

**400 meter Women , Time :09:13**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	109	PRECIOUS RASANTLO	Jun	20	JAC		62.56	
2	155	SARAH MOTHAOPE		99	MRAC		65.81	
3	1	ONALETHATA POROGO	Youth	05	RAC		68.41	
	2	PEO IDAH MOKGWE	Jun	01	RAC		DNS	
	93	RESA THOMAS		83	LAC		DNS	

**Heat : 2**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	216	TLHOMPHANG BASELE		00	SNT		55.21	
2	207	OARABILE BABOLAYI		92	SNT		55.57	
3	199	MOTLATSI T RANTE			UBAC		57.54	
	76	NANCY BUDZANI		96	LDAC		DNS	
	77	ONKABETSE NALEDI LOPANG		00	LDAC		DNS	

**400 meter Junior Men , Time :09:33**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	106	LAONE DITSHETELO		01	JAC		48.73	
2	110	COLLEN KEBINATSHIPI	Youth	04	JAC		49.94	
3	107	THOBO KHULA		01	JAC		51.36	
4	120	OREEDITSE MASEDE	Jun	02	JAC		55.06	
5	21	LAONE MFOLWE		01	RAC		56.28	
	102	GORATA CHANGANE	Youth	97	JAC		DNS	
	182	KABO THANYE		04	FIFA		DNF	
	192	AOBAKWE LECHUTI		00	UBAC		DNS	

**400 meter Men PARA (T12 - T13) , Time :09:33**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	35	BOSE MOKGWATHI	Jun	02	PASS		51.63	
2	38	KEATLARETSE MABOTE		87	PASS		52.69	
3	31	KATLEGO MATUTU		97	PASS		53.69	
4	30	TUMO MOSEJANE		98	PASS		54.78	
5	34	ALLEN PHETOGO		99	PASS		55.58	
6	32	KGALALELO KAISARA		96	PASS		56.62	

**400 meter Senior Men , Time :10:03**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	41	SEABE MOKIBELO		01	LAC		51.45	

Timing hardware and software : [www.timetronics.be](http://www.timetronics.be)

UNLICENSED software version :2014a1



**BOTSWANA  
ATHLETICS  
ASSOCIATION**

Plot 1864 National Stadium  
P.O. Box 2399  
Gaborone, Botswana  
Phone: (267) 3914111  
Fax: (267) 3184942  
E-mail :baaa@mega.bw  
:bot@mf.iaaf.org

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2	186	THABO MOTSO KONO	91	UBAC	52.96	
3	57	KEARABETSWE SEBACHWE	92	LDAC	55.67	
4	178	LEAGENG DISEKO	97	SVRC	56.41	
	117	OFENTSE SEBOLAI	99	JAC	DNS	
	157	TLOTLO MAHEMPE	99	MRAC	DNS	
	5	TSAONE AUSTIN MOTONA	99	RAC	DNS	

## Heat : 2

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	213	KARABO SIBANDA		98	SNT		48.06	
2	220	TRUST REBABEDI		99	MBDF		48.89	
3	48	LAONE ONTEFETSE		99	BDF		49.26	
4	189	LESEDI OMONDI		97	UBAC		49.71	
5	115	MOGOROSI SETLHABI		99	JAC		49.99	
6	173	NGAITJITUE KANDJOU		97	NEC		51.38	
	128	MOTHUSI PHOLO		91	LAC		DNS	

## Heat : 3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	170	OMPHILE NTAOLANG		00	MJSS		50.66	
2	89	GIVEN REETSANG		99	LDAC		51.03	
3	149	TSAONE MOTONA		99	LAC		52.15	
4	176	ONALETHATA ABEDNICO SEG		00	SVRC		52.88	
5	162	KEABOKA KGOSITHEBE		01	MRAC		53.11	
	184	LEONARD JOSEPH		94	UBAC		DNS	
	46	THABISO KGOSIEMANG		99	LDAC		DNS	

## Heat : 4

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	212	LEUNGO SCOTCH		96	SNT		46.17	
2	211	ZIBANE NGOZI		92	SNT		47.05	
3	187	CLIFFTON MESHACK		96	UBAC		47.12	
4	201	VEIRIRIRA UARIUA			UBAC		49.83	
5	112	TSHEPO TSHOGANETSO		99	JAC		54.00	
6	56	BATANG RANTAUNG		88	LDAC		54.91	
7	61	TSHWARO ONTEBATSE		92	LDAC		55.41	

## Heat : 5

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	210	ISAAC MAKWALA		85	SNT		46.49	
2	218	DITIRO NZAMANI		00	SNT		46.62	
3	194	LEUNGO KAMOGELO			UBAC		48.58	
4	172	TSHOTLEGO FRECKY		96	NEC		50.55	
5	156	JOSEPH GAETWESEPE		95	MRAC		51.25	
6	171	OTLAADISA RAMAHELELE		95	MJSS		57.06	
7	84	BAAGI MOGALE		95	LDAC		57.82	

## 100 meter Junior Women , Time :10:15

**Heat : 1 , Wind : 0.7**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	135	SETHUNYA MAJAMA	Youth	06	LAC		13.28	
2	108	LEFA GADIUTLWELWE	Youth	04	JAC		13.78	
3	72	KOKETSO SEDUMEDI	Youth	07	LDAC		14.03	
4	7	VERONA TAU	Youth	05	RAC		14.16	
5	19	THATO MOSOMANE		04	RAC		15.51	

**Heat : 2 , Wind : 0.7**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	203	LONE MADZIMULE		03	UBAC		12.80	
2	134	BRIDGETTE MODIBEDI		03	LAC		14.27	
3	8	REJOICE KELAOTSWE		02	RAC		14.63	
4	4	SABATA SEAKATSIE		03	RAC		15.04	
	43	AUDRY KAPO		03	LAC		DNS	
	29	GABANAMOTSE TSHEPANG		99	LIMK		DNS	

**Shot Put Men , Time :14:12**

**Flight : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	59	KATLEGO KGOPI SI	Jun	01	LDAC		10.80m	
2	60	PHEMELO TSIMAKO		90	LDAC		9.18m	
3	56	BATANG RANTAUNG		88	LDAC		6.84m	
4	90	JOHNSON BATLANG		97	LDAC		6.75m	
	95	ROY ELIAS	Youth	05	IND		NR	
	146	TIROYAONE KINGSLEY KING		01	LAC		NR	

**100 meter Senior Women , Time :10:23**

**Heat : 1 , Wind : 0.3**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	209	LOUNGO MATLHAKU		95	SNT		11.75	
2	79	OARABILE TSHOSA		01	LDAC		12.20	
3	69	VANITY KGOSIYANG		98	LDAC		13.57	
4	74	TSHEPHANG MANYIKA		01	LDAC		13.93	
5	75	BOITSHEPHO MOLOI		00	LDAC		14.43	
6	78	NEO KAREEN BOLOKWE		99	LDAC		15.73	
7	23	ORATILE KGOTLANE		99	RAC		16.73	
	215	TSAONE SEBELE		93	SNT		DNS	

**100 meter Junior Men , Time :10:36**

**Heat : 1 , Wind : 1.3**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	123	JAYSON GAME MANDOZE		02	LAC		10.84	
2	15	MIKKEK MOKOBI		01	RAC		11.47	
3	10	KABELO KANASI		02	RAC		11.49	

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4	105	UNAMETSI NYATHI	03	JAC	11.76	
5	121	KATLEGO MATTHEWS	03	LAC	12.07	
6	113	NIJEL RADITLADI	04	JAC	12.22	

### Heat : 2 , Wind : 2.3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	103	LUNDI PINAEMANG	Youth	01	JAC		11.07	
2	111	TSHOTLHE KODISA		02	JAC		11.24	
3	16	TEBOGO LERE		03	RAC		11.36	
4	17	EDWIN MOLELEKWA		03	RAC		11.80	
5	86	PASWEL DIMBUNGU	Youth	04	LDAC		12.25	
	125	JAVESON GOTLHE MANDOZE		02	LAC		DNS	

### Heat : 3 , Wind : 2.0

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	104	OSEGO JAMESON		01	JAC		11.51	
2	124	INNOCENT SEFATLHI		02	LAC		11.56	
3	26	KGOTSO CHIBANE		03	RAC		11.78	
4	55	PHILLIP GAONNWE		03	LDAC		12.20	
5	188	TINOTENDA RUSERE		00	UBAC		12.28	
6	131	KETSHEPHILE LETEANE		03	LAC		12.69	

## 100 meter Senior Men , Time :10:48

### Heat : 1 , Wind : 0.9

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	122	PHODISO RAMPA		00	LAC		10.86	
2	197	REBEILWE THWANYANE		93	UBAC		10.90	
3	97	BONANG NAMOGANG		95	JAC		11.15	
4	200	MORONGWA MOLEELE			UBAC		11.16	
5	195	MOAGI KOLOI			UBAC		11.34	
6	11	TSHEPO MOOKI		00	RAC		11.43	
	150	OTHUSITSE KENOSI		97	LAC		DNS	
	92	KABO GATANG		96	LDAC		DNS	

### Heat : 2 , Wind : 1.3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	66	THABO MOLAPO		94	LDAC		10.88	
2	175	MOABI KEAITSE		95	NEC		11.34	
3	44	PHEMELO MODIMAKWANE		99	LAC		11.45	
4	153	GODWIN GABANAGAE		00	MRAC		11.71	
5	185	OFENTSE JELE		84	UBAC		11.77	
6	176	ONALETHATA ABEDNICO SEG		00	SVRC		12.11	
	85	ITHUTENG BANTSEKAE		95	LDAC		DNS	
	206	FANUEL KENOSI		88	UBAC		DNS	

### Heat : 3 , Wind : 0.7

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	198	OBAKENG MOTHIBEDI			UBAC		11.05	
2	40	KEOLEBOGILE KAPO		98	LAC		11.22	

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3	202	TOM SEKATE		96	UBAC	11.29		
4	161	LOPANG KGASWANYANE		02	MRAC	11.46		
5	98	TUMISANG THUSO		96	JAC	11.79		
6	181	MOTHUSI NTWAKGOLO		95	SVRC	12.04		
7	208	CASPER MATSWAGOTHATA			UBAC	12.81		
	91	TEBOGO MADUMETSA		99	LDAC	DIS		

**1500 meter Women , Time :11:15**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	6	JULIA RAKGOMO	Jun	03	RAC		6:14.60	
	119	BOINEELO GEORGE	Jun	01	JAC		DNS	
	28	KAONE MOLEBI	Jun	01	LIMK		DNS	

**1500 meter Men , Time :11:14**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	223	SYLVESTER KOKO		95	SVRC		3:56.60	
2	116	KARABO TEKO		99	JAC		3:58.07	
3	166	JAMES NGWENYA		99	RFAC		4:01.94	
4	217	BOITUMELO MASILO		95	SNT		4:02.69	
5	132	THOBO LETSHOLO		99	LAC		4:05.62	
6	133	LAONE OTSHIDILE		99	LAC		4:09.26	
7	165	CAVEN GOITLOGETSWE		99	RFAC		4:13.11	
8	177	PHENYO SEBOKWANA		98	SVRC		4:31.67	
9	101	JEREMIAH KHALA		88	JAC		4:39.68	
10	52	MOTHEO MOSALAGAE		02	BDF		4:39.83	
	179	OARABILE RAMONAKA	Jun	02	SVRC		DNS	
	9	BOTSHELO JEREMIAH		00	RAC		DNS	
	13	FINOH DISEKO		00	RAC		DNS	
	51	GODIRAONE NTHOMPE		86	BDF		DNS	
	168	KARABO OMPALETSE		01	MJSS		DNF	
	180	MALEFO GOLEKANE		95	SVRC		DNS	
	45	PAKO MPONWANE		93	LDAC		DNS	
	83	THABO JOSEPH METSEYABANG		98	LDAC		DNS	
	214	TSHEPISO MASALELA		99	SNT		DNS	

**Long Jump Men , Time :15:02**

**Flight : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Wind (m/s)	Info
1	183	THALOSANG TSHIRELETSO		91	UBAC		7.62m	-0.1	
2	140	NORMAN CHIBANE		99	LAC		7.28m	1.3	
3	224	TSHIRELETSO PUSHUDI		99	OAC		7.10m	1.1	
4	191	TSHEPHANG GABRIEL		98	UBAC		6.91m	0.4	
5	17	EDWIN MOLELEKWA	Jun	03	RAC		5.97m	0.3	



6	14	OMPHEMETSE MOSUPEGE	Jun	03	RAC	5.82m	1.6	
	139	SOLOMON SOLOMON	Jun	03	LAC	NR	0.0	
	11	TSHEPO MOOKI		00	RAC	NR	0.0	
	12	TSHWEU KADIMO		96	RAC	NR	0.0	
	190	THAPELO MONAIWA		98	UBAC	NR	0.0	

**10.000 meter Men , Time :11:58**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	145	RAPULA DIPHOKO		89	LAC		30:56.18	
2	141	SESEBO MATLAPENG		92	LAC		30:57.09	
3	148	GAOLEBALE MOSWEU		95	LAC		32:21.61	
4	51	GODIRAONE NTHOMPE		86	BDF		32:50.58	
5	22	ANDREW DISEKO	Jun	01	RAC		33:52.84	
6	27	OOKEDITSE DIPHATSA		95	LIMK		35:56.29	
7	18	THATAYAONE LESETEDI	Jun	75	RAC		39:27.64	
	143	ATANG THELO		95	LAC		DNS	
	9	BOTSHELO JEREMIAH		00	RAC		DNS	
	147	GONTSE SEKELEKO		98	LAC		DNS	
	142	MOGOMOTSI SEGWATI		98	LAC		DNF	
	52	MOTHEO MOSALAGAE		02	BDF		DNS	
	204	MOTHUSI BOITSHWARELO		00	UBAC		DNS	
	144	OLEFILE SELLO		91	LAC		DNS	
	167	OTENG KGAODI		99	RFAC		DNF	

**800 meter Women , Time :12:03**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	219	ORATILE NOWE		00	SNT		2:07.48	
2	71	BRIDGET NAITIGA	Youth	06	LDAC		2:35.83	
3	3	KESEGO KEBOPETSWA	Jun	03	RAC		2:45.19	

**800 meter Junior Men , Time :12:25**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	47	ALLEX MODUMO		02	MBDF		1:57.94	
2	100	BERNARD OLESITSE		01	JAC		1:58.03	
3	151	KAMOGELO SEBOKO		03	MRAC		1:58.54	
4	160	TAELO NTWAETSILE	Youth	05	MRAC		2:04.59	
5	130	JOSHUA KEOLEBILE		04	LAC		2:20.19	
	82	KEFENTSE OPADILE		88	LDAC		DNS	

**800 meter Senior Men , Time :12:31**

**Heat : 1**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	174	KHUMOETSILE KHUBEGO		98	NEC		1:55.46	
2	114	TIRO SEIKANENG		97	JAC		1:56.41	
3	170	OMPHILE NTAOLANG		00	MJSS		1:57.06	
4	50	OTSILE NDORI		95	BDF		1:57.13	
5	53	SHEPHERD KENATSHELE		84	BDF		1:58.33	
6	166	JAMES NGWENYA		99	RFAC		1:59.04	
7	68	OOKEDITSE SHADRECK		00	LDAC		1:59.58	
8	165	CAVEN GOITLOGETSWE		99	RFAC		2:00.99	
9	12	TSHWEU KADIMO		96	RAC		2:01.95	
10	168	KARABO OMPALETSE		01	MJSS		2:02.14	
11	87	VINCENT KGABOETSILE		93	LDAC		2:16.64	
12	62	POLOKO BABEELE		93	LDAC		2:33.99	
	222	BABOLOKI THEBE		97	SNT		DNS	

**200 meter Junior Women , Time :12:37**

**Heat : 1 , Wind : 0.3**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	137	WARONA THONISANI		05	LAC		27.57	
2	7	VERONA TAU	Youth	05	RAC		28.67	
3	72	KOKETSO SEDUMEDI	Youth	07	LDAC		29.31	
4	1	ONALETHATA POROGO	Youth	05	RAC		29.33	
5	118	OGONE SAITSOKETSA	Youth	04	JAC		31.12	
	2	PEO IDAH MOKGWE		01	RAC		DNS	

**Heat : 2 , Wind : 0.8**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	203	LONE MADZIMULE		03	UBAC		26.56	
2	136	GOLEKANYE CHIKANI		02	LAC		26.92	
3	158	TEBOGO KEITUMETSE		02	MRAC		29.03	
4	4	SABATA SEAKATSIE		03	RAC		30.10	
5	8	REJOICE KELAOTSWE		02	RAC		30.64	
6	19	THATO MOSOMANE		04	RAC		31.98	

**200 meter Senior Women , Time :12:42**

**Heat : 1 , Wind : 0.5**

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	209	LOUNGO MATLHAKU		95	SNT		23.61	
2	216	TLHOMPHANG BASELE		00	SNT		24.53	
3	199	MOTLATSIT RANTE			UBAC		25.57	
4	76	NANCY BUDZANI		96	LDAC		26.07	
5	69	VANITY KGOSIYANG		98	LDAC		28.23	
	93	RESA THOMAS		83	LAC		DNS	



## Heat : 2 , Wind : 0.3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	79	OARABILE TSHOSA		01	LDAC		24.58	
2	196	BOGADI DIPHOLO			UBAC		26.12	
3	138	PHEMO RAMOSESANE		01	LAC		27.02	
4	74	TSHEPHANG MANYIKA		01	LDAC		29.72	
5	78	NEO KAREEN BOLOKWE		99	LDAC		33.23	
	207	OARABILE BABOLAYI		92	SNT		DNS	

## 200 meter Junior Men , Time :12:50

### Heat : 1 , Wind : -0.2

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	39	BOAGO MABULANE		02	LAC		22.54	
2	182	KABO THANYE		04	FIFA		23.10	
3	15	MIKKEK MOKOBI		01	RAC		23.34	
4	126	PATLO SERETSE		02	LAC		23.49	
5	26	KGOTSO CHIBANE		03	RAC		24.36	
6	55	PHILLIP GAONNWE		03	LDAC		25.16	
	106	LAONE DITSHETELO		01	JAC		DNS	

### Heat : 2 , Wind : 0.5

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	127	LETSILE TEBOGO		03	LAC		20.82	
2	21	LAONE MFOLWE		01	RAC		22.84	
3	105	UNAMETSI NYATHI		03	JAC		23.01	
4	14	OMPHEMETSE MOSUPEGE		03	RAC		23.69	
5	113	NIJEL RADITLADI		04	JAC		24.49	
6	169	MOSES MOSHABI		04	MJSS		24.73	
	86	PASWEL DIMBUNGU	Youth	04	LDAC		DNS	

### Heat : 3 , Wind : -0.1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	104	OSEGO JAMESON		01	JAC		22.90	
2	111	TSHOTLHE KODISA		02	JAC		22.95	
3	16	TEBOGO LERE		03	RAC		23.24	
4	10	KABELO KANASI		02	RAC		23.52	
5	129	TSAONE MOTHIBI		98	LAC		24.08	
6	188	TINOTENDA RUSERE		00	UBAC		25.14	

## 200 meter Senior Men , Time :13:36

### Heat : 1 , Wind : 0.3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	197	REBEILWE THWANYANE		93	UBAC		21.78	
2	194	LEUNGO KAMOGELO			UBAC		21.85	
3	97	BONANG NAMOGANG		95	JAC		22.19	
4	152	THUSO MOSEKI		98	MRAC		22.52	





5	44	PHEMELO MODIMAKWANE	99	LAC	22.65	
6	195	MOAGI KOLOI		UBAC	22.80	
7	173	NGAITJITUE KANDJOU	97	NEC	22.89	
	92	KABO GATANG	96	LDAC	DNS	

## Heat : 2 , Wind : 0.4

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	218	DITIRO NZAMANI		00	SNT	21.18	
2	190	THAPELO MONAIWA		98	UBAC	21.97	
3	220	TRUST REBABEDI		99	MBDF	21.97	
4	40	KEOLEBOGILE KAPO		98	LAC	22.73	
5	175	MOABI KEAITSE		95	NEC	22.99	
6	184	LEONARD JOSEPH		94	UBAC	23.01	
	24	ORAPELENG SEPHAI		99	RAC	DNS	
	85	ITHUTENG BANTSEKAE		95	LDAC	DNS	

## Heat : 3 , Wind : 0.4

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	212	LEUNGO SCOTCH		96	SNT	21.31	
2	63	THUTO MASASA		00	LDAC	21.78	
3	65	MOMPOLOKI POWANE		97	LDAC	22.26	
4	205	MONTSHI JUNIOR MOTSEKO			UBAC	22.79	
5	154	TIMOTHY CHABAESELE		00	MRAC	24.08	
	189	LESEDI OMONDI		97	UBAC	DNS	
	206	FANUEL KENOSI		88	UBAC	DNS	
	42	THUSO BALESENG		99	LAC	DIS	

## Heat : 4 , Wind : 0.1

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	211	ZIBANE NGOZI		92	SNT	21.49	
2	187	CLIFFTON MESHACK		96	UBAC	21.70	
3	66	THABO MOLAPO		94	LDAC	22.38	
4	48	LAONE ONTEFETSE		99	BDF	22.50	
5	98	TUMISANG THUSO		96	JAC	23.13	
6	67	WEDU KOBANG		97	LDAC	23.88	
	210	ISAAC MAKWALA		85	SNT	DNS	

## Heat : 5 , Wind : 0.4

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	64	KARABO MOTHIBI		96	LDAC	21.55	
2	200	MORONGWA MOLEELE			UBAC	22.22	
3	193	MONAMETSI DIANE			UBAC	22.47	
4	186	THABO MOTSOKONO		91	UBAC	22.76	
5	5	TSAONE AUSTIN MOTONA		99	RAC	22.77	
6	25	OARABILE MOLEFE		97	RAC	24.08	
	81	PAKO SERIBE		91	LDAC	DNF	

