

National Cross Country Championships

February 16th, 2019 - Tororo Golf Course

Junior Women

Pos	Bib No.	Full Names	Affiliation	Time
1	-	Chelangat Sarah	KCCA	20:40.1
2	330	Chesang Annet	UWA	20:49.3
3	201	Chekwemai Esther	Police	21:24.3
4	223	Chelangat Leya	KCCA	21:26.4
5	42	Chelangat Rebecca	Prisons	21:41.8
6	31	Cheptoyek Joy	Arua	21:54.8
7	69	Chekwemboi Sharon	Arua	22:03.5
8	195	Chebet Scarlett	Police	22:12.1
9	71	Chebet Aisha	Arua	22:18.1
10	118	Mande Ruth	Standard	22:18.8
11	225	Chebet Gloria	KCCA	22:21.2
12	270	Cherop Risper	Ndejje	22:21.8
13	35	Cheptoyek Ruth	Arua	22:25.8
14	258	Orishaba Marvelous	Kabale Trinity	22:32.5
15	166	Chemutai Martha	Kapchorwa	22:40.5
16	349	Chekwemai Jackline	UWA	22:41.8
17	197	Chebet Saibi	Police	22:59.7
18	190	Chemutai Eunice	KCCA	22:59.9
19	88	Sukuru Benna	Sprinters Sports	22:59.9
20	229	Cherop Rebecca	KCCA	23:11.5
21	221	Chebet Sarah	KCCA	23:13.2
22	227	Chekwemai Teddy	KCCA	23:15.2
23	193	Chelimo Ruth	Police	23:16.7
24	40	Chebet Esther Sokuto	Prisons	23:17.7
25	203	Chekwemai Mercy	Police	23:31.3
26	266	Cherotich Aisha	Kapchorwa	23:35.1
27	272	Chekwanj Pamela	Ndejje	23:39.6
28	259	Chemutai Faith	Arua	23:41.3
29	262	Anyango Juliet	Grace of God	23:56.3
30	73	Chemusto Kerinit	Arua	24:04.1
31	116	Mande Rebecca	Standard	24:08.3
32	282	Kissa Nester	Home of talents	24:20.4
33	37	Chebet Sophia	Arua	24:25.1
34	203	Chekwemboi Mercy	Police	24:30.4
35	200	Nyakato Jalia	Makerere	24:35.4

36	33	Chelangat Abigeal	Arua	24:56.0
37	62	Cheptegei Hilder	Sprinters Sports	25:05.1
38	264	Adikini Christine	Grace of God	25:16.5
39	341	Chemutai Shendrine	UWA	25:17.2
40	199	Chemutai Rachael	Police	25:24.2
41	-	Chebet Emona	KCCA	25:28.7
42	-	Chepkwemoi Loyce	KCCA	25:36.9
43	136	Namuswa Shaluwa	Iganga TVSS	26:43.2
44	253	Nsiima Bridget	Kabarole	27:02.9
45	202	Nakato Juliet	Iganga TVSS	27:27.8
46	138	Chelimo Brenda	Home of talents	27:34.2
47	284	Kapchebai Emilly	Police	27:48.3
48	123	Chepkwurui Nancy	KCCA	28:06.5
49	231	Chebet Benna	Bukwo	28:51.9
50	269	Sande Pamela	KCCA	29:64.7

Junior Men

Pos	Bib No.	Full Names	Affiliation	Time
1	178	Kiplangat Hosea	Arua	23:30.7
2	41	Chebet Dan	Arua	23:41.5
3	207	Chekwurui Matthew	Police	23:41.7
4	06	Kibet Samuel	Sprinters Sports	23:43.0
5	-	Chebures Ali	UWA	23:45.6
6	173	Kwemboi Victor	Police	23:52.3
7	177	Kwemboi Victor	Police	23:57.8
8	55	Chelimo Oscar	Arua	24:14.7
9	39	Cherotich Denis	Arua	24:15.8
10	46	Kwemoi Titus	Prisons	24:20.6
11	344	Kwemoi Salim	UWA	24:25.8
12	59	Kibet Titus	Arua	24:31.3
13	47	Kiprotich Levi	Arua	24:41.4
14	94	Niyonzima Oscar	UAFA	24:41.9
15	102	Kwemoi Filex	Standard	24:43.3
16	179	Salas Boshi	Police	24:44.0
17	63	Kwemoi Andrew	Arua	24:49.1
18	209	Kiplangat Joel	Police	24:51.3
19	181	Chemonges Leonard	Police	24:52.1
20	43	Mutai Ezekiel	Arua	24:53.7
21	57	Ndiwa Toroitich	Arua	24:58.1
22	175	Karameka Benson	Police	25:02.7
23	171	Chemutai Vincent	Police	25:07.0
24	336	Uma Joseph	KCCA	25:10.7
25	183	Chemusto Martin	Police	25:13.7
26	44	Yesho Kevin	Prisons	25:14.7

27	51	Cherop Eliud	Arua	25:15.5
28	255	Chebet Mande	Kapchorwa	25:16.3
29	172	Kipyeko Laban	KCCA	25:19.9
30	273	Chemonges Mande	Vision Club	25:21.1
31	176	Chelimo Calvin	KCCA	25:24.6
32	130	Kissa Edwin	Standard	25:26.0
33	189	Sunday Silas	Police	25:27.3
34	283	Chelangat Leonard	Kapchorwa	25:28.7
35	106	Kibet Ivan	Standard	25:30.7
36	218	Kipsang David	Ndejje	25:31.3
37	90	Chebet Alex	UAFA	25:38.6
38	348	Korir Paul	UWA	25:44.1
39	265	Kibet Benjamin	Vision Club	25:48.6
40	170	Mande Benjamin	KCCA	25:50.2
41	210	Agotre Primo	Airforce	25:52.9
42	271	Pitit Edward	Vision Club	25:58.1
43	10	Biziyaremye Rodriquez	Sprinters Sports	26:01.5
44	168	Somikwo Caleb	KCCA	26:10.4
45	184	Cheptoyek Albert	KCCA	26:10.9
46	206	Saiga Alex	UAFA	26:18.6
47	98	Kiptoo Victor	Standard	26:26.2
48	61	Siwa Alex	Arua	26:35.8
49	285	Cherop Albert	KCCA	26:36.2
50	100	Kipyeko Denis	Standard	26:36.8
51	328	Katorebe Edson	Kabale NTC	26:37.5
52	198	Chebet Emmanuel	Sprinters Sports	26:39.4
53	278	Kibet Enock	Home of talents	26:44.4
54	257	Musobo Elijah	Vision Club	26:45.6
55	280	Kipsang Simon	Home of talents	26:46.1
56	222	Chebet Eliud	Ndejje	26:46.7
57	08	Krop Dominic	Sprinters Sports	26:46.9
58	65	Kwemoi Jariet	Arua	26:50.2
59	204	Luteezo Geoffrey	UAFA	26:55.0
60	263	Cherop Alex	Vision Club	26:56.5
61	356	Kibet Kenneth	KCCA	26:57.1
62	353	Mutai Kevin	UWA	27:00.5
63	132	Tambulayenka Ambrose	Kamuli	27:00.5
64	333	Omusuku Nathan	Jinja	27:08.9
65	355	Kwemoi Filex	Standard	27:14.7
66	140	Kwemoi Caleb	UPDF	27:20.5
67	311	Owori Michael	Tororo	27:22.5
68	155	Chesuro Adrian	Police	27:23.0
69	18	Kamoror Joseph	UAFA	27:25.8
70	182	Yesko Dismas	KCCA	27:28.2

71	187	Chekurui Joshua	Police	27:31.0
72	15	Chebet Timothy	Arua	27:35.4
73	16	Ndibanoha John	UAFA	27:40.0
74	208	Ayeko Baker	UAFA	27:41.2
75	134	Kaloli Ntaua	Kamuli	27:42.1
76	127	Sande Denis	Police	27:42.7
77	334	Tumukutire Denis	Rubanda	27:44.4
78	275	Kipsakut Elisha	Home of talents	27:48.7
79	354	Kibet Ronny	UWA	27:49.4
80	350	Kwesiga Alexander	Rubanda	27:49.9
81	335	Mwanje Joel	Jinja	27:59.4
82	67	Kwemoi Dickson	Arua	28:07.8
83	277	Komom Chrispus	Kapchorwa	28:08.2
84	158	Chebet Toni	Home of talents	28:10.5
85	289	Kafuma Fahad	Police	28:12.4
86	309	Oseku Tom Brian	Kyambogo	28:17.3
87	268	Kiplangat Ibrahim	Gombe	28:17.9
88	104	Mica Robin	Standard	28:49.9
89	279	Chebet Smith	Kapchorwa	28:55.6
90	357	Chebet Job	Tororo	29:05.8
91	298	Bwire Ronald	Bugiri	30:39.6

Senior Women

Pos	Bib No.	Full Names	Affiliation	Time
1	211	Chesang Stella	Police	33:30.6
2	186	Chebet Rachael Zena	KCCA	33:48.2
3	36	Chebet Esther	Prisons	34:37.3
4	352	Chesang Doreen	UWA	34:58.7
5	303	Chekwel Juliet	UWA	35:12.8
6	213	Chemutai Peruth	Police	35:26.7
7	226	Chebet Emilly	UPDF	35:47.6
8	25	Chemos Viola	Arua	35:51.2
9	01	Toroitich Timothy Chebet	UWA	36:01.7
10	72	Chemutai Doreen	Prisons	36:11.0
11	215	Chebet Risper	Police	36:22.2
12	219	Chelangat Priscilla	Police	36:29.7
13	217	Chekwemboi Patricia	Police	36:45.2
14	29	Chemingich C. Annet	Arua	37:00.3
15	224	Cheptegei Rebecca	UPDF	37:09.4
16	20	Chemutai Vanis	Prisons	37:12.2
17	120	Chemutai Phanice	Standard	37:18.3
18	122	Cheptegei Nancy	Standard	37:28.7
19	26	Cherotich Regina	Prisons	38:21.9

20	188	Munguleya Adha	KCCA	38:42.9
21	34	Chemusto Jackline	Prisons	38:55.7
22	28	Chelangat Shauline	Prisons	38:35.8
23	24	Chemutai Hellen	Prisons	40:42.8
24	352	Chepkwemoi Dorcus	UWA	40:55.5
25	345	Adero Nyakisi	Prisons	41:39.5
26	32	Chebet Joan	Prisons	42:00.5
27	343	Chemutai Judith	Prisons	46:07.8

Senior Men

Pos	Bib No.	Full Names	Affiliation	Time
1	-	Kiplimo Jacob	Arua	28:56.6
2	157	Cheptegei Joshua	Police	29:07.2
3	17	Chemutai Albert	Arua	29:20.3
4	237	Ayeko Thomas	KCCA	29:24.3
5	74	Ayeko Joel	Prisons	29:29.4
6	243	Rotich Maxwell	KCCA	29:35.7
7	239	Kibet Moses	KCCA	29:46.9
8	143	Kiplangat Victor	Police	29:48.4
9	56	Kipyeko Phillip	Prisons	29:52.1
10	03	Musobo Fred	Arua	29:53.5
11	50	Kiprotich Stephen	Prisons	30:03.5
12	114	Bushendich Mande	Standard	30:08.4
13	163	Musua Martin	Police	30:09.4
14	228	Chepkorom Ezekiel	UPDF	30:16.9
15	112	Kibet Kevin	Standard	30:22.4
16	319	Kateregga John	UWA	30:23.0
17	159	Chebet Abel	Police	30:23.8
18	167	Ayeko Nathan	Police	30:25.4
19	359	Ayeko Isaac	Prisons	30:26.1
20	331	Toroitich Timothy	UWA	30:37.1
21	135	Chemutai Joshua Bekele	Police	30:40.1
22	54	Kiplimo Phillip	Prisons	30:44.9
23	131	Cherop Alex	Police	30:50.6
24	251	Rotich Daniel	KCCA	30:52.6
25	60	Kissa Stephen	Prisons	30:55.1
26	161	Cherop Sam	Police	30:57.2
27	317	Kiplangat Benjamin	UWA	30:58.9
28	240	Cheptoyek Patrick	UPDF	31:11.9
29	09	Kiptoo Phillip	Arua	31:14.2
30	126	Somikwo Ben	Prisons	31:15.6
31	241	Kiprop Moses	KCCA	31:16.1
32	110	Kipsang Geoffrey	Standard	31:17.4

33	293	Cunga Herbert	Kapchorwa	31:24.9
34	70	Kibet Peter	Prisons	31:29.0
35	107	Kibet Oscar	Police	31:30.3
36	346	Solimo David	UWA	31:31.6
37	244	Ayeko Simon	UPDF	31:32.1
38	212	Bahati Sadiq	Ndejje	31:32.1
39	80	Chemonges Felix	Prisons	31:33.5
40	124	Kibet Difas	Prisons	31:37.9
41	165	Chemutai Elisha	Police	31:39.4
42	234	Chesakit Alex	UPDF	31:39.7
43	307	Cherop David	Prisons	31:41.1
44	233	Cherotwo Fred	KCCA	31:43.3
45	66	Stebutibi Vincent	Prisons	31:44.1
46	236	Chemonges Fredrick	UPDF	31:44.9
47	249	Mutai Alex	KCCA	31:56.2
48	64	Ochieng Julius	Prisons	32:00.1
49	325	Kiptoyek Alfred	UWA	32:07.4
50	11	Mande Stephen	Arua	32:16.8
51	108	Yona Kimaru	Standard	32:22.6
52	242	Kibet James	UPDF	32:22.9
53	133	Ssali Denis	Police	32:25.8
54	185	Chebet Michael	Police	32:29.5
55	23	Ayeko Anthony	Arua	32:31.7
56	246	Musani Francis	UPDF	32:32.9
57	96	Biryomunsi Mark	Kabale NTC	32:42.0
58	323	Erikana Felix	UWA	32:43.1
59	58	Chelimo Vincent	Prisons	32:46.1
60	318	Kurinawa Ambrose	Kabale NTC	33:17.8
61	250	Sikoria Martin	UAFA	33:23.6
62	76	Aliwa Moses	Prisons	33:24.0
63	230	Chemutai Mudasho	UPDF	33:34.9
64	137	Chebrot Benson	Police	33:36.2
65	12	Kimbowa G. William	UAFA	34:01.2
66	139	Satya Shaffiq	Police	34:05.9
67	141	Kissa Leonard	Police	34:14.3
68	338	Rodmanzuwa Emmanuel	Kakira	34:29.5
69	314	Niyuhire Olivier	Mbarara Municipal	34:47.8
70	291	Makilyo Dismas	UWA	34:53.2
71	87	Chebet Joshua	Arua	35:02.4
72	340	Amandu Simon	Kakira	35:02.9
73	81	Taban Emmanuel	Arua	35:58.0
74	321	Arapkwalia Dismas	UWA	35:59.4
75	145	Kwemboi Milton	Police	36:13.1
76	254	Okiror Stephen	Airforce	36:16.8

77	248	Kipsang Willy Kirwa	Airforce	36:35.6
78	297	Kigozi Benard	Mukono	36:51.9
79	290	Sande Lawrence	Bugiri	37:08.0
80	252	Gumisiriza Patrick	Entebbe	37:44.2
81	292	Opio Peter	Tororo	37:51.1
82	295	Lubega Abdulkarim	Makerere	37:51.8
83	119	Blessed Rwam Peter	Police	37:53.7
84	326	Kibenja Moses	Buikwe	37:58.6
85	77	Bakole Siraje	Arua	38:37.2
86	194	Sajjabi Ramathan	Entebbe	38:40.3
87	342	Bayita Job	Kakira	38:57.5
88	260	Namisi Hakim	Entebbe	39:32.3
89	125	Musani Michael	Police	39:42.5
90	294	Oketcho Raymond	Namayuge	40:13.3
91	315	Kipsang Sikowa	Kween	40:40.9
92	117	Nyogo Adam	Police	41:22.6
93	256	Mukasa Charles Felix	UAFA	41:46.8