGE		DNS	
	493	JEFF MUDENDA		95	ZCSA		DNS	
	495	MUBIANA SITALI		99	ZCSA		DNS	

400 meter WOMEN - FINAL , Time :11:09**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	522	CHRISTIN MBOMA			NAMI		49.24	
2	340	BEATRICE MASILIGI		03	NAMI		49.53	
3	310	ASIMENYE SIMWAKA		97	MALA		52.59	
4	306	SHIDA LENI		94	UGAN		52.77	
5	320	NIDDY MINGILISHI		01	ZCSA		52.81	
6	341	ANE RAUTENBACH		97	NAMI		55.61	
7	319	ABIGIRL SEPISO		95	ZCSA		56.40	
8	508	AGNESS MAPULA		03	ZCSA		57.35	

Heat : 2

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	350	SUSAN MWAPE		04	KONK		57.50	
2	381	EMELDAH KAPUNJILA		99	ZPSA		57.96	
3	530	SUNGANANI NAMAKONJE		06	MAW		59.65	
4	426	STACEY		06	NCHA		61.07	



5	467	CHRISTABEL KUNDA	95	GEAC	63.16	
6	405	JOSEPHINE BESA	02	KANS	65.06	
7	527	MONICA MUNGA	99	PARA	70.04	

200 meter MEN - FINAL , Time :12:51**Heat : 1 , Wind : 0.3**

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	304	MARK OTIENO ODHIAMBO	93	KENY		20.46	
2	338	SIBUSISO MATETSENJWA	90	ESWA		20.47	
3	301	TAZANA KAMANGA-DYRBAK	02	DENM		20.48	
4	312	NGONI MAKUSHA	94	ZIMB		20.56	
5	316	SYDNEY SIAME	97	ZPSA		20.57	
6	339	ERNST NARIB	90	NAMI		20.62	
7	525	MAKANAKAISHE CHARAMBA	01	ZIMB		21.10	
	308	STERN LIFFA	00	MALA		DNS	

Heat : 2 , Wind : -0.9

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	364	SITALI KAKENE	03	KALU		21.70	
2	496	MUDENDA LUYANDO	00	ZCSA		21.87	
3	318	MULENGA DAVID	02	GEAC		22.01	
4	417	TITUS KAFUNDA MUKHALA	93	NCHA		22.04	
5	324	ALPHA MAZILA	03	SIAS		22.40	
6	515	CHIVUMBA JUSTIN	02	GBAC		23.12	
	500	MWIINGA R. MWEEMBA	03	ZCSA		DNS	
	499	MBACHI KAIRA	99	ZCSA		DNS	

Heat : 3 , Wind : 2.3

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	353	MORGAN KALABA	03	KONK		22.61	
2	398	STANLEY MBILISHI	00	KANS		22.64	
3	393	KEBBY KANTU	05	KANS		23.53	
4	366	KALALUKA MICHEAL	99	KALU		23.85	
5	361	STEVE MUMBA	03	HORN		23.91	
	346	CHANSA WISDOM	02	UNZA		DNS	
	376	EMMANUEL BANGALA	04	CHEN		DNS	
	517	MWENDA MULALA	84	GBAC		DNS	

Heat : 4 , Wind : 0.1

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	387	PATRICK NYAMBE	02	ZPSA		22.30	
2	373	ILUNGA ILUNA	03	SMAC		22.66	
3	424	JOSHUA MPANZA	06	NCHA		23.13	
4	362	NG'AMBI PUNYILA	03	KWAC		23.34	
5	356	LAMECK SINYANGWE	03	KONK		23.40	
6	471	DONALD MSISKA	02	GEAC		23.59	
7	400	GIFT LUYANGA	99	KANS		23.70	
	498	CHRISTOPHER CHIKULO	02	ZCSA		DNS	

**ZAMBIA ATHLETICS**

Secretariat
 Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)
 P.O. Box 32326
 Tel: +260211 250 153/64
 E-mail: zamb@mf.worldathletics.org
 Website: <http://zambiaathletics.org>

Heat : 5 , Wind : -2.4

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	396	ROBSON LUPIYA		99	KANS		22.32	
2	428	CHOOLOWE HAMBULO		00	MONZ		22.47	
3	418	BOAZ NGUVU		03	NCHA		23.53	
4	355	JOSEPH NJOVU		03	KONK		23.73	
5	334	FREDRICKS NG'ANDU		00	MAZA		23.93	
	348	BEN KALUNGA		98	UNZA		DNS	
	369	PRINCE MWANZA		03	KALU		DNS	
	407	JAMES MUSUKWA		96	REAC		DNS	

Heat : 6 , Wind : -2.9

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	465	MUZALA SAMUKONGA		04	GEAC		21.84	
2	371	ANDREW TAPIWA GONO PHIRI		00	SMAC		22.77	
3	425	ISAAC MWEWA		06	NCHA		22.80	
4	429	FANWELL BANDA		03	MONZ		23.09	
5	437	MPUNDU BERNARD		05	CHEE		23.12	
6	399	HENRY FULUMAKA		04	KANS		23.41	
	497	CYPRIAN MAPULA		99	ZCSA		DNS	
	358	LUBEMBA SAMUEL		02	KONK		DNS	

Heat : 7 , Wind : 2.1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	397	DAN KETI		96	KANS		22.66	
2	351	JIMAUL CHOONGWE		03	KONK		22.75	
3	415	PATRICK BANDA		02	REAC		22.82	
4	367	RINGO TUTA		03	KALU		23.73	
5	518	MULALI FIZZIER		93	GBAC		24.34	
	392	FUNWEL BANDA		03	MONZ		DNS	
	374	TEDDY MAMBWE		03	SMAC		DNS	
	345	MUSUKUMA MULEVU		04	UNZA		DNS	

Heat : 8 , Wind : -0.5

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	401	ELVIS MUNYINGU		03	KANS		22.49	
2	462	BWALYA MICHAEL		03	GEAC		23.53	
3	394	ABEL KABWE		03	KANS		23.80	
4	354	MATAVU MATHEWS		03	KONK		23.86	
5	349	KATEKA MAPALO		02	UNZA		24.58	
6	347	MUSUKUMA NDEMENA		02	UNZA		24.72	
	383	MULENGI SINFUKWE		00	ZPSA		DNS	
	419	ADONAI MUKUKA BWALYA		03	NCHA		DNS	

Heat : 9 , Wind : -2.0

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	461	OLIVER SIMATE		98	GEAC		22.61	
2	520	MUBASA DANIEL		95	GBAC		23.41	
3	519	MUGWADI DOMINIC		99	GBAC		23.49	
	359	JACKSON SIMPEMBE		02	KONK		DNS	

**ZAMBIA ATHLETICS**

Secretariat
 Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)
 P.O. Box 32326
 Tel: +260211 250 153/64
 E-mail: zamb@mf.worldathletics.org
 Website: <http://zambiaathletics.org>

Official results

433	STEVEN CHILESHE	06	NKAN	DNS
501	CHISOMO ZULU	00	ZCSA	DNS
516	DAKA JOSEPH	02	GBAC	DNS
435	ELAILO CHITETA	01	CHEE	DNS

**ZAMBIA ATHLETICS**

Secretariat

Plot 21 Tito Road, (Cnr Tito & Lubwa Rds)

P.O. Box 32326

Tel: +260211 250 153/64

E-mail: zam@mf.worldathletics.orgWebsite: <http://zambiaathletics.org>