

**Ernst Narib Golden Spike Serie Leg2 - 09/03/2019****ENGSS****Independence Stadium****Results****Event 1 Girls 14-17 100 Meter Hurdles**

Name	Team	Seed	Finals	Points
<b>Section 1 Wind: -1.7</b>				
1 Brand, Mia	Whk Gym Athletic Club		16.50	

**Event 3 Women 14-35 100 Meter Hurdles**

Name	Team	Seed	Finals	Points
<b>Section 1 Wind: -1.7</b>				
1 Louw, Natalie	Triomf Athletics Club		15.83	10

**Event 4 Men 14-35 110 Meter Hurdles**

Name	Team	Seed	Finals	Points
<b>Section 1 Wind: -3.6</b>				
1 Losper, Delvin	Golden Cheetah Athletics Club		16.24	10

**Event 5 Women 14-35 Shot Put**

Name	Team	Seed	Finals	Points
<b>Flight 1</b>				
1 Kujendeka, Virginia	Unam Athletic Club		11.11m	10
2 Silver, Tuane	Whk Gym Athletic Club		11.07m	10
3 Louw, Natalie	Triomf Athletics Club		10.05m	8
4 Van Schalkwyk, Karine	Otjiwarongo Secondary School		7.94m	6
5 Matsuis, Ti-A Lezon	Otjiwarongo Secondary School		7.06m	5

**Event 6 Women 14-35 200 Meter Run**

Name	Team	Seed	Finals	Points
<b>Section 1 Wind: -0.7</b>				
1 Du Toit, Chantelle	Triomf Athletics Club		26.65	10
2 Hoxobes, Wendy	Namib Lions		27.60	8
3 Silver, Tuane	Whk Gym Athletic Club		27.94	6
4 Kapeta, Tjeripo	Otjiwarongo Secondary School		28.47	5
5 Horases, Cleopatra	Otjiwarongo Secondary School		28.49	4
6 Jeremia, Emilia	Otjiwarongo Secondary School		30.67	3
7 Swartbooi, Esmarelda	Unam Athletic Club		30.71	2
8 Garbers, Mione	Whk Gym Athletic Club		31.08	1

**Event 7 Men 14-35 200 Meter Run**

Name	Team	Seed	Finals	Points
<b>Section 1 Wind: -2.4</b>				
1 Erasmus, Ryk Ludolph	Edugate Academy		23.17	1 10
2 Narib, Jovane	Otjiwarongo Secondary School		24.06	1 5
3 Gowaseb, August	Unam Athletic Club		24.49	1 1
4 Tjijandjeua, Kenatjizeu	Otjiwarongo Secondary School		24.83	1
5 Kaveterua, Tjeripo	Otjiwarongo Secondary School		25.19	1
--- Iowoseb, Wesley	Unam Athletic Club		DQ	1
--- Kamdanbag, Erlesie	Okahandja Running Club		DQ	1
<b>Section 2 Wind: -0.6</b>				
1 Martin, Marco	Swakop Striders		23.27	2 6
2 Hitjitevi, Tjihenda	Otjiwarongo Secondary School		23.51	2 8
3 Vlees, Valentino	Unam Athletic Club		23.75	2 6
4 Smith, Samuel	Golden Cheetah Athletics Club		24.10	2 4

**Ernst Narib Golden Spike Serie Leg2 - 09/03/2019****ENGSS****Independence Stadium****Results****Section 2 Wind: -0.6 ... (Event 7 Men 14-35 200 Meter Run)**

Name	Team	Seed	Finals	Points
5 Sinana, Robert	Unam Athletic Club		24.31	2 2
6 Ndjahera, De-gaulile	Otjiwarongo Secondary School		25.41	2 4

**Section 3 Wind: -2.4**

1 Kamuaruuma, Sydney	Namib Lions		21.60	3 10
2 Goroseb, Warren	Unam Athletic Club		22.42	3 10
3 Nyambe, Sebastian	Namibian Defence Force		22.81	3 8
4 Theophilus, Cassy	Namib Lions		23.21	3 8
5 Kampaunga, Rulof	Swakop Striders		24.18	3 3
6 Daries, Morgan	Unam Athletic Club		25.31	3 5
7 Gurirab, Geno	Swakop Striders		25.79	3

**Event 8 Women 14-35 1500 Meter Run**

Name	Team	Seed	Finals	Points
1 Du Preez, Michelle	Edugate Academy		5:06.30	10

**Event 9 Men 14-40 1500 Meter Run**

Name	Team	Seed	Finals	Points
1 Kathima, Herman	Namibian Police		4:25.29	10
2 Karigub, Selwanis	Unattached		4:26.17	8
3 Van Wyk, Wentzel	Unam Athletic Club		4:32.90	10
4 Gideon, Kapembe	Namib Lions		4:41.53	10
5 Ndjengua, Eerike	Otjiwarongo Secondary School		4:47.16	6
6 Segeas, Paulus	Quiton Steele-Botes Athletic C		4:48.10	8
7 Murangi, Kenapeheri	Okahandja Running Club		4:52.54	8
8 Erastus, Pinehas	Unattached		4:58.31	6
9 Du Preez, Chris	Edugate Academy		4:58.67	6

**Event 10 Women 14-35 Long Jump**

Name	Team	Seed	Finals	Wind	Points
1 Louw, Natalie	Triomf Athletics Club		5.62m	1.5	10
2 Du Toit, Chantelle	Triomf Athletics Club		5.38m	1.5	10
3 Nambambi, Theresia	Unam Athletic Club		4.77m	0.6	10
4 Hanstein, Lara	Triomf Athletics Club		4.70m	-0.4	8
5 Brunido, Daniela	Golden Cheetah Athletics Club		4.63m	1.8	8
6 Kapeta, Tjeripo	Otjiwarongo Secondary School		4.48m	2.2	6
7 Cloete, Cay-lee	Whk Gym Athletic Club		4.30m	-1.5	5
8 Topnaar, Mariska	Rehoboth Athletics Club		4.23m	NWI	6
9 Jeremia, Emilia	Otjiwarongo Secondary School		4.06m	+0.0	4
10 Rademeyer, Chamone	Otjiwarongo Secondary School		3.57m	-0.8	3
11 Naris, Luzin	Unam Athletic Club		3.36m	-2.9	2
--- Diergaardt, Deidre	Whk Gym Athletic Club		FOUL		

**Event 11 Men 14-35 Shot Put**

Name	Team	Seed	Finals	Points
1 Erasmus, Ryk Ludolph	Edugate Academy		12.93m	10
2 Williams, Ryan	Quiton Steele-Botes Athletic C		12.82m	10

**Ernst Narib Golden Spike Serie Leg2 - 09/03/2019****ENGSS****Independence Stadium****Results****Flight 1 ... (Event 11 Men 14-35 Shot Put)**

Name	Team	Seed	Finals	Points
3 Breytenboch, Leeorr-el	Whk Gym Athletic Club		12.72m	10
4 Murorua, Johan	Otjiwarongo Secondary School		10.70m	8
5 Shihepo, Simon	Namib Lions		9.08m	8
6 Kuhanga, Jeremia	Namib Lions		8.17m	8
7 Gaseb, Rewalto	Quiton Steele-Botes Athletic C		6.86m	6

**Event 12 Men 14-35 High Jump**

Name	Team	Seed	Finals	Points
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**Flight 1**

1 Ujaha, Vizamuje	Swakop Striders		2.05m	10
2 Samuntu, Emmaneul Anana	Unam Athletic Club		2.00m	8
3 Ndjahera, De-gaulile	Otjiwarongo Secondary School		1.65m	6
3 David, Annanias	Otjiwarongo Secondary School		1.65m	10
5 Murorua, Johan	Otjiwarongo Secondary School		1.50m	5

**Event 13 Women 14-35 400 Meter Hurdles**

Name	Team	Seed	Finals	Points
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**Section 1**

1 Topnaar, Mariska	Rehoboth Athletics Club		1:19.46	10
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**Event 14 Men 14-35 400 Meter Hurdles**

Name	Team	Seed	Finals	Points
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**Section 1**

1 Low, Leander	Triomf Athletics Club		59.87	10
2 Mathys, Deevan	Unam Athletic Club		1:00.79	8
3 Vries, Simiel	Unam Athletic Club		1:01.12	6
4 Beukes, Breyton	Unam Athletic Club		1:08.97	5

**Event 16 Women 14-35 800 Meter Run**

Name	Team	Seed	Finals	Points
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**Section 1**

1 Du Preez, Michelle	Edugate Academy		2:43.92	10
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**Event 17 Men 14-40 800 Meter Run**

Name	Team	Seed	Finals	Points
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**Section 1**

1 Karigub, Selwanis	Pionier Boys School		2:06.19	1	10
2 Van Wyk, Wentzel	Unam Athletic Club		2:09.03	1	8
3 Murangi, Kenapeheri	Okahandja Running Club		2:16.73	1	8
4 Du Preez, Chris	Edugate Academy		2:30.35	1	4
--- Murere, Brandon	Otjiwarongo Secondary School		DNF	1	

**Section 2**

1 Mogotsi, Venericus	Namib Lions		2:02.29	2	10
2 Mbaisa, Lazarus	Golden Cheetah Athletics Club		2:04.79	2	10
3 Tjijandjeua, Kenatjizeu	Otjiwarongo Secondary School		2:11.37	2	6
4 Ndjengua, Eerike	Otjiwarongo Secondary School		2:18.09	2	6
5 Segeas, Paulus	Quiton Steele-Botes Athletic C		2:23.51	2	5
6 Shatika, Anthony	Otjiwarongo Secondary School		2:28.29	2	8
7 Erastus, Pinehas	Unattached		2:30.61	2	6

**Ernst Narib Golden Spike Serie Leg2 - 09/03/2019****ENGSS****Independence Stadium****Results****Event 18 Women 14-35 Javelin Throw**

Name	Team	Seed	Finals	Points
<b>Flight 1</b>				
1 Matsuis, Ti-A Lezon	Otjiwarongo Secondary School		25.70m	10
2 Tjiramba, Jeomba	Unam Athletic Club		21.60m	10

**Event 19 Women 14-50 400 Meter Run**

Name	Team	Seed	Finals	Points
<b>Section 1</b>				
1 Humavindu, Mbaandja	Unam Athletic Club		1:01.33	10
2 Brand, Mia	Whk Gym Athletic Club		1:01.57	10
3 Riet, Semonea	Unam Athletic Club		1:01.69	8
4 Schafer, Marli	Triomf Athletics Club		1:01.82	8
5 Keja, Mujaturire	Otjiwarongo Secondary School		1:10.95	6
6 Fikunawa, Hanganeni	Unam Athletic Club		1:34.66	6
--- Swartz, Bella	Unam Athletic Club		NT	

**Event 20 Men 14-35 400 Meter Run**

Name	Team	Seed	Finals	Points
<b>Section 1</b>				
1 Hitjitevi, Tjihenda	Otjiwarongo Secondary School		53.10	1 10
2 Gowaseb, August	Unam Athletic Club		53.19	1 8
3 Mathys, Deevan	Unam Athletic Club		54.01	1 5
<b>Section 2</b>				
1 Erasmus, Ryk Ludolph	Edugate Academy		53.30	2 6
2 Sinana, Robert	Unam Athletic Club		54.41	2 8
3 Narib, Jovane	Otjiwarongo Secondary School		54.75	2 4
4 Shatika, Anthony	Otjiwarongo Secondary School		1:00.25	2 3
<b>Section 3</b>				
1 Bock, Muhmad	Unam Athletic Club		47.62	3 10
2 Goroseb, Warren	Unam Athletic Club		50.68	3 10
3 Kandiba, Festus	Unam Athletic Club		51.76	3 8
4 Hengari, Titus	Unam Athletic Club		52.29	3 6
5 Taapopi, Andreas	Unam Athletic Club		53.53	3 5
6 Isaac, Finnety	Unam Athletic Club		57.71	3 4
7 Samuntu, Emmaneul Anana	Unam Athletic Club		1:00.37	3 6

**Event 21 Men 14-35 Discus Throw**

Name	Team	Seed	Finals	Points
<b>Flight 1</b>				
1 Williams, Ryan	Quiton Steele-Botes Athletic C		47.36m	10
2 Breytenboch, Leeorr-el	Whk Gym Athletic Club		41.91m	10
3 Van Wyk, William	Rehoboth Athletics Club		30.44m	10
4 Shihepo, Simon	Namib Lions		29.40m	8
5 Murorua, Johan	Otjiwarongo Secondary School		29.24m	8
6 Hauwanga, Toive	Unam Athletic Club		28.29m	8
7 Isaac, Finnety	Unam Athletic Club		26.98m	6
8 Kuhanga, Jeremia	Namib Lions		21.80m	6
9 Gaseb, Rewalto	Quiton Steele-Botes Athletic C		18.95m	5

**Ernst Narib Golden Spike Serie Leg2 - 09/03/2019**

ENGSS

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Results

**Event 22 Men 14-35 Long Jump**

Name	Team	Seed	Finals	Wind	Points
<b>Flight 1</b>					
1 Goagoseb, Valentino	Unam Athletic Club		6.60m	NWI	10
2 Smit, Fergus	Quiton Steele-Botes Athletic C		6.48m	NWI	10
3 Kisting, Ginaldo	Unam Athletic Club		6.28m	NWI	8
4 Sinana, Robert	Unam Athletic Club		5.81m	NWI	6
5 Hei Goaseb, Sylvio	Unam Athletic Club		5.42m	NWI	8
6 Vries, Simiel	Unam Athletic Club		5.21m	NWI	6
7 Christoph, Mberipura	Otjiwarongo Secondary School		4.89m	NWI	5

**Event 23 Women 14-35 High Jump**

Name	Team	Seed	Finals	Points
<b>Flight 1</b>				
1 Louw, Natalie	Triomf Athletics Club		1.60m	10
2 Hanstein, Lara	Triomf Athletics Club		1.40m	8
3 Fikunawa, Hanganeni	Unam Athletic Club		1.35m	10
3 Keja, Mujaturire	Otjiwarongo Secondary School		1.35m	6

**Event 24 Men 14-35 Javelin Throw**

Name	Team	Seed	Finals	Points
<b>Flight 1</b>				
1 Van Wyk, William	Rehoboth Athletics Club		45.74m	10
2 Hauwanga, Toive	Unam Athletic Club		44.26m	10
3 De Koe, Adolf	Rehoboth Athletics Club		41.26m	10
4 Amushelelo, Vaino	Unam Athletic Club		21.14m	8

**Event 25 Men 17-40 300 Meter Dash**

Name	Team	Seed	Finals	Points
<b>Section 1</b>				
1 Hitjitevi, Tjihenda	Otjiwarongo Secondary School		37.12	1
2 Gowaseb, August	Unam Athletic Club		37.54	1
3 Sinana, Robert	Unam Athletic Club		37.88	1
4 Kawiwi, Enock	Namib Lions		38.67	1
5 Vries, Simiel	Unam Athletic Club		39.68	1
6 Gurirab, Geno	Swakop Striders		42.51	1
<b>Section 2</b>				
1 Narib, Ernst	Namibian Police		33.36	2
2 Cloete, Valenchio	Unam Athletic Club		35.36	2
3 Tjiramba, Ismael	Unam Athletic Club		36.25	2
4 Nyambe, Sebastian	Namibian Defence Force		36.51	2
5 Kandiba, Festus	Unam Athletic Club		37.22	2
6 Smith, Samuel	Golden Cheetah Athletics Club		38.67	2
7 Mainelo, Muntalike	Unam Athletic Club		41.59	2

**Event 26 Women 14-35 100 Meter Dash**

Name	Team	Seed	Finals	Points
<b>Section 1 Wind: 3.0</b>				
1 Horases, Cleopatra	Otjiwarongo Secondary School		13.01	1 6
2 Kapeta, Tjeripo	Otjiwarongo Secondary School		13.54	1 4
3 Naris, Luzin	Unam Athletic Club		13.57	1 3

**Ernst Narib Golden Spike Serie Leg2 - 09/03/2019****ENGSS****Independence Stadium****Results****Section 1 Wind: 3.0 ... (Event 26 Women 14-35 100 Meter Dash)**

Name	Team	Seed	Finals	Points
4 Swartbooi, Esmarelda	Unam Athletic Club		13.72	1 2
5 Jeremia, Emilia	Otjiwarongo Secondary School		14.30	1 1
6 Riet, Semonea	Unam Athletic Club		14.33	1
7 Hoxobes, Wendy	Namib Lions		14.61	1

**Section 2 Wind: 0.9**

1 Murangi, Refilwe	Namibian Police		12.65	2 10
2 Ludgeres, Johanna	Unam Athletic Club		12.90	2 8
3 Vass, Nandi	Golden Cheetah Athletics Club		13.18	2 5
4 Brunido, Daniela	Golden Cheetah Athletics Club		14.31	2

**Event 27 Men 14-35 100 Meter Dash**

Name	Team	Seed	Finals	Points
<b>Section 1 Wind: 1.8</b>				
1 Tities, Kenneth	Unam Athletic Club		10.97	1 10
2 Krems, Lesego	Namib Lions		11.49	1 5
3 Narib, Jovane	Otjiwarongo Secondary School		11.53	1 3
4 Beukes, Breyton	Unam Athletic Club		11.89	1 1
5 Kaveterua, Tjeripo	Otjiwarongo Secondary School		12.02	1
6 Mainelo, Muntalike	Unam Athletic Club		12.46	1
--- Christoph, Mberipura	Otjiwarongo Secondary School		NT	1

**Section 2 Wind: 0.6**

1 Kamuaruuma, Sydney	Namib Lions		10.79	2 10
2 Gurirab, Dantago	Golden Cheetah Athletics Club		10.89	2 8
3 Theron, Konrad	Whk Gym Athletic Club		11.32	2 8
4 Dawids, Galvin	Namib Lions		11.48	2 6
5 Geiseb, MC Berry	Unattached		11.64	2 2
6 Vlees, Valentino	Unam Athletic Club		11.90	2

**Section 3 Wind: -2.9**

1 Appolus, Gregor	Whk Gym Athletic Club		11.49	3 8
2 Martin, Marco	Swakop Striders		11.50	3 6
3 Theophilus, Cassy	Namib Lions		11.61	3 5
4 Ndjahera, De-gaulile	Otjiwarongo Secondary School		12.05	3 4
5 Hoxobeb, Mauritz	Namib Lions		12.12	3 3

**Section 4 Wind: 3.6**

1 Goagoseb, Kelvin	Namib Lions		11.36	4 10
2 Kamundu, Lee	Unattached		11.50	4 4
3 Daries, Morgan	Unam Athletic Club		12.18	4 2
4 Mahali, Joseph	Otjiwarongo Secondary School		12.21	4 6
5 Amushelelo, Vaino	Unam Athletic Club		12.57	4 1

**Event 29 Women 14-40 60 Meter Run**

Name	Team	Seed	Finals	Points
<b>Section 1 Wind: NWI</b>				
1 Ludgeres, Johanna	Unam Athletic Club		8.17	10
2 Du Toit, Chantelle	Triomf Athletics Club		8.25	10
3 Horases, Cleopatra	Otjiwarongo Secondary School		8.36	10
4 Kapeta, Tjeripo	Otjiwarongo Secondary School		8.74	8
5 Naris, Luzin	Unam Athletic Club		8.77	6
6 Riet, Semonea	Unam Athletic Club		9.13	5

**Ernst Narib Golden Spike Serie Leg2 - 09/03/2019****ENGSS****Independence Stadium****Results****Section 1 Wind: NWI ... (Event 29 Women 14-40 60 Meter Run)**

Name	Team	Seed	Finals	Points
7 Tjiramba, Jeomba	Unam Athletic Club		9.14	8
8 Swartbooi, Esmarelda	Unam Athletic Club		9.23	8

**Event 30 Men 14-40 60 Meter Run**

Name	Team	Seed	Finals	Points
<b>Section 1 Wind: NWI</b>				
1 Dawids, Galvin	Namib Lions		7.42	1 3
2 Krems, Lesego	Namib Lions		7.45	1 2
3 Vlees, Valentino	Unam Athletic Club		7.48	1 1
4 Beukes, Breyton	Unam Athletic Club		7.56	1
5 Geiseb, MC Berry	Unattached		7.70	1
6 David, Annanias	Otjiwarongo Secondary School		7.83	1
--- Kaveterua, Tjeripo	Otjiwarongo Secondary School		NT	1

**Section 2 Wind: NWI**

1 Martin, Marco	Swakop Striders		7.40	2 10
1 Kampaunga, Rulof	Swakop Striders		7.40	2 4
3 Goagoseb, Kelvin	Namib Lions		7.44	2 8
4 Hoxobeb, Mauritz	Namib Lions		7.60	2 6
5 Mahali, Joseph	Otjiwarongo Secondary School		7.78	2 6
6 Christoph, Mberipura	Otjiwarongo Secondary School		8.08	2

**Section 3 Wind: NWI**

1 Gurirab, Dantago	Golden Cheetah Athletics Club		6.95	3 10
2 Tjiramba, Ismael	Unam Athletic Club		6.96	3 8
3 Tities, Kenneth	Unam Athletic Club		7.05	3 10
4 Appolus, Gregor	Whk Gym Athletic Club		7.16	3 8
5 Theron, Konrad	Whk Gym Athletic Club		7.29	3 6
6 Gurirab, Geno	Swakop Striders		7.35	3 5
7 Goagoseb, Valentino	Unam Athletic Club		8.17	3

**Event 31 Women 14-35 300 Meter Run**

Name	Team	Seed	Finals	Points
<b>Section 1</b>				
1 Murangi, Refilwe	Namibian Police		41.87	10
2 Ludgeres, Johanna	Unam Athletic Club		42.40	10