

Fédération Royale Marocaine d'Athlétisme

3^{eme} Cross Fédéral Marrakech 1/1/2017 Résultats Techniques

Seniors Dames 8000m

CIS	Nom & Prenom	N.Lic	Club	Doss	Result
1	HANANE QALLOUJ	1010608	USKH	1742	28:16:00
2	AMINA TAHIRI	1017202	WAT	1796	28:16:00
3	SANAE ELMANSOURI	1023452	CWRF	1216	28:52:00
4	HANANE EL BAJJAOUI	1028829	FAR	1256	29:14:00
5	MARYAM BOUDAUD	1022677	OM	1556	29:41:00
6	HASNAE ZAH	1018947	FAR	1260	29:43:00
7	SARA CHAKKAF	1019337	FAR	1257	30:22:00
8	MALIKA MEJDOUB	1085442	CODM	1071	30:51:00
9	HANAE TOURCHI	1010264	FAR	1259	31:17:00
10	SAMIRA TAOUIL	1015980	CWRF	1214	31:38:00
11	SOAAD AZARKOU	1009814	CLMA	1028	31:46:00
12	AICHA DARIF	1028256	CWRF	1217	31:48:00
13	KHADIJA LAAROUCI	1033892	CODM	1068	31:52:00
14	NADIA EL HAKOUNI	1011316	CAIMA	737	31:53:00
15	HAJAR HSYNY	1051761	AOD	373	32:23:00
16	AZIZA RAJI	1020994	AISO	310	33:22:00
17	LOUBNA OULAD BENTLE	1009530	FAR	1261	33:36:00
18	SIHAM MOUHIB	1056571	AASS	125	33:39:00
19	HOUDA ELMAGHRAOUI	1078637	CMRAT	1046	33:45:00
20	ZAKIA CHICHANE	1027312	CMRAT	1045	33:50:00
21	SOUKAINA MESKINE	1016274	RCAZ	1640	33:52:00
22	NOUHAILA ELGAZOUIR	1068233	RCAZ	1645	34:09:00
23	MANAR KHANFOUR	1017208	WAT	1797	34:25:00
24	IKRAM HABASS	1016417	CWRF	1215	34:42:00
25	KAOUTAR KARKOUB	1046917	ASBJ	476	34:48:00
26	KHADIJA ELASRI	1041241	BAA	629	35:03:00
27	HASNA CHERRAGUI	1009720	OCK	1489	35:10:00
28	MINA ELGAZOUIR	1060760	RCAZ	1644	35:11:00
29	HALIMA OURIK	1057371	RCAZ	1643	35:42:00
30	SOUKAINA CHBOUK	1081082	CWRF	1218	35:45:00
31	NADIFA TAHIRI	1061169	ASRAA	563	35:58:00
32	HAFIDA ELAKHDAR	1051165	HBA	1360	36:51:00
33	KHADIJA HARRAM	1010577	USABA	1693	37:07:00

34	FIRYAL IZMAR	1079451 ASRAA	564	37:16:00
35	SANAE KACHACH	1046715 CSKA	1154	37:18:00
36	KHADIJA BOUTAHAR	1033497 ALMA	356	37:34:00
37	KHADIJA ABDELHAK	1080711 A2004 SB	11	37:45:00
38	NOUHAYLA ELALAMI	1048891 WSS	1835	38:09:00
39	SOUKAINA MOURDI	1041475 RCAZ	1642	38:09:00
40	IHSSANE SANNAK	1041583 CODM	1070	38:23:00
41	OUFA AZERBOUNE	1085807 AISO	313	38:29:00
42	NAOUAL BOUKHACHAB	1044649 ASRAA	562	38:39:00
43	FATIMA ZAHRA REDDAD	1056725 OM	1558	39:10:00
44	MAROUA JIRARI	1017186 OM	1553	39:58:00
45	MANAL ELQOTB	1042613 AHA	283	40:09:00
46	FATIMA ZAHRA AIT OUERRAG	1047200 OM	1557	40:37:00
47	WARDA TASSALI	1041543 USABA	1695	40:37:00
48	HANANE ELHOUARI	1052189 WSS	1836	40:57:00
49	SAIDA ELGUMIRI	1079593 A2004 SB	10	41:07:00
50	CHAYMAE SEMLALI	1035149 CODM	1069	41:36:00
51	HANANE NAHAL	1071862 USABA	1697	41:52:00
52	HALIMA EDDAFI	1079329 A2004 SB	9	42:02:00
53	FATIMA EZZAHRA BELAABESS	1074375 AHA	284	42:13:00
54	NOUHAYLA ATTAR	1054145 A2004 SB	8	42:58:00

Seniors Dames 8000m

Cls	Nom & Prenom	Club	Pts
1		FAR	26
	HANANE EL BAJJAOUI	4	
	HASNAE ZAH	6	
	SARA CHAKKAF	7	
	HANAE TOURCHI	9	
	LOUBNA OULAD BENTLE		17
2		CWRF	49
	SANAE ELMANSOURI	3	
	SAMIRA TAOUIL	10	
	AICHA DARIF	12	
	IKRAM HABASS	24	
	SOUKAINA CHBOUK		30
3		RCAZ	100
	SOUKAINA MESKINE	21	
	NOUHAILA ELGAZOUIR	22	
	MINA ELGAZOUIR	28	
	HALIMA OURIK	29	
	SOUKAINA MOURDI		39
4		CODM	111
	MALIKA MEJDOUB	8	

	KHADIJA LAAROUSSI	13	
	IHSSANE SANNAK	40	
	CHAYMAE SEMLALI	50	
5		OM	138
	MARYAM BOUDAOU	5	
	FATIMA ZAHRA REDDAD	43	
	MAROUA JIRARI	44	
	FATIMA ZAHRA AIT OUERRAG	46	
6		A2004 SB	192
	KHADIJA ABDELHAK	37	
	SAIDA ELGUMIRI	49	
	HALIMA EDDAFI	52	
	NOUHAYLA ATTAR	54	

Juniors filles 6000m

CIS	Nom & Prenom	N.Lic	Club	Doss	Result
1	RAHMA TAHIRI	1019313	WAT	1791	19:45
2	LOUBNA ECH-CHAFAI	1056448	USK	1726	19:59
3	FATIMA IZARIFANE	1039728	CBA	836	20:11
4	SAADIA FADILI	1043778	CRAO	1078	20:32
5	Wafa ELGAZOUIR	1066961	RCAZ	1639	21:11
6	OUMAIMA OBBA	1030101	ACR	228	21:31
7	HASNAE AICH	1041150	ASRAA	555	21:43
8	MERIE M CHAHID	1036489	CUSTA	1205	21:51
9	FATIMA-ZAHRA HSSISSOU	1046146	A2004 SB	4	21:56
10	OUMAIMA HOUARI	1063397	FCC	1289	21:58
11	ZINEB ZDAR	1035038	FCC	1288	22:04
12	LEILA MAHSSOUNE	1034647	FCC	1291	22:20
13	ZINEB REDA	1028840	OCK	1479	22:23
14	RABAB HALBI	1064543	AAAC	30	22:29
15	IKRAM OUAZIZ	1027646	FCC	1292	22:32
16	HAJAR ELBOUCHTI	1021246	CRB	1099	22:39
17	SOFIA BOUCHTIOUI	1061368	WAT	1790	22:39
18	IMAN ABDELADIM	1031729	A2004 SB	6	22:52
19	NOUHAILA AIT ABDESLEM	1041069	CBA	837	23:08
20	SOUAD BARMAN	1079413	USABA	1688	23:08
21	HALIMA BYZRAN	1031450	CBA	835	23:09
22	FATIM EZZAHRA HAFFARI	1071645	AARA	74	23:12
23	KHADDOUJA AIT OUKTIR	1053244	AAOMA	49	23:14
24	HIND OUARTAB	1030819	ALMA	355	23:15
25	SOUKAINA BAKAL	1017820	BAC	644	23:16
26	LATIFA DAGGAG	1062777	FAR	1249	23:20
27	LAMYAA AIT ETALEB	1057462	CUSAH	1187	23:24

28	HAJAR EL HAMRI	1057117 CBA	840	23:26
29	CHAIMAE OULAHIANE	1037961 FAR	1246	23:30
30	FATIMA EZZAHRAE AIT HMAD	1067754 WASK	1772	23:36
31	FATIMA EZZAHRA ACHLAFT	1076903 ASE	490	23:37
32	NASSIMA EZZARTY	1037121 FUS	1310	23:41
33	NOURA AMELLOUK	1064386 FAR	1247	23:57
34	OUMAIMA MAROUF	1030229 RCA	1619	23:59
35	HASNAE NEMMASSI	1059358 CCTA	922	24:14:00
36	HAKIMA BENYOUNES	1055457 ACR	227	24:17:00
37	LAYLA EZZAKI	1069643 CBA	838	24:22:00
38	IMANE ALLA	1063878 ESB	1230	24:24:00
39	RAJAA AIT SIDI HAMMOU	1068500 WAT	1788	24:25:00
40	KHADIJA BELATTAR	1047141 OM	1547	24:26:00
41	HASSANA TAIB LILLAH	1061402 WAT	1789	24:29:00
42	AMAL ZAKI	1077122 SCCA	1666	24:38:00
43	SOUKAINA BOUAOUD	1023052 BAC	643	24:39:00
44	IHSAN RAOUIA	1074856 OCK	1481	24:41:00
45	FATIMA EZZAHRA ELOUARRAM	1018941 RCAZ	1634	24:48:00
46	HAJAR KHADRAOUI	1075508 CAT	818	24:51:00
47	SAFAE SALHI	1018560 BAC	640	24:53:00
48	HAFSA CHAROF	1066521 CJSA	954	25:03:00
49	OMAIMA EL HOUASLI	1076857 WSS	1823	25:03:00
50	FARAH DRISSI-EL-BOUZAIID	1039382 OM	1545	25:04:00
51	OMAIMA CHALLAT	1040247 CUSTA	1206	25:11:00
52	FATIMA ZAHRA KHANNOUSSA	1062197 WAC	1752	25:17:00
53	HAYAT CHAABI	1059347 CCTA	921	25:21:00
54	SALIMA BOUHOUC	1085045 CJSYB	978	25:22:00
55	FATIHA KHOUKHI	1052386 CODM	1065	25:24:00
56	ZENIB EZZAIR	1041837 FAR	1248	25:27:00
57	NOUHAILA HASSINE	1078049 AAAC	29	25:29:00
58	CHAIMAE ES-SABBAR	1065731 CWRF	1212	25:33:00
59	CHAYMAA HOURCH	1057812 RCAZ	1637	25:39:00
60	OUMAIMA NAOUAR	1029315 BAC	642	25:43:00
61	GHIZLANE SAID	1054481 CCTA	924	25:45:00
62	DOUNIA JANAH	1049739 RCAZ	1636	25:47:00
63	BOUCHRA ZIN-EL ABIDINE	1042203 CODM	1064	25:48:00
64	FATIMA LAHSAINI	1036127 ASAAB	440	25:51:00
65	ZINEB EL AISSAOUI	1070204 CODM	1066	26:00:00
66	ZINEB SBAITY	1080709 A2004 SB	2	26:05:00
67	OUMAIMA BELKARIA	1022988 RCAZ	1635	26:14:00
68	KAWTAR BOUATAIA	1062458 CAT	819	26:15:00
69	KHADIJA SAAD	1047115 OM	1546	26:18:00
70	GHITA SBIRY	1076902 WAC	1755	26:18:00
71	KENZA AJBOUH	1051153 WSS	1826	26:19:00
72	DOUNIA LAALLAM	1069157 ASJBG	517	26:21:00
73	ILHAM ELJALAOUI	1063364 CLMA	1022	26:23:00
74	IKRAM KAAOUC	1083084 AAS	103	26:24:00

75	MERYEME ELMAHIR	1085677 AAS	102	26:31:00
76	FATIMA EZZAHRA AOUOUAD	1042751 A2004 SB	5	26:55:00
77	SALIMA SAMOUT	1061875 ASJBG	518	27:01:00
78	FATIMA EZZAHRA ANTAR	1071301 AHA	279	27:25:00
79	BOUTHAYNA KORICH	1052882 WSS	1825	27:28:00
80	HIND BASRAOUI	1040933 ASAAB	444	27:34:00
81	NOURA BELMEHAIRI	1044976 OCY	1528	27:39:00
82	MAHA BELAKKAF	1063703 WAC	1753	27:54:00
83	SOUKAINA BARA	1074572 ACAMA	194	27:56:00
84	SABAH BACHAR	1053963 ASJBG	520	28:12:00
85	RACHIDA AKRIM	1005361 WAT	1792	28:20:00
86	RAHMA BARQI	1059091 WAC	1754	28:20:00
87	FATIMAZAHRA ECHCHAHRI	1037079 RBA	1581	28:29:00
88	NABIRHA MARYEM	1064129 RCAZ	1638	28:30:00
89	GHIZLANE ELAADRAOUI	1018847 ACAMA	195	28:31:00
90	FOUZIA BERRAMI	1036460 WASK	1770	28:40:00
91	HASSNAA LACHHAB	1080699 CAA	650	29:17:00
92	ZINEB KHALIFI	1079411 USABA	1687	29:19:00
93	HAJAR NOUAYTI	1045387 USER	1708	29:19:00
94	CHAIMAA CHABAB	1038493 SCCA	1665	29:20:00
95	FATIMA EZZAHRA ABOUELOUYOUN	1016721 CJSYB	975	29:32:00
96	ZAHRA ELKAOURI	1072410 USABA	1685	29:40:00
97	SALMA ZOUINE	1023276 RBA	1582	29:49:00
98	LOUBNA KADOSI	1064204 USABA	1684	30:02:00
99	MERYEME ELHAOUARI	1052131 AAS	101	30:27:00
100	ATIKA EL HAFIDI	1054929 ASJBG	519	30:35:00
101	HALIMA CHAOUKI	1071067 AUBG	587	30:46:00
102	SOUKAINA ZAGLOUL	1053805 USABA	1683	30:49:00
103	FATIMA SAOUAB	1077773 USABA	1686	31:53:00
104	MANAL ELGAOUI	1058784 ASIAL	511	32:13:00
105	FATIMA LAARAJ	1085656 CBA	839	32:16:00
106	HANANE ELMOUADENE	1084333 A2004 SB	1	35:58:00

JUNIORES FILLES

Clss	Nom & Prenom	Club	Pts
1		FCC	48
	OUMAIMA HOUARI		10
	ZINEB ZDAR		11
	LEILA MAHSSOUNE		12
	IKRAM OUAZIZ		15
2		CBA	71
	FATIMA IZARIFANE		3
	NOUHAILA AIT ABDESLEM		19

	HALIMA BYZRAN		21
	HAJAR EL HAMRI		28
	LAYLA EZZAKI		37
	FATIMA LAARAJ		105
3		WAT	98
	RAHMA TAHIRI		1
	SOFIA BOUCHTIOUI		17
	RAJAA AIT SIDI HAMMOU		39
	HASSANA TAIB LILLAH		41
	RACHIDA AKRIM		85
4		FAR	144
	LATIFA DAGGAG		26
	CHAIMAE OULAHIANE		29
	NOURA AMELLOUK		33
	ZENIB EZZAIR		56
5		A2004 SB	169
	FATIMA-ZAHRA HSSISSOU		9
	IMAN ABDELADIM		18
	ZINEB SBAITY		66
	FATIMA EZZAHRA AOUOUAD		76
	HANANE ELMOUADENE		106
6		RCAZ	171
	Wafa ELGAZOUIR		5
	FATIMA EZZAHRA ELOUARRAM		45
	CHAYMAA HOURCH		59
	DOUNIA JANAH		62
	OUMAIMA BELKARIA		67
	NABIRHA MARYEM		88
7		BAC	175
	SOUKAINA BAKAL		25
	SOUKAINA BOUAOUD		43
	SAFAE SALHI		47
	OUMAIMA NAOUAR		60
8		WAC	290
	FATIMA ZAHRA KHANNOUSSA		52
	GHITA SBIRY		70
	MAHA BELAKKAF		82
	RAHMA BARQI		86
9		USABA	306
	SOUAD BARMAN		20
	ZINEB KHALIFI		92
	ZAHRA ELKAOURI		96
	LOUBNA KADOSI		98
	SOUKAINA ZAGLOUL		102
	FATIMA SAOUAB		103
10		ASJBG	333
	DOUNIA LAALLAM		72

SALIMA SAMOUT	77
SABAH BACHAR	84
ATIKA EL HAFIDI	100

JUNIORS GARCONS

8000m

CIS	Nom & Prenom	N.Lic	Club	Doss	Result
1	ABDELKARIM BENZAHRA	1048859	CLMA	1024	22:25
2	HICHAM AKANKAM	1036584	ASE	491	22:29
3	ZOUHAIR MAZIANE	1057187	CAK	741	22:31
4	ABDERRAHIM LOUKTAM	1039521	CLMA	1027	22:49
5	ILYAS RAJI	1040133	CAK	744	22:51
6	YASSINE BIH	1035217	FCC	1297	22:52
7	SOUFIANE HAMDAOUI	1054283	CRB	1102	22:54
8	MOHAMED EL MACHTOUB	1052730	CAK	743	23:24
9	IMAD BENKAJI	1059996	CSA	1117	23:27
10	IBRAHIM SITI	1027320	CMRAT	1044	23:31
11	SAID KARMOUZEN	1063025	AAOMA	55	23:43:00
12	ACHRAF AMEUR	1016824	AWSA	606	23:44:00
13	MAROUANE EZZALLOUFI	1017590	CLAK	1009	23:49:00
14	ABDELHADI KANDAD	1049827	RBA	1585	23:58:00
15	MOHAMMED ELBARBARI	1048889	WSS	1831	24:03:00
16	NOUREDDINE HAMANI	1034845	CSTA	1160	24:04:00
17	ZAKARIA ECH-CHEBABY	1057183	OCK	1487	24:09:00
18	YOUSSEF ELKHAMIRI	1066561	CLMA	1026	24:14:00
19	HAMZA HADDOUCH	1081737	CSIA	1147	24:16:00
20	MOHAMED AMINE ELGADI	1070021	OCBG	1451	24:17:00
21	MOUNIR ELHASSANI	1061359	CRB	1101	24:18:00
22	SAAD MAAZ	1026620	OCK	1488	24:19:00
23	AYOUB ISSMAGK	1071237	AAYA	164	24:19:00
24	NABIL KOUZKOUZ	1079739	AOD	365	24:20:00
25	SAMIR ELALI	1015089	CRB	1104	24:27:00
26	SAID IBISSOU	1074780	ACRAT	255	24:29:00
27	REDA TAFARDOUST	1019345	FAR	1250	24:30:00
28	SAID KADDOUR	1071334	ISIA	1414	24:31:00
29	AHMED ANAFLOUS	1078884	CNSH	1057	24:34:00
30	YOUNES AARAB	1064376	FAR	1255	24:39:00
31	MOHAMMED NEMMASSI	1078066	CSTA	1158	24:41:00
32	MOHAMED RAKKOU	1080435	CAAMA	678	24:42:00
33	HICHAM ISMAILI ALAOU	1039641	CSA	1118	24:42:00

34	ACHRAF BANJEMAA	1051171	FCC	1296	24:47:00
35	ABDELMOUGHIT ATYQ	1069093	AWSA	603	24:48:00
36	REDOUANE ESSAKRATI	1075804	WSAC	1808	24:49:00
37	YOUNES ERRACHDI	1057189	CAK	740	24:52:00
38	HOUSSAM BOUZAIDI	1027536	CSKA	1153	24:54:00
39	AYOUB ATTMANI	1083074	AAS	105	24:54:00
40	YOUNES BENIECHRAK	1065168	OCBG	1452	24:55:00
41	AYOUB KHARBOUCH	1026898	CBAA	853	24:56:00
42	AYOUB AIT SAKA	1061804	USABA	1692	24:56:00
43	HICHAM KARMOUZEN	1079150	USABA	1691	24:59:00
44	HAMZA EL JAZI	1071257	AAYA	163	25:09:00
45	ZAKARIA HERRAR	1081764	AAOMA	53	25:13:00
46	ANOUAR OULKEBIR	1033950	ARA	409	25:16:00
47	SOUFIANE BENSOUILAH	1052021	CAAKT	663	25:17:00
48	ABDERRAHMAN BAHAAALI	1000060	ACSAL	268	25:17:00
49	MOUAD OUHMAD	1076162	ISIA	1412	25:18:00
50	ACHRAF ZOURIRA	1075502	OCK	1485	25:19:00
51	YOUNESS MOUNIM	1077158	CABA	690	25:20:00
52	AISSA ASBAYRI	1053200	CLAK	1006	25:21:00
53	OUSSAMA OUAMMOU	1049114	CSA	1113	25:24:00
54	HASSAN OUCHENE	1058599	FAR	1253	25:25:00
55	ABDELLAH ECHAJIAI	1025731	BAC	645	25:26:00
56	SAMIR BAJJI	1016910	CAK	745	25:28:00
57	IMAD ELHACHIMI	1020961	ASAAB	447	25:29:00
58	MOHAMED AANOUIZ	1077755	AAYA	161	25:34:00
59	MARWANE FARSI	1085550	CSTA	1157	25:36:00
60	MOHAMED ELATRACH	1085272	WSAC	1807	25:37:00
61	AYOUB AKINOUI	1043158	CSEA	1132	25:39:00
62	HAMZA EL OUAFFY	1081852	CSA	1114	25:41:00
63	MOUHSSINE OULAD ELJARI	1077976	CLMA	1025	25:43:00
64	HAMZA LOQMANE	1067640	WASK	1775	25:45:00
65	ABDELLATIF SADIKI	1063398	FCC	1294	25:46:00
66	YASSINE CHEIKH	1045017	CUSAH	1188	25:47:00
67	MOHAMED ZIREGUE	1052201	CLAK	1007	25:48:00
68	SOUFIAN ENMYAM	1029259	RBM	1597	25:50:00
69	NOUREDDINE AZAHRAOUI	1083075	AAS	104	25:54:00
70	FATHI RMILI	1079313	CRAO	1082	25:54:00
71	NABIL NAJMI	1081961	AAAC	31	25:55:00
72	HAMZA KENNOUF	1079911	AWSA	601	25:56:00
73	ABDELFAHAT OUHASSOU	1075600	CRB	1100	25:57:00
74	YOUSSEF BOUAICH	1061793	CRAO	1083	25:58:00
75	AYOUB ASRAR	1075604	CLAK	1004	26:00:00
76	SOUFYAN EL GHALBZOURI	1040880	ASRAA	560	26:02:00
77	AHMED ELMESSAOUDI	1071818	OCY	1530	26:04:00
78	ELMOSTAFA ESRHYER	1052347	ACSAL	266	26:05:00
79	YOUSSEF BOUSSKINE	1084989	FAR	1254	26:06:00
80	YACINE ELKACIMI	1061894	AOD	370	26:06:00

81	YOUNES SAAIDOU	1067046	AHA	281	26:08:00
82	TARIQ AKKAOUI	1069437	AHMB	301	26:10:00
83	MOUAD ID ABDELLAH	1062718	AATS	140	26:13:00
84	SAID IKHOUANE	1049813	OCK	1483	26:13:00
85	AMIN MOUSSAOUI	1058833	CASM	792	26:14:00
86	KHALID ELGARH	1034159	CCABA	874	26:15:00
87	RACHID KAMAL	1049031	CJSA	955	26:17:00
88	ACHRAF ZERHOUNI	1070020	CNSH	1058	26:18:00
89	YOUSSEF AMRAOUI	1031733	AOD	369	26:19:00
90	ABDELAZIZ AJARAY	1080150	ISIA	1411	26:20:00
91	OUALID AIT ELKEBIR	1063598	CJSYB	979	26:21:00
92	ZAKARIA BOUHANDA	1031742	AOD	368	26:22:00
93	YASSINE NAOUINI	1019370	OCY	1532	26:23:00
94	HICHAM LASFAR	1001921	OCY	1533	26:27:00
95	MOHAMED NASAH	1084451	USABA	1690	26:27:00
96	ABDELALI RACHID	1076906	ASMAG	530	26:29:00
97	MOHAMMED HALIMI	1077263	ASBJ	473	26:31:00
98	YAHYA EDDANDOUNI	1054211	CAK	742	26:31:00
99	ANASS BOUZID	1076044	FCC	1293	26:34:00
100	AYOUB EL MOUKA	1062840	CAHAC	735	26:36:00
101	MOHAMMED NACHIT	1051954	RBA	1584	26:44:00
101	KAMAL RACHID	1054042	AWSA	605	26:44:00
103	YOUNES CHKARDAD	1036710	RBA	1587	26:49:00
104	YAHYA NABAHA	1083059	ACAMA	196	26:57:00
105	YOUSSEF YAQINE	1079067	HSMK	1377	26:57:00
106	MOHAMED NADIFI	1055584	ISIA	1416	26:57:00
107	NASSIM LACHHAB	1085663	CAT	820	27:04:00
108	OUALID JAKANI	1067038	AHA	282	27:09:00
109	ABDERRAHMANE ELIDRYSY	1071981	AAYA	162	27:13:00
110	YOUSSEF JANATI	1081559	BAA	624	27:13:00
111	ABDELATI KARROUM	1050192	OCY	1529	27:14:00
112	ABDELJALIL GHNINO	1056989	HSMK	1379	27:15:00
113	MEHDI ELALOIANI	1057782	RBM	1600	27:20:00
114	EL MEHDI BENBASSAM	1073244	OCK	1484	27:20:00
115	JAMALEDDINE RAMI	1080564	USABA	1689	27:22:00
116	WALID LAHRAOUI	1074128	HAN	1342	27:26:00
117	ZAID CHKIRI	1071983	CSTA	1159	27:26:00
118	ABDELFATTAH HANSSALI	1085020	CBAA	854	27:30:00
119	SALAHEDDINE KAROUI	1077335	RBA	1583	27:32:00
120	MBAREK BOUAOUD	1070343	ISIA	1415	27:32:00
121	YASSINE LAGHROUCH	1085274	WSAC	1806	27:33:00
122	SOUFIANE HMINA	1068535	WAC	1756	27:41:00
123	AYOUB CHAKIB	1079705	HSMK	1376	27:45:00
124	AYOUB ELAMRI	1085687	ASBJ	471	27:47:00
125	NOMANE ECHCHAARI	1044677	AARA	78	27:55:00
126	ABDERRHIM AYOULE	1085141	ASCRM	486	28:06:00
127	DRISS ELFAKIR	1043214	CCABA	873	28:25:00

128	MOUHCINE ZOUHRI	1084986	ASBJ	472	28:26:00
129	YASSIN ELALAOUI	1085588	AAOMA	51	28:28:00
130	ADIL ELHACHIMI	1064213	AAOMA	54	28:29:00
131	HAMZA FARAHI	1036385	WASK	1777	28:37:00
132	ACHRAF KHABACHE	1076690	ACSAL	265	29:01:00
133	HAMZA BENKHALI	1056370	ASAAB	446	29:09:00
134	MOHAMMED EL AJEL	1058718	WSS	1829	29:35:00
135	AMINE BICHI	1080835	BAA	627	29:41:00
136	AYOUB EZZAROULY	1064060	HSMK	1378	29:42:00
137	HAMZA IGHZI	1063595	CJSYB	981	29:53:00
138	ANASS LAMKALCHIA	1080838	BAA	626	30:08:00
139	HASSAN AITIHIA	1084808	CCJA	904	30:37:00

JUNIORS GARCONS

Clss	Nom & Prenom	Club	Pts
1		CAK	53
	ZOUHAIR MAZIANE		3
	ILYAS RAJI		5
	MOHAMED EL MACHTOUB		8
	YOUNES ERRACHDI		37
	SAMIR BAJJI		56
	YAHYA EDDANDOUNI		98
2		CLMA	86
	ABDELKARIM BENZAHRA		1
	ABDERRAHIM LOUKTAM		4
	YOUSSEF ELKHAMIRI		18
	MOUHSSINE OULAD ELJARI		63
3		CRB	126
	SOUFIANE HAMD AOUI		7
	MOUNIR ELHASSANI		21
	SAMIR ELALI		25
	ABDEL FATAH OUHASSOU		73
4		CSA	157
	IMAD BENKAJI		9
	HICHAM ISMAILI ALAOUI		33
	OUSSAMA OUAMMOU		53
	HAMZA EL OUFY		62
5		OCK	173
	ZAKARIA ECH-CHEBABY		17
	SAAD MAAZ		22
	ACHRAF ZOURIRA		50
	SAID IKHOUANE		84
	EL MEHDI BENBASSAM		114
6		FAR	190

	REDA TAFARDOUST		27
	YOUNES AARAB		30
	HASSAN OUCHENE		54
	YOUSSEF BOUSSKINE		79
7		FCC	204
	YASSINE BIH		6
	ACHRAF BANJEMAA		34
	ABDELLATIF SADIKI		65
	ANASS BOUZID		99
8		CLAK	207
	MAROUANE EZZALLOUFI		13
	AISSA ASBAYRI		52
	MOHAMED ZIREGUE		67
	AYOUB ASRAR		75
9		AWSA	220
	ACHRAF AMEUR		12
	ABDELMOUGHIT ATYQ		35
	HAMZA KENNOUF		72
	KAMAL RACHID		101
10		CSTA	223
	NOUREDDINE HAMANI		16
	MOHAMMED NEMMASSI		31
	MARWANE FARSI		59
	ZAID CHKIRI		117
11		AAYA	234
	AYOUB ISSMAGK		23
	HAMZA EL JAZI		44
	MOHAMED AANOUS		58
	ABDERRAHMANE ELIDRYSY		109
12		ISIA	273
	SAID KADDOUR		28
	MOUAD OUHMAD		49
	ABDELAZIZ AJARAY		90
	MOHAMED NADIFI		106
	MBAREK BOUAOUD		120
13		AOD	285
	NABIL KOUZKOUZ		24
	YACINE ELKACIMI		80
	YOUSSEF AMRAOUI		89
	ZAKARIA BOUHANDA		92
14		USABA	295
	AYOUB AIT SAKA		42
	HICHAM KARMOUZEN		43
	MOHAMED NASAH		95
	JAMALEDDINE RAMI		115
15		AAOMA	315
	SAID KARMOUZEN		11

	ZAKARIA HERRAR		45
	YASSIN ELALAOUI		129
	ADIL ELHACHIMI		130
16		RBA	337
	ABDELHADI KANDAD		14
	MOHAMMED NACHIT		101
	YOUNES CHKARDAD		103
	SALAHEDDINE KAROUI		119
17		OCY	375
	AHMED ELMESSAOUDI		77
	YASSINE NAOUINI		93
	HICHAM LASFAR		94
	ABDELATI KARROUM		111
18		HSMK	476
	YOUSSEF YAQINE		105
	ABDELJALIL GHNINO		112
	AYOUB CHAKIB		123
	AYOUB EZZAROUYLY		136

Seniores Dames 3000m

CIS	Nom & Prenom	N.Lic	Club	Doss	Result
1	SOUKAINA ATANANE	1009918	USK	1734	09:10
2	FATIMA EZZAHRA GARDADI	1028381	CJSA	963	09:14
3	OUMAIMA SAOUD	1017647	ASE	496	09:16
4	SOUKAINA HAJJI	1018511	FAR	1270	09:28
5	CHAIMAA BATAHAR	1030623	RCA	1622	09:37
6	KHADIJA EL MOUSSAOUI	1011403	ACR	235	09:39
7	KHADIJA AFARYAT	1010621	WAT	1798	09:40
8	KAWTHAR HAIRICH	1015280	FAR	1269	09:43
9	WAFI ZAROUAL	1043130	A2004 SB	21	09:47
10	SABAH ESSEQALLY	1031750	CJSA	964	09:51
11	HANANE BAHYOUNE	1009214	ACR	237	09:55
12	FETTOUMA MBAREKI	1012326	FUS	1318	09:57
13	FATIMA ZOHRA MAISSOUR	1011866	FAR	1271	10:05
14	SARA EL GHAZOUANI	1011328	FAR	1273	10:08
15	MERIEM AIACH	1038750	CSIA	1148	10:12
16	NADIA NAIM	1041091	A2004 SB	19	10:13
17	NAJAT AIT BOUNOU	1030391	CAAKT	664	10:14
18	FATIMA EZZAHRA EL IDRISSE	1013099	CAOA	786	10:18
19	HASNA TABITI	1009372	CAAKT	665	10:22
20	SAMIHA EL OUAQQADI	1010504	OCS	1510	10:22
21	SAFAE BENAIZI	1027753	FUS	1320	10:43
22	HOUDA RAHMOUNI	1011499	RCA	1621	10:50

23	MERIEM KAROUI	1042575	RCA	1624	10:52
24	DOUAE ZAAFANE	1084920	CAAMA	681	11:03
25	DRISSIA FAOUZI	1013095	FUS	1319	11:04
26	LAMIAA BADRI	1018340	CJSYB	984	11:05
27	LAILA BOUHALI	1021637	FAR	1272	11:12
28	RAJAE MAZGAR	1011326	ASJBG	523	11:13
29	OUMAIMA GOUD	1046250	FUS	1321	11:14
30	WAFI CHALFAOUAT	1047500	ASIAL	513	11:16
31	HIND BOUNAHLASS	1018757	CSEA	1139	11:17
32	IQRAM AOUDAD	1020801	CUSTA	1208	11:19
33	RIKAYA AOUBAIDA	1069941	CJSA	965	11:26
34	HASNA SKAK	1000991	ASMAG	532	11:33
35	RKIA ABDELADIM	1017467	A2004 SB	18	11:51
36	NABILA LAANANI	1026734	USABA	1699	12:00
37	HAKIMA AZZOUZI	1048731	FUS	1322	12:01
38	FATIHA ELIDRISSI	1080650	CAAMA	680	12:01
39	ZINEB HAMZA	1018973	SCCA	1676	12:07
40	KHADIJA ELKHAOUALI	1041903	A2004 SB	20	12:19
41	AMAL BENSALAH	1022377	ACR	236	12:34
42	GHITA MOHACHT	1046182	CAA	655	12:51
43	KHADIJA OUHAMDANI	1085021	CBAA	866	12:52
44	GHIZLANE OUGADDI	1017588	USKH	1746	13:03
45	FATIHA ELOUAZNA	1046130	CAA	654	13:06
46	MOUNIA JANAB	1047268	CSA	1125	13:09
47	ELHAILI HASSNA	1084134	ASE	499	13:10
48	MERIEME OUSGHAB	1036947	CSA	1124	13:13
49	ASSIA HAIMOUD	1075845	RCA	1625	13:14
50	NOURA ZAMMITI	1001203	CSA	1123	13:26
51	CHAIMAE OUSGHAB	1036946	CSA	1127	13:34
52	JAMILA ELBAKKARI	1083278	SCCA	1678	13:41
53	OUMAIMA KAMAL	1017447	SCCA	1675	14:03
54	HAYAT LAHRECH	1045240	ACR	240	14:06
55	ZAHRA BABACH	1073790	AUBG	590	14:23
56	KARIMA ABBAD	1048220	SCCA	1677	14:36
57	SAIDA OULBA	1068793	CSA	1126	14:41
58	SOUAD LEMSSETEF	1085770	USABA	1703	14:49
59	SANAE MADIH	1085555	USABA	1702	15:30
60	FADOUA ETTORABI	1011707	AUBG	588	15:36
61	HASNAE FETTOUHI	1085771	USABA	1704	17:20
62	GHIZLANE MARSOULI	1085553	USABA	1700	17:26
63	KHADIJA BELKASS	1085554	USABA	1701	17:27

Seniores Dames
3000m

Clss	Nom & Prenom	Club	Pts
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1		FAR	39
	SOUKAINA HAJJI		4
	KAWTHAR HAIRICH		8
	FATIMA ZOHRA MAISSOUR		13
	SARA EL GHAZOUANI		14
	LAILA BOUHALI		27
2		FUS	87
	FETTOUMA MBAREKI		12
	SAFAE BENAZIZI		21
	DRISSIA FAOUZI		25
	OUMAIMA GOUD		29
	HAKIMA AZZOUZI		37
3		RCA	99
	CHAIMAA BATAHAR		5
	HOUDA RAHMOUNI		22
	MERIE M KAROU I		23
	ASSIA HAIMOUD		49
4		A2004 SB	100
	Wafa ZAROUAL		9
	NADIA NAIM		16
	RKIA ABDELADIM		35
	KHADIJA ELKHAOUALI		40
5		ACR	112
	KHADIJA EL MOUSSAOUI		6
	HANANE BAHYOUNE		11
	AMAL BENSALAH		41
	HAYAT LAHRECH		54
6		CSA	195
	MOUNIA JANAB		46
	MERIE ME OUSGHAB		48
	NOURA ZAMMITI		50
	CHAIMAE OUSGHAB		51
	SAIDA OULBA		57
7		SCCA	200
	ZINEB HAMZA		39
	JAMILA ELBAKKARI		52
	OUMAIMA KAMAL		53
	KARIMA ABBAD		56
8		USABA	214
	NABILA LAANANI		36
	SOUAD LEMSSETEF		58
	SANAE MADIH		59
	HASNAE FETTOUHI		61
	GHIZLANE MARSOULI		62
	KHADIJA BELKASS		63

Cadetes
6000m

CIS	Nom & Prenom	N.Lic	Club	Doss	Result
1	MCHAOURI ADIL	1056626	ASOAK	538	17:46
2	DRISS MAKADMI	1063741	AWSA	597	18:00
3	HICHAM BOULKAIL	1085805	CTAO	1165	18:12
4	HAMZA CHAHID	1075695	ALMA	354	18:19
5	ABDELILAH ZAHIR	1054710	ASOAK	540	18:21
6	NOUREDDINE BEN SFIA	1068831	CTAO	1167	18:22
7	ABDENACEUR EL GUYLY	1068226	CCTA	920	18:27
8	YOUSSEF BOUAZZAOUI	1068750	CSA	1110	18:28
9	HAMZA SEKHMANI	1047823	AHMB	300	18:28
10	MOSTAFA BOUHOUCHE	1039363	CAMAL	758	18:41
11	ABDELGHANI MOUMEN	1076469	USABA	1682	18:43
12	HAMID CHAIB	1026221	AASS	118	18:44
13	HOUSSAM ELAZZOUCHE	1052582	CMRAT	1041	18:44
14	SAID EZZOHCHE	1085575	WSAC	1804	18:45
15	OTHMANE EL GHARISSI	1065364	FAR	1242	18:51
16	MOHAMED BAABI	1011739	ATAC	578	18:54
17	ABDELLAH LATAM	1067969	ASOAK	539	18:56
18	YAHYA MAZOUZ	1077863	FUS	1308	18:57
19	AYOUB BASRAOUI	1071370	ASJBG	516	18:58
20	MOHAMED ABOUETTAHCHE	1060387	RBA	1576	18:59
21	SAID KADDOUCHE	1079474	AUBG	586	19:00
22	ABDERRAZZAK BERRIMOU	1038359	CLMA	1018	19:03
23	DRISS YOUSSOUCHE	1078942	ISIA	1409	19:04
24	MOHAMED OUAZIZ	1077539	CBA	834	19:04
25	MEHDI BADRI	1031877	CAAKT	656	19:05
26	MOURAD LAHBABI	1070491	USKH	1739	19:06
27	MOUAD NADI	1043335	APCA	387	19:07
28	ADNANE AHJRI	1036502	CUSTA	1200	19:10
29	BRAHIM ELMGHAIMIMI	1082127	CSEA	1131	19:11
30	ANAS ALLABAA	1048130	USKH	1740	19:11
31	MARWANE BAAOUCHE	1036156	USKH	1736	19:11
32	REDOUCHE SANI	1069064	CLMA	1020	19:12
33	HAMMOUDA TOUAMA	1044462	AARA	67	19:14
33	TARIK RIDA	1036381	WASK	1766	19:14
35	ZOUHAIR KHYATI	1084997	FAR	1243	19:16
36	IMAD ELFATEHCHE	1001691	CAMAL	756	19:17
36	YOUSSEF ENNADI	1070848	APCA	390	19:17
38	MOUHCINE AFAKKIR	1080646	CAAMA	674	19:20
39	SAID MOUHANE	1068238	CASYOA	803	19:21
40	OMAR EL KHOUIJOU	1068725	APCA	389	19:22

41	NOUREDDINE ELHABBAZ	1078751	AAOMA	46	19:23
42	SOUFIANE MECHKOUR	1067455	CUSTA	1202	19:24
43	YOUSSEF RAMI	1048957	CSA	1108	19:24
44	MOHAMED HAMRAOUI	1077604	RBA	1578	19:26
45	HAMZA KANNIBOU	1061495	CRB	1095	19:27
46	ELMEHDI RACHDI	1063400	ARA	397	19:27
47	OMAR MEJJI	1081260	AAYA	159	19:33
48	HAMID OUTAZOULT	1081564	AHMB	299	19:35
49	BRAHIM RAZZOUK	1085064	AJMAM	332	19:37
50	NOREDDINE OULARBI	1071407	ACEKA	208	19:38
51	AYOUB NASSIRI	1067563	CCABA	872	19:38
52	ABDERRAZAK OUBOUYA	1053527	CAOA	777	19:39
53	MUSTAPHA ALIMAM	1071194	AOD	364	19:39
54	ABDELHAK ENNADI	1068721	APCA	386	19:40
55	ABDELAZIZ EL JAAFARI	1084223	RCAZ	1632	19:41
56	HAFID MAAMRI	1082790	CSIA	1146	19:43
57	HAMZA HAFIANI	1080923	ACEKA	209	19:45
58	YOUSSEF KHOUALI	1038450	CAK	739	19:48
59	MOHAMED SBIKA	1081719	CAHAC	731	19:49
60	YOUSSEF WARDI	1048531	RCAZ	1628	19:49
61	AYOUB ELBARGAOUY	1064897	AARA	70	19:49
62	ISSAME FADLAOUI	1078399	RCAZ	1631	19:49
63	ABDELLAH SALLAMI	1081016	FUS	1309	19:52
63	AYMANE ELKHOUMSI	1075133	FUS	1306	19:52
65	SAIFEDDINE EL AKHAL	1067938	OCS	1505	19:53
66	IBRAHIM BENCHRAIK	1077942	ASMAG	528	19:53
67	MOHAMMED CHAREF	1061531	CRB	1096	19:54
68	ABDERRAHIM EL MIR	1047639	CAAKT	657	19:55
69	HAMZA WARDI	1048530	RCAZ	1627	19:57
70	ZOUHAYR DIDI	1076460	HSMK	1374	19:57
71	FARID HAMATTA	1071295	AHA	274	19:57
72	HAMZA GOUZOUL	1069725	USKH	1738	19:58
73	YOUSSEF BEN FARES	1070034	CMRAT	1042	20:01
74	AYOUB ASSEBAN	1068564	APCA	388	20:02
75	MOURAD BAKBACHI	1054122	CIA	944	20:04
76	YOUSSEF KAAZOUZI	1068259	CAAKT	659	20:06
77	KHALID LJOUD	1085653	CAOA	776	20:06
78	BADR KOURRET	1079971	ACRAT	251	20:07
79	ANASS ELAYOUDI	1051394	ASIAL	506	20:07
80	ZOUHAIR IDHCAINE	1044669	AARA	72	20:08
81	MOHAMED BELAHCEN	1081851	CSA	1112	20:08
82	AYOUB RADOUANE	1046920	ASBJ	462	20:08
83	YASSINE GOURITA	1034083	OCS	1501	20:08
84	ACHRAF BEIOUD	1054109	OCY	1523	20:09
85	YOUNESS DAOUDI	1047616	USK	1722	20:10
85	YASSINE EL BAKKARI	1070980	FUS	1305	20:10
87	YOUSSEF NASSIRI	1064514	CAO	771	20:11

88	ABDELLAH JAKANI	1084533	AHA	277	20:11
88	AMINE ER-ROCHDI	1057184	OCK	1474	20:11
90	MOHAMMED ELFARNI	1040999	OCY	1522	20:12
91	HAMZA AIT MIMOUN	1054123	CIA	945	20:14
92	MEHDI MADIH	1082512	CCH	884	20:16
93	ZAHIRI SALAHEDDINE	1085805		1846	20:18
94	ISMAIL GARZIAD	1063008	CCTA	919	20:19
95	BILAL TAOUIL	1034881	ASBJ	461	20:19
96	ANAS AIT ABBAOMAR	1084532	AHA	276	20:19
97	NOREDDINE EL HAMD	1080649	CAAMA	676	20:20
98	ZAKARIA TAQMOUT	1050506	AHMB	295	20:21
99	OTHMANE BOUREGBA	1067829	CSA	1109	20:22
100	SOUFIANE KHARSAS	1078123	AJKA	323	20:23
101	M BARK ACHAOUI	1067932	CASM	791	20:24
102	ABDELMONAIM MOUSSAOUI	1075301	CRB	1097	20:25
103	YASSER IDRISSE	1072326	APCA	391	20:26
104	ABDENNAJI BIYAH	1084916	AJKA	326	20:26
105	AYMANE HASNAOUI	1067094	WSS	1822	20:27
106	REDA CHTOUKI	1077970	ACR	222	20:27
107	HAMMOU OUBHA	1083342	AAYA	160	20:28
108	AMINE TAHMOUNI	1074540	CLMA	1021	20:29
109	MOUHCINE LAARJ	1077571	CSIA	1144	20:29
110	REDOUAN GHANEMI	1082276	CAOA	775	20:29
111	ABDERRAZZAK DAKIR	1050559	ATAC	579	20:30
112	AYOUB ESSADEK	1069783	ASIAL	507	20:31
113	AYOUB BATTAR	1077480	CJSA	952	20:31
114	ABDELOUAHAB ESSELLAL	1050437	CSIA	1141	20:32
115	ISMAIL NAKIB	1068606	CBA	831	20:32
116	YOUNESS FARZOUZ	1050800	FAR	1245	20:33
117	MOHAMED DRISSI CABIH	1085382	ACR	225	20:33
118	YOUSSEF SEJNI	1084395	CWRF	1211	20:35
119	WALID OUZAHIM	1071298	ABDA	170	20:35
120	HICHAM BOUYSSANE	1048191	CIA	943	20:37
121	ELMEHDI BENABDENBI	1035530	ARA	394	20:39
122	NASR JABBAR	1080438	CAAMA	673	20:40
123	MOHAMED BOUTFAANE	1069822	AISO	307	20:40
124	YASSINE NAIYM	1084374	ABDA	173	20:42
125	ABDERRAHIM ENNASSIRI	1085609	ARA	399	20:44
126	MOHAMMED AIT BOUHOU	1079763	AWSA	600	20:45
127	ABDESSAMAD AIT RAHOU	1081525	CBAA	851	20:51
127	SALAHEDDINE ELHAKIMI	1051271	AARA	69	20:51
129	MOHAMMED KHALFAOUI	1073994	ASBJ	463	20:51
130	JAMAL OUAKKI	1042375	CIA	942	20:52
131	OUSSAMA GHAZOUAN	1055201	ATAC	580	20:54
132	AYYOUB TAMAR	1075965	ASBJ	464	20:57
133	MOHAMED HADDY	1058308	FUS	1304	20:57
134	ZAKARIA ELMOUNSY	1060144	CSKA	1152	20:58

135	FAWZI BELLAOUSS	1079867	RBA	1579	20:58
136	HAMZA OMARI	1075686	CAAKT	661	20:59
137	HICHAM MEKKAOUI	1056682	CIA	946	21:01
138	ABDERRAZAK BELAHSANE	1075383	CRB	1098	21:02
139	YOUSSEF AGHARMINE	1084925	CAAMA	677	21:03
140	HAMZA BOUKIRI	1065661	AJMAM	328	21:04
141	AKRAM OBBA	1030107	ACR	226	21:04
142	MOHAMMED AOURAGH	1084953	AAS	99	21:04
143	HAMZA ELMOUKA	1076364	OCY	1527	21:05
144	TALAL AKOUTEI	1076858	HBA	1357	21:06
145	MAROUANE AMJAHD	1062703	AATS	136	21:06
146	BADR HMIMER	1080848	BAA	619	21:06
147	HAMZA LAHJAMI	1054110	OCY	1524	21:08
148	MOUAD AIT HASSI	1064900	AARA	71	21:08
149	MOHAMMED MKAILIBA	1062934	FAR	1244	21:11
150	ABDELJABBAR KANINE	1085138	ASCRM	484	21:14
151	REDA LKHOUTRI	1075308	CBA	833	21:16
152	YAHYA NOUINI	1078533	WSAC	1802	21:16
153	ABDELLAH OUCHKIR	1085701	ACEKA	210	21:19
154	NOUFAL ES.SEBYRY	1075500	OCK	1475	21:20
155	SALAH AOURIR	1056647	CCABA	871	21:21
156	ACHRAF BENTHAMI	1059309	OCY	1526	21:21
157	BRAHIM MAROUF	1076653	CAAKT	660	21:25
158	AMINE BARTITA	1059426	AAAC	27	21:29
159	HAMMOU ACHAARI	1074015	CSIA	1143	21:29
160	SAID IMASS	1077451	AHMB	298	21:31
161	ABDESSAMAD HABBADI	1066893	AHA	275	21:33
162	YOUNES AIT MANSOUR	1070971	AATS	138	21:34
163	SALAHDINE DAHA	1076783	ACRAT	250	21:34
164	MOHAMED SADRAOUI	1066081	HSMK	1370	21:35
165	NOURELIL JABROU	1075806	WSAC	1800	21:38
166	MOHAMED CHOUTARI	1048919	AARA	68	21:41
167	MOHAMED OUMAATTI	1070483	CBA	832	21:42
168	NABIL OUKHOR	1058891	BAC	638	21:42
169	ABDELLAH L MESKIN	1085478	BAC	639	21:46
170	YOUSSEF AMJAHDI	1062749	AATS	134	21:47
171	YOUSSEF DRIOUECH	1043117	USK	1721	21:47
172	MOHAMMED TIZINI	1062994	CCTA	918	21:48
173	RIAD ASAAD	1064865	HSMK	1373	21:48
174	MOUSSA AIT KHAM	1085783	CNOA	1051	21:52
175	HAYTAM AATITA	1067589	KACM	1423	21:53
176	ABDERRAHIM MESKOUR	1036569	CAMAL	757	21:54
177	NASSER EDDINE BADINE	1063204	ACSAL	264	21:55
178	YOUSSEF BOUBERRIA	1084206	CUSTA	1204	21:59
179	ABDELLAH AJYAR	1062750	AATS	137	22:02
180	OTHMANE ANADDAME	1084274	KACM	1425	22:06
181	AMINE ERRANANI	1061751	CUSAH	1183	22:08

182	MOHAMED BIJJOU	1048970	HAN	1335	22:10
183	MOHAMMED NAJEM	1075017	AJMAM	331	22:12
184	MOHAMMED AMINE DAGDAGUI	1055801	OCS	1504	22:14
185	MOUAD ESSAKET	1068007	WASK	1763	22:16
186	MUSTAPHA BOUSSIFI	1078144	CBAA	849	22:19
187	SOUFIANE YOUSFI	1050127	CRB	1094	22:19
188	MOHAMED AJDI	1047114	CAMAL	759	22:21
189	OUSSAMA ES-SBAA	1084077	OCK	1476	22:22
190	YASSINE KACH	1084824	ABDA	174	22:22
191	ZAKARIA CHAIB	1026225	AASS	119	22:23
192	MOHAMED NAJMAOUI	1057877	USKH	1737	22:24
193	ATMANE LAHRIMI	1055015	ACEKA	206	22:25
194	MOHSINE IKOU	1080773	CIA	947	22:27
195	IDAR CHAIB	1057822	AISO	306	22:28
196	ABDENNOUR TAMTAM	1073114	CSIA	1142	22:32
197	IMAD HAIDAR	1082626	ACR	224	22:34
198	YOUSSEF ELOUSNANI	1084220	ACAMA	192	22:38
199	SAID ROKNI	1065498	OCK	1473	22:45
200	AYOUB AIT AOMAR	1053835	AWSA	596	22:46
201	HAMZA ID LCOUSSE	1056356	CASM	790	22:49
202	BADR EL AYACHI	1061711	AHMB	297	22:50
203	ZAKARIA AIT TALB	1085790	CNOA	1054	22:51
204	SAAD ATTAIKI	1085140	ASCRM	485	22:53
205	ABDESSAMAD HARMACH	1084317	KACM	1427	22:56
206	MOHAMMED IKKEN	1085706	CAOA	778	22:59
207	MOHAMED OURYA	1055007	ACEKA	205	23:00
208	MOHAMED AISSA OUHADDOU	1085789	CNOA	1053	23:03
209	AHMED EL MOUQA	1082651	CAHAC	732	23:09
210	ELMEHDI ELHACHIMI	1085586	AAOMA	48	23:18
211	YASSINE HNAICH	1078069	HBA	1358	23:19
212	ANASS YATIM	1050151	CCABA	870	23:24
213	OMAR YATIMENABI	1081000	AJKA	324	23:41
214	YOUSSEF AAMAMANE	1062752	AATS	135	23:42
215	AHMED EZZINE	1058515	CCJA	898	23:43
216	HOUSAM NADIR	1084596	AJKA	325	23:46
217	WASSIME TOLBIX	1076165	AJRA	341	23:56
218	ELMEHDI MALLAH	1084360	ASIAL	510	24:02:00
219	MOUAD ALOULJI	1082999	IMRA	1395	24:03:00
220	HICHAM BOULMAN	1012066	AJRA	336	24:03:00
221	ILYASS ELOUALI	1062289	ABDA	169	24:10:00
222	SOUFIANE ADIDE	1078722	WSAC	1803	24:10:00
223	HASSAN KALAI	1050898	CASYOA	801	24:12:00
224	YOUSSEF HANDA	1082793	ISIA	1410	24:16:00
225	ABDERRAHMANE KHACHANE	1080474	BAA	617	24:18:00
226	BILAL FOUZI	1053274	AAOMA	45	24:36:00
227	HAMZA ETTAMILI	1053463	HSMK	1372	24:38:00
228	OUSSAMA AIT OUMEZOIR	1073877	AJMAM	330	24:39:00

229	OTHMANE NCILA	1085788	CNOA	1052	25:33:00
230	YOUSSEF BABAOU	1036877	CASYOA	800	25:41:00
231	JOBRAANE YLLANE	1084439	AAOMA	47	25:44:00

Cadetes 6000m

Clss	Nom & Prenom	Club	Pts
1		APCA	157
	MOUAD NADI		27
	YOUSSEF ENNADI		36
	OMAR EL KHOUJOU		40
	ABDELHAK ENNADI		54
	AYOUB ASSEBAN		74
	YASSER IDRISSE		103
2		USKH	159
	MOURAD LAHBABI		26
	ANAS ALLABAA		30
	MARWANE BAAOUI		31
	HAMZA GOUZOUL		72
	MOHAMED NAJMAOUI		192
3		FUS	229
	YAHYA MAZOUZ		18
	ABDELLAH SALLAMI		63
	AYMANE ELKHOUMSI		63
	YASSINE EL BAKKARI		85
	MOHAMED HADDY		133
4		CSA	231
	YOUSSEF BOUAZZAOU		8
	YOUSSEF RAMI		43
	MOHAMED BELAHCEN		81
	OTHMANE BOUREGBA		99
5		RCAZ	246
	ABDELAZIZ EL JAAFARI		55
	YOUSSEF WARDI		60
	ISSAME FADLAOUI		62
	HAMZA WARDI		69
6		AARA	301
	HAMMOUDA TOUAMA		33
	AYOUB ELBARGAOUY		61
	ZOUHAIR IDHCAINE		80
	SALAHEDDINE ELHAKIMI		127
	MOUAD AIT HASSI		148
	MOHAMED CHOUTARI		166
7		CAAKT	305
	MEHDI BADRI		25

	ABDERRAHIM EL MIR		68
	YOUSSEF KAAZOUZI		76
	HAMZA OMARI		136
	BRAHIM MAROUF		157
8		FAR	315
	OTHMANE EL GHARISSI		15
	ZOUHAIR KHYATI		35
	YOUNESS FARZOUZ		116
	MOHAMMED MKAILIBA		149
9		AHMB	315
	HAMZA SEKHMANI		9
	HAMID OUTAZOULT		48
	ZAKARIA TAQMOUT		98
	SAID IMASS		160
	BADR EL AYACHI		202
10		CRB	352
	HAMZA KANNIBOU		45
	MOHAMMED CHAREF		67
	ABDELMONAIM MOUSSAOUI		102
	ABDERRAZAK BELAHSANE		138
	SOUFIANE YOUSFI		187
11		CAAMA	396
	MOUHCINE AFAKKIR		38
	NOREDDINE EL HAMD		97
	NASR JABBAR		122
	YOUSSEF AGHARMINE		139
12		CAMAL	410
	MOSTAFA BOUHOUCHE		10
	IMAD ELFATEHY		36
	ABDERRAHIM MESKOUR		176
	MOHAMED AJDI		188
13		CIA	416
	MOURAD BAKBACHI		75
	HAMZA AIT MIMOUN		91
	HICHAM BOUYSSANE		120
	JAMAL OUAKKI		130
	HICHAM MEKKAOUI		137
	MOHSINE IKOU		194
14		AHA	416
	FARID HAMATTA		71
	ABDELLAH JAKANI		88
	ANAS AIT ABBAOMAR		96
	ABDESSAMAD HABBADI		161
15		ASBJ	438
	AYOUB RADOUANE		82
	BILAL TAOUIL		95
	MOHAMMED KHALFAOUI		129

	AYYOUB TAMAR		132
16		CSIA	438
	HAFID MAAMRI		56
	MOUHCINE LAARJ		109
	ABDELOUAHAB ESSELLAL		114
	HAMMOU ACHAARI		159
	ABDENNOUR TAMTAM		196
17		CAOA	445
	ABDERRAZAK OUBOUYA		52
	KHALID LJOUD		77
	REDOUAN GHANEMI		110
	MOHAMMED IKKEN		206
18		ACEKA	453
	NOREDDINE OULARBI		50
	HAMZA HAFIANI		57
	ABDELLAH OUCHKIR		153
	ATMANE LAHRIMI		193
	MOHAMED OURYA		207
19		CBA	457
	MOHAMED OUAZIZ		24
	ISMAIL NAKIB		115
	REDA LKHOUTRI		151
	MOHAMED OUMAATTI		167
20		OCY	464
	ACHRAF BEIOUD		84
	MOHAMMED ELFARNI		90
	HAMZA ELMOUKA		143
	HAMZA LAHJAMI		147
	ACHRAF BENTHAMI		156
21		WSAC	553
	SAID EZZOHRY		14
	YAHYA NOUINI		152
	NOURELIL JABROU		165
	SOUFIANE ADIDE		222
22		ACR	561
	REDA CHTOUKI		106
	MOHAMED DRISSI CABIH		117
	AKRAM OBBA		141
	IMAD HAIDAR		197
23		AJMAM	600
	BRAHIM RAZZOUK		49
	HAMZA BOUKIRI		140
	MOHAMMED NAJEM		183
	OUSSAMA AIT OUMEZOIR		228
24		OCK	630
	AMINE ER-ROCHDI		88
	NOUFAL ES.SEBYRY		154

	OUSSAMA ES-SBAA		189
	SAID ROKNI		199
25		AJKA	633
	SOUFIANE KHARSAS		100
	ABDENNAJI BIYAH		104
	OMAR YATIMENABI		213
	HOUSAM NADIR		216
26		HSMK	634
	ZOUHAYR DIDI		70
	MOHAMED SADRAOUI		164
	RIAD ASAAD		173
	HAMZA ETTAMILI		227
27		ABDA	654
	WALID OUZAHIM		119
	YASSINE NAIYM		124
	YASSINE KACH		190
	ILYASS ELOUALI		221
28		AATS	656
	MAROUANE AMJAHD		145
	YOUNES AIT MANSOUR		162
	YOUSSEF AMJAHDI		170
	ABDELLAH AJYAR		179
	YOUSSEF AAMAMANE		214
29		AAOMA	708
	NOUREDDINE ELHABBAZ		41
	ELMEHDI ELHACHIMI		210
	BILAL FOUZI		226
	JOBRANE YLLANE		231
30		CNOA	814
	MOUSSA AIT KHAM		174
	ZAKARIA AIT TALB		203
	MOHAMED AISSA OUHADDOU		208
	OTHMANE NCILA		229

Cadettes

4000m

CIS	Nom & Prenom	N.Lic	Club	Doss	Result
1	Wafa MOURCHID	1067030	CNSH	1056	14:27
2	AMINA ELIDRISSI	1047087	ASIAL	502	14:29
3	SOUKAINA JEBBAH	1049000	CBA	827	14:33
4	YASMINE BIDEKAN	1049856	FAR	1239	14:35
5	CHIMA GUEZZANE	1057316	CSEA	1128	14:39
6	CHAYMAE ARROUF	1049156	CWRF	1210	14:48
7	KHADIJA RAKKOU	1080434	CAAMA	670	14:53

8	MAHJOUBA ELHAMIDI	1071165	AAYA	151	14:57
9	LAMYAE HIMI	1077455	AHMB	294	15:00
10	AZIZA ELMOUSAOUY	1071172	AAYA	152	15:01
11	ZINEB MAHFOUD	1055906	FCC	1282	15:02
12	HOURLIA BOUSSKSSOU	1050915	ASIAL	504	15:03
13	FATIMAEZZAHRAE MAAJI	1075881	CLAK	995	15:03
14	HOUDA ELKIRAMI	1055652	CSTA	1156	15:04
15	SAMIA ZELLOUF	1059545	ASA	428	15:05
16	HIND CHIBANE	1039053	ALMA	349	15:07
17	WIDAD NOUSSAIL	1067988	ASOAK	533	15:10
18	CHAIMAE SMAILI	1041403	CLAK	991	15:10
19	YOUSSRA HENNOU	1057961	ACEKA	200	15:12
20	CHAYMAE AKABLI	1040137	ALMA	352	15:14
21	NISRINE EL HASSAKI	1073375	ASOAK	535	15:14
22	SALMA ZELLOUF	1059547	ASA	429	15:15
23	MERYEM BOUFOUS	1080631	IMRA	1391	15:16
24	HAJAR ELJAAFARI	1042729	RBA	1572	15:21
25	LAILA BELHADINE	1061366	CRB	1090	15:21
26	HOUDA FATEH	1081623	FCC	1284	15:21
27	HASNAA TASKART	1071329	ISIA	1406	15:24
28	WIJDANE HALBI	1081958	AAAC	26	15:24
29	OUMAIMA KMARI	1035914	OCS	1496	15:25
30	NOURA MALLOUKI	1084903	CAAMA	671	15:26
31	SOUKAYNA SBAI	1080645	CAAMA	672	15:29
32	ZAINAB HACHLAF	1039809	AHMB	290	15:30
33	SAMIA MOUSSADEK	1051162	RBA	1570	15:31
34	ZOUHRA ACHCHAOUI	1052449	CSKA	1150	15:31
35	OUIAM ZOUARI	1075819	FCC	1283	15:36
36	HASNA LAMRAGUI	1060265	AOD	360	15:36
37	CHAIMAE ZARHOUNI	1051256	ACR	217	15:37
38	KHAOULA LEKMAIHI	1057960	ACEKA	199	15:37
39	LOUBNA BOUGHAFRI	1065393	HAN	1332	15:38
40	HASNAE MAADOUR	1036448	CUSTA	1199	15:41
41	IBTISSAM GHAZLI	1048491	BAC	635	15:45
42	FATIMA ALAAMRI	1074291	ACR	220	15:48
43	MANAL CHOUBI	1065412	OCK	1470	15:48
44	FATIHA TAKHABAZT	1071259	AAYA	154	15:49
45	LOUBNA MAHBOUB	1046365	CLAK	992	15:50
46	MARYEM ELKHARBOUCHI	1035559	OCK	1468	15:52
47	ITTO BOUTAHAR	1033493	ALMA	347	15:54
48	WARDIA ELYAHYAOUI	1071189	AAYA	153	15:54
49	OUMAYMA SAAIDI	1066962	CBA	829	15:55
50	WIJDANE CHOURAICHI	1065917	BAC	637	15:56
51	FATIMA ZOHRA AIT HMIDA	1085204	ACRAT	248	15:57
52	HIBA LAAZAIBI	1060319	CAA	648	16:01
53	OUMAIMA HOUZI	1085652	OCY	1520	16:02
54	CHAYMAE CHERRABI	1036412	FCC	1281	16:02

55	FADOUA ROHDINE	1059258	USABA	1681	16:05
56	LOUBNA BADRI	1071894	HAN	1333	16:06
57	HOURIA ELAZZOUI	1068015	WASK	1761	16:08
58	KHAOULA ESSEHAYNY	1057970	CLAK	994	16:09
59	NOUHAILA CHAHIRI	1075853	RCA	1616	16:11
60	LAILA EL MOUTAOUAKIL	1071861	CSEA	1130	16:12
61	MINA RAIHAN	1076074	ASMAG	527	16:15
62	NASSIMA IZGUER	1030227	CEAM	929	16:16
63	OUMAIMA ALLOUCH	1076478	AOD	359	16:17
64	MERYAM HOSAYNY	1071008	CBA	830	16:19
65	NADIA ELAADRAOUI	1043019	ACAMA	185	16:21
66	IKRAME RAOUI	1045897	OCBG	1446	16:23
67	SOUAD OUADOUD	1058076	CBA	828	16:23
68	IMANE NAMOUS	1079566	CSIA	1140	16:25
69	RAJAA ELMOUTACHARRAF	1054582	CUSAH	1181	16:26
70	CHAIMA EL HARRAS	1036329	ASBJ	458	16:27
71	BADIAA AIT ICHOU	1081729	AAYA	156	16:27
72	LAYLA EL HADAOUI	1080812	IMRA	1393	16:29
73	FATIN BALAOUI	1058254	ACSAL	262	16:31
74	FATIMA EZZAKI	1045650	CBA	826	16:31
75	LAMYAE ZEHHAF	1047866	OCBG	1448	16:32
76	MANAL BARTALI	1084112	AASS	117	16:32
77	HANANE HILAL	1056115	AOD	362	16:33
78	HASNAA BENZAZZA	1064064	CCH	881	16:33
79	FATIMA EZZAHRA LAHRAICHI	1069547	CCH	882	16:33
80	KARIMA OUCHANNI	1052148	AHMB	291	16:35
81	IMANE KERROUM	1072998	AHMB	293	16:37
82	CHAIMAA AFKHAR	1058783	RBA	1573	16:37
83	SALOUA CHEHLAOUI	1083614	ASCRM	477	16:39
84	SOUKAYNA AIT-SMAIL	1056583	CLAK	993	16:39
85	OUMAYMA AGOUZAL	1066864	AHA	270	16:39
86	SAMIA ELAKIFI	1084272	KACM	1421	16:40
87	DOHA KAAL	1068279	AMFA	357	16:41
88	SOUMIA ZEKHNINI	1055503	HAN	1331	16:43
89	KHADIJA LEBIED	1003443	ATAC	577	16:44
90	IKRAM ESSAFRI	1064062	CCH	880	16:46
91	AMAL LAAGUIDI	1053018	ALMA	350	16:46
92	MARYAME RAMI	1067931	CASM	789	16:47
93	FADOUA JOURDINI	1074542	CLMA	1015	16:49
94	OMAYMA KARKOUB	1046916	ASBJ	459	16:53
95	WUISSAL MAHANE	1047346	CSEA	1129	16:56
96	MARIAM BOUMAKHZOUN	1067369	AOD	358	16:56
97	IBTISSAM MESTARI	1071047	RBA	1574	16:56
98	IKRAM TABAL	1053468	HSMK	1369	16:57
99	FATIMA ENNACIRI	1039051	ALMA	348	16:58
100	NASSIMA HABACHI	1062926	CAA	649	17:00
101	KHADIJA RIDA	1085186	ASCRM	479	17:01

102	SOUKAINA EL MOUAK	1080706	ASOAK	534	17:06
103	AMINA BOULKAB	1053224	HAN	1330	17:08
104	WISAL JIDAA	1059177	IMRA	1394	17:09
105	SOUKAINA MGHARI	1058000	CJSA	949	17:11
106	MERYAM LAMHARRAS	1037942	OCS	1497	17:11
107	OUMAIMA MOUGHARAS	1066522	CLMA	1013	17:14
108	HASNAE ZARROUKY	1076164	ALMA	351	17:24
109	RAJAE BENMOUHA	1059162	ASA	427	17:27
110	KHAOULA ERRACHKI	1072078	CLMA	1014	17:29
111	AHLAM JARDINI	1050685	OM	1537	17:29
112	HANAE AANOUCZ	1074908	AAYA	155	17:31
113	MARIAM ELHAMRA	1074558	ACAMA	186	17:32
114	FATIMA ZAHRAE ESSEGHYRY	1034644	FCC	1280	17:35
115	NADIA MALLOUK	1085796	OCY	1521	17:40
116	FATIHA ZANOUNY	1069556	ACR	221	17:43
117	HASSANIA ENNABBACH	1077671	ACEKA	202	17:47
118	MOUNYA DRIOUICHE	1075366	CRB	1093	17:50
119	ZINEB MANTICH	1041058	HAN	1329	17:53
120	KHADIJA BACHAR	1071402	ACEKA	201	17:55
121	LAILA MOUFIQ	1037217	OCY	1517	17:59
122	HASNAA KOUTRI	1084136	OCS	1500	18:05
123	ZOULIKHA ELBARRAK	1026873	CRB	1091	18:07
124	ZINEB CHAKCHAK ANDALOUSSI	1085704	IMRA	1392	18:10
125	ZINEB DERHOURHI	1040995	OCY	1518	18:12
126	ASMAE DRIOUCHE	1053472	ASBJ	460	18:12
127	MARYEM EL BOUHMI	1084055	ASOAK	536	18:16
128	AMINA LAFGUIRICH	1083608	AARA	66	18:16
129	ASMAE CHARAF	1049067	AAS	94	18:17
130	IKRAM BOUGANDOURA	1067516	AHA	271	18:22
131	HASNAE ENNABBACH	1077684	ACEKA	203	18:27
132	HANANE BOUIGHIL	1080401	ACRAT	247	18:29
133	SAMAH ETTIHADI	1060463	CJSA	950	18:32
134	KHAOULA ZITOUNE	1076284	CJSYB	967	18:33
135	CHAYMAE TAHRI	1075365	CRB	1092	18:33
136	KHADIJA ESSALHI	1067217	ACR	219	18:34
137	HAFSA BOUBRID	1077130	HAN	1334	18:40
138	NAIMA OUSSI	1038197	OM	1535	18:41
139	HOUDA EN NOURI	1040932	ASAAB	434	18:43
140	AMAL TOUATI	1055973	CCTA	917	18:47
141	NISRINE QANDAR	1062019	OCK	1471	18:57
142	SAMIRA OULAOURF	1085190	ASCRM	482	18:59
143	KHADIJA CHAHBIA	1072892	AUBG	585	19:11
144	SAFAA ELANSARI	1078046	AAAC	24	19:24
145	SARA ABEIDY	1076679	ACSAL	263	19:58
146	MAJDOULINE CHIBY	1048648	ASJBG	514	20:03
147	FATIM EZZAHRA ABDESSAMI	1055490	WAC	1750	20:14
148	HIBA AGOUZAL	1043928	AARA	63	20:55

149	MARYAM KHARMAZ	1042838	CAMAL	755	21:10
150	MARYAM HADDOUCH	1085188	ASCRM	480	21:40
151	SAMIRA ELCHARIFI	1060811	HBA	1353	21:51
152	CHAIMA FARAH	1085551	ISIA	1407	21:51
153	BOUCHRA EZZAHRI	1061147	HBA	1354	22:03
154	HALIMA EL FDILI	1082104	ACAMA	187	22:05
155	CHAKIRA SAROUT	1084483	OCY	1519	22:07
156	KARIMA LYAS	1085143	ASCRM	478	22:13
157	HAJAR SAOUDI	1085684	AAS	96	22:21
158	ZINEB ELBAKKAR	1085686	AAS	97	22:21
159	HASSNA DAHMANI	1074658	ACAMA	188	22:35

Cadettes

Class	Nom & Prenom	Club	Pts
1		AAYA	110
	MAHJOUBA ELHAMIDI		8
	AZIZA ELMOUSAOUY		10
	FATIHA TAKHABAZT		44
	WARDIA ELYAHYAOUY		48
2		FCC	126
	ZINEB MAHFOUD		11
	HOUDA FATEH		26
	OUIAM ZOUARI		35
	CHAYMAE CHERRABI		54
3		CLAK	134
	FATIMAEZZAHRAE MAAJI		13
	CHAIMAE SMAILI		18
	LOUBNA MAHBOUB		45
	KHAOULA ESSEHAYNY		58
4		ALMA	174
	HIND CHIBANE		16
	CHAYMAE AKABLI		20
	ITTO BOUTAHAR		47
	AMAL LAAGUIDI		91
5		CBA	183
	SOUKAINA JEBBAH		3
	OUMAYMA SAAIDI		49
	MERYAM HOSAYNY		64
	SOUAD OUADOUD		67
6		AHMB	202
	LAMYAE HIMI		9
	ZAINAB HACHLAF		32
	KARIMA OUCHANNI		80
	IMANE KERROUM		81

7		RBA	236
	HAJAR ELJAAFARI		24
	SAMIA MOUSSADEK		33
	CHAIMAA AFKHAR		82
	IBTISSAM MESTARI		97
8		ASOAK	267
	WIDAD NOUSSAIL		17
	NISRINE EL HASSAKI		21
	SOUKAINA EL MOUAK		102
	MARYEM EL BOUHMI		127
9		AOD	272
	HASNA LAMRAGUI		36
	OUMAIMA ALLOUCH		63
	HANANE HILAL		77
	MARIAM BOUMAKHZOUN		96
10		HAN	286
	LOUBNA BOUGHAFRI		39
	LOUBNA BADRI		56
	SOUMIA ZEKHNINI		88
	AMINA BOULKAB		103
11		ACEKA	294
	YOUSRA HENNOU		19
	KHAOULA LEKMAIHI		38
	HASSANIA ENNABBACH		117
	KHADIJA BACHAR		120
12		IMRA	323
	MERYEM BOUFOUS		23
	LAYLA EL HADAoui		72
	WISAL JIDAA		104
	ZINEB CHAKCHAK ANDALOUSSI		124
13		ACR	331
	CHAIMAE ZARHOUNI		37
	FATIMA ALAAMRI		42
	FATIHA ZANOUNY		116
	KHADIJA ESSALHI		136
14		CRB	401
	LAILA BELHADINE		25
	MOUNYA DRIOUICHE		118
	ZOULIKHA ELBARRAK		123
	CHAYMAE TAHRI		135
15		OCY	414
	OUMAIMA HOUZI		53
	NADIA MALLOUK		115
	LAILA MOUFIQ		121
	ZINEB DERHOURHI		125
16		ASCRM	476
	SALOUA CHEHLOUI		83

	KHADIJA RIDA	101
	SAMIRA OULAOURF	142
	MARYAM HADDOUCH	150
17	ACAMA	491
	NADIA ELAADRAOUI	65
	MARIAM ELHAMRA	113
	HALIMA EL FDILI	154
	HASSNA DAHMANI	159

Seniors Hommes 3000m

CIS	Nom & Prenom	N.Lic	Club	Doss	Result
1	SADIK MIKHOU	1010453	CLMA	1035	07:55
2	BRAHIM KAAZOUZI	1011022	CAAKT	667	08:03
3	YOUNESS ESSALHI	1036107	ACR	244	08:05
4	JAMAL HITRANE	1011060	FAR	1279	08:11
5	OUSSAMA NABIL	1011274	CLMA	1036	08:14
5	HICHAM OULADHA	1010381	FAR	1275	08:14
7	BRAHIM AKACHAB	1019225	OCBG	1467	08:14
8	FAISSEL NAJJARI	1009536	FAR	1276	08:20
9	HICHAM ELKHAYARI	1014958	FUS	1325	08:24
10	ELOUALI MOUNIR	1060154	ACRAT	1838	08:25
11	AYOUB BAGHALEM	1009700	ACR	242	08:25
12	SAID AMEQRANE	1036557	CUSTA	1209	08:26
13	OUALID OUTOLBA	1063278	ABDA	182	08:27
14	OTMANE LAAROUSSI	1010601	ACR	243	08:29
15	ABDELKADER ALGHAM	1033683	CSTA	1161	08:31
16	MOHAMMED MAINY	1043747	ACR	245	08:32
17	HAMZA ELHAOUCH	1027318	CMRAT	1050	08:34
18	YAHYA KADIRI	1018310	CRAO	1085	08:36
19	ABDELALI AICHI	1056711	CTAO	1178	08:37
20	AZIZ BOUNIT	1065975	CUSAH	1198	08:37
21	YASSINE BOUHALI	1024311	FAR	1274	08:39
22	ABDELLATIF AARABE	1011268	KACM	1440	08:39
23	ELHASSAN OUGAHI	1061902	CODM	1076	08:40
24	HAMZA ACHALH	1041894	CLMA	1037	08:40
25	SALH ECHCHIBANI	1011483	CCH	892	08:42
26	ZAKARIA AGOUMI	1052560	CAT	823	08:42
27	YOUSSEF BELAMALLAM	1032825	FUS	1326	08:42
28	ABDELILAH ELMAIMOUNI	1030335	ABDA	184	08:44
29	HABIB ZEHRAOUI	1013853	CAAKT	669	08:47
30	WAYIL ABDELGHAFOUR EL BOUMACI	1010091	KACM	1444	08:47
30	FAHD HALFI	1047560	FUS	1327	08:47

32	AZIZ KHSSIM	1020050 ARA	421	08:48
33	SAMIR BOUMLIK	1044666 ACR	246	08:48
34	MOHAMMED EL MERSY	1077228 OCBG	1462	08:50
35	OMAR JBARI	1042635 CBAA	867	08:51
36	CHARAF LABRAIKI	1066577 OCS	1515	08:51
37	ISSAM MESSAOUDI	1051607 CRAO	1086	08:53
38	ABDELILAH CHAHBOUNE	1042197 CODM	1075	08:53
39	AMINE EL HAMMADI	1080262 CRAO	1088	08:55
40	HAMID ELJANATI	1039807 CWRF	1226	08:56
41	MOUHCINE EL BAZ	1008714 CWRF	1225	08:57
42	MOUHSSINE ELHAMDAOUI	1077679 ACEKA	216	08:57
43	YASSINE BOUHALI	1042285 ARA	424	08:57
44	HAMZA TAKASSA	1045142 AATS	150	08:58
45	MOHAMMED BARAHMI	1039297 CRAO	1089	08:58
46	SAFIR ELBISOUNI	1069901 WSAC	1816	08:59
47	HASSAN BEN BELLA	1072342 AATS	147	08:59
48	YOUSSEF AIACH	1043689 CSIA	1149	08:59
49	RACHID TAQI	1031135 ASJBG	526	09:00
50	YOUNESS BOUIDI	1023622 OCS	1511	09:00
50	ABDESSAMAD EL YAAGOUBI	1059067 CWRF	1227	09:00
52	MOHAMED BENCHELAH	1070982 FUS	1328	09:00
53	NASR-EDDINE CHLAIHI	1074758 OCBG	1463	09:01
54	MOHAMMED BENSENNA	1054575 CSTA	1162	09:01
55	ABDELFATTAH BEKLMAROUF	1033327 KACM	1441	09:01
56	MOULAY ISMAIL HMIDCHAT	1009544 AARA	88	09:01
57	HAMZA BELKHALFI	1010798 KACM	1439	09:03
58	YOUSSEF OUSLIB	1012246 CLMA	1038	09:03
59	ELHOUSSAIN FAIZ	1069431 AATS	149	09:04
59	RACHID LACHYAKH	1020990 CTAO	1176	09:04
61	YOUSSEF KHARBOUCH	1029666 OCBG	1465	09:05
62	ALI EL MOUHAMMADI	1052024 CAAKT	666	09:05
63	MUSTAPHA ZALIM	1021912 ASE	501	09:06
64	YOUNESS SAMLALI	1009131 CAT	824	09:07
65	KHALID TOUHAMI	1012605 FUS	1324	09:07
66	BADR HASSANI	1023201 AHMB	302	09:09
67	ISMAIL EL KHARCHI	1011579 ASJBG	524	09:09
68	RACHID AIT EL Houssein	1062432 AUBG	592	09:09
69	OUSSAMA EL HAJJAJI	1016427 MCO	1445	09:10
70	MOHAMED LAHRIMI	1061553 ACEKA	214	09:11
71	AMINE ATIK	1054763 AHA	287	09:12
72	ABDELJALIL ERRAMI	1061186 ABDA	180	09:12
73	BADREDDINE EZINE	1039997 CUSAH	1196	09:13
74	ABDESSAMAD BOUAGGAD	1055569 AOD	385	09:15
75	ABDELGHAFOR DADDA	1080160 ARA	425	09:15
76	MOHAMMED BANNANY	1031857 OCBG	1466	09:16
77	RADOUANE IHYA	1085235 CIA	948	09:16
78	ELMUSTAPHA LAMMIS	1043657 OCS	1513	09:17

79	HICHAM KHSSIM	1038839 ARA	423	09:17
80	MOHAMMED BENYAKAD	1035517 CRAO	1087	09:18
81	ABDESSADEK BEN CHEIKH	1074376 AHA	288	09:18
82	ELMAHDI AGHLANE	1084228 CJSYB	985	09:19
83	MOHAMED LAAOUITRI	1012633 IMRA	1404	09:19
84	MOHSSINE OUBIDDA	1031359 CAAKT	668	09:20
85	AZZEDINE ELYOUSFI	1019136 HSMK	1389	09:20
86	DRISS ELYOUSFI	1085707 CAO A	787	09:20
87	MOUHSSINE OUSLIMANE	1013261 CODM	1074	09:22
88	AZEDDINE ZOUINE	1075737 ASAAB	455	09:24
88	YOUSSEF ELMOUJOU D	1019859 ASAAB	452	09:24
90	MOHAMMAD EL BAZ	1042966 AOD	384	09:24
91	ZAKARIA AJARAAM	1057726 CCH	893	09:24
92	HASSAN EL MENNANI	1076904 ASE	500	09:25
93	RACHID EL GUESSAB	1072258 ASAAB	454	09:26
94	AYOUB AQAJJIF	1030645 CLAK	1010	09:31
95	ZAKARIA ADNANE	1085743 ACRAT	261	09:32
96	SAID KARIM	1034603 ASAAB	453	09:32
97	RACHID AMROUG	1008700 OCBG	1464	09:32
98	HOUSSAM ARRAS	1022456 CLMA	1040	09:32
99	TARIK KHARMOUCH	1080161 ARA	426	09:35
100	MOHAMED BAADI	1073624 ABDA	183	09:37
101	ILYASSE CHGAOUI	1085741 ACRAT	260	09:38
102	ABDELHAQ MARY	1062944 ASJBG	525	09:40
103	YOUSSEF FAID	1076456 HSMK	1388	09:41
104	ABDELJALIL ELIMANY	1015319 ACR	241	09:41
105	BRAHIM LAKHMASSI	1077004 ASAAB	456	09:42
106	HAMADI MESKINI	1038668 IMRA	1405	09:43
107	LAARBI KHIATI	1084683 AAAC	32	09:44
108	MOUAAD EL HAKMAOUI	1056794 CAC	724	09:44
109	NABIL RAHHALI OMARI	1012084 CWRF	1229	09:49
110	KHALID NAJEH	1084672 ASAAB	457	09:50
111	YOUSSEF AIT AKKI	1084229 CJSYB	990	09:51
112	HICHAM AITHADI	1084905 CAAMA	683	09:51
113	FOUAD SLIMANI	1084904 CAAMA	682	09:51
114	HICHAM ELHAMID	1081526 CBAA	868	09:53
115	YASSINE BADRI	1084601 HSMK	1387	09:53
116	WADIE ETTAYEB	1074779 CUSAH	1197	09:54
117	HAMZA AKKIOUI	1084922 CAAMA	685	09:59
118	HICHAM ELHOU	1000503 SCCA	1679	10:08
119	EL MEHDI MAKHZOUM	1073436 AUBG	594	10:09
120	MOHSINE HAMD AOUI	1084907 CAAMA	684	10:12
121	REDA IDDOUCHAYT	1084286 KACM	1442	10:14
122	WALID AIT AGH NIA	1011073 CAT	822	10:22
123	MOURAD AZIZ	1084684 AAAC	33	10:24
124	YOUSSEF SLIMANI	1035958 CJSYB	987	10:31
125	CHAKIB CHEIKHI	1071219 OM	1565	10:34

126	YOUSSEF TOUISS	1074213 CAC	723	10:44
127	ABDELLAH ELHASSOUNY	1084230 CJSYB	989	10:47
128	YOUSSEF SGHIR	1080949 ACAMA	197	10:50
129	AYOUB ELKHOUDA	1065799 CJSYB	986	10:53
130	BOULGHOM YOUSSEF	1082067 AJMAM	1848	10:56
131	SALAHEDDINE KAMAL	1082483 AHA	289	10:57
132	YASSINE LEMDEBER	1061338 ABDA	181	11:03

Seniors Hommes 3000 m

Clss	Nom & Prenom	Club	Pts
1		FAR	38
	JAMAL HITRANE	4	
	HICHAM OULADHA	5	
	FAISSEL NAJJARI	8	
	YASSINE BOUHALI	21	
2		ACR	44
	YOUNESS ESSALHI	3	
	AYOUB BAGHALEM	11	
	OTMANE LAAROUSSI	14	
	MOHAMMED MAINY	16	
	SAMIR BOUMLIK		33
	ABDELJALIL ELIMANY		104
3		CLMA	88
	SADIK MIKHOU	1	
	OUSSAMA NABIL	5	
	HAMZA ACHALH	24	
	YOUSSEF OUSLIB	58	
	HOUSSAM ARRAS		98
4		FUS	118
	HICHAM ELKHAYARI	9	
	YOUSSEF BELAMALLAM	27	
	FAHD HALFI	30	
	MOHAMED BENCHELAIH	52	
	KHALID TOUHAMI		65
5		CRAO	139
	YAHYA KADIRI	18	
	ISSAM MESSAOUDI	37	
	AMINE EL HAMMADI	39	
	MOHAMMED BARAHMI	45	
	MOHAMMED BENYAKAD		80
6		OCBG	155
	BRAHIM AKACHAB	7	
	MOHAMMED EL MERSY	34	
	NASR-EDDINE CHLAIHI	53	

	YOUSSEF KHARBOUCH	61	
	MOHAMMED BANNANY	76	
	RACHID AMROUG	97	
7		KACM	164
	ABDELLATIF AARABE	22	
	WAYIL ABDELGHAFOUR EL BOUMAOU	30	
	ABDELFATTAH BEKLMAAROUF	55	
	HAMZA BELKHALFI	57	
	REDA IDDOUCHAYT		121
8		CAAKT	177
	BRAHIM KAAZOUZI	2	
	HABIB ZEHRAOUI	29	
	ALI EL MOUHAMMADI	62	
	MOHSSINE OUBIDDA	84	
9		ABDA	213
	OUALID OUTOLBA	13	
	ABDELILAH ELMAIMOUNI	28	
	ABDELJALIL ERRAMI	72	
	MOHAMED BAADI	100	
	YASSINE LEMDEBER		132
10		ARA	229
	AZIZ KHSSIM	32	
	YASSINE BOUHALI	43	
	ABDELGHAFOUR DADDA	75	
	HICHAM KHSSIM	79	
	TARIK KHARMOUCH		99
11		CWRF	240
	HAMID ELJANATI	40	
	MOUHCINE EL BAZ	41	
	ABDESSAMAD EL YAAGOUBI	50	
	NABIL RAHHALI OMARI	109	
12		ASAAB	365
	AZEDDINE ZOUINE	88	
	YOUSSEF ELMOUJOURD	88	
	RACHID EL GUESSAB	93	
	SAID KARIM	96	
	BRAHIM LAKHMASSI		105
	KHALID NAJEH		110
13		CJSYB	444
	ELMAHDI AGHLANE	82	
	YOUSSEF AIT AKKI	111	
	YOUSSEF SLIMANI	124	
	ABDELLAH ELHASSOUNY	127	
	AYOUB ELKHOUDA		129
14		CAAMA	462
	HICHAM AITHADI	112	
	FOUAD SLIMANI	113	

HAMZA AKKIOUI	117
MOHSINE HAMDAOUI	120

Seniors homme
10 000m

CIS	Nom & Prenom	N.Lic	Club	Doss	Result
1	MOHAMMED ZIANI	1014577	AOD	377	27:37:00
2	TOUAFIK ALLAM	1044086	FUS	1316	27:44:00
3	MOHAMED REDA EL AARABY	1011526	ACR	232	28:12:00
4	YASSINE ZAKI	1012750	OCBG	1456	28:20:00
5	ABDENASIR FATHI	1009783	ACR	229	28:30:00
6	MUSTAPHA TACHFIT	1010131	ACR	230	28:35:00
7	MUSTAPHA HOUDADI	1020518	FAR	1267	28:54:00
8	ALI CHAIF	1013361	FAR	1263	29:01:00
9	YOUSSEF BEN HADI	1062407	CUSAH	1195	29:16:00
10	ABDESLAM SIOUANI	1008921	FAR	1264	29:17:00
11	HAMZA LAMQARTASS	1035412	OCK	1491	29:20:00
12	AZIZ AFILAL	1016931	USKH	1743	29:32:00
13	AYOUB BOUDARI	1072766	WAC	1759	29:46:00
14	MOHAMED AOUADI	1041877	CMRAT	1049	29:50:00
15	MOHAMMED NAITHAMED	1002789	CUSAH	1190	29:51:00
16	EL HABIB LAGHFIRI	1013243	AOD	376	29:55:00
17	JAOUAD EL JAZOULI	1009776	ESB	1238	29:56:00
18	ABDERRAHMANE YOUSFI	1012908	CUSAH	1191	30:05:00
19	HAMID ZOUBARI	1023997	CBAA	861	30:05:00
20	HICHAM ABOUELABBAS	1009077	FUS	1311	30:07:00
21	ABDENBI EL-KABIRI	1056617	CAOA	781	30:08:00
22	MUSTAPHA AMRAOUI	1021250	OCBG	1457	30:12:00
23	LAHCEN OUBIHI	1009393	ASOAK	548	30:15:00
24	MOHAMED OUMAARIR	1031128	CSEA	1136	30:18:00
25	SAID AARAB	1003162	CAOA	780	30:24:00
26	MOHAMMED KDIDAR	1011210	CCH	889	30:25:00
27	YOUSSEF EL BAZ	1013030	CCH	888	30:33:00
28	AYOUB JABIR	1043110	ESB	1234	30:34:00
29	MOHAMED FARES	1014571	CSEA	1133	30:35:00
30	ABDELAZIZ AHNIDA	1045398	CLMA	1030	30:38:00
31	ABDERRAHMANE ELMOUJIBI	1027216	AWSA	607	30:39:00
32	ABDELJALIL ELOUALJA	1036155	IMRA	1401	30:40:00
33	MOHAMED LAAROUCI	1037473	ESB	1236	30:41:00
34	YASSINE AIT THERGUIT	1075869	CBAA	857	30:43:00
35	MOHSSIN TOUATI	1014540	CWRF	1219	30:44:00
36	ABDERRAHMAN DIHA	1061015	ABDA	175	30:47:00
37	ABDERRAHMANE AFERDI	1054662	WAC	1757	30:53:00
38	ISMAIL ETOUILAA	1023266	CWRF	1224	30:54:00

39	OMAR MERJANI	1011411 CSA	1122	30:59:00
40	SAID BOUMAROUANI	1009134 ASOAK	547	30:59:00
41	AHMED IRGRAGNE	1015989 AOD	378	31:00:00
41	ABDELHAKIM OUBID	1010041 AASS	128	31:00:00
43	DRISS EL MOUATAMID	1031168 CWRF	1221	31:07:00
44	MOHAMED ELKHADER	1029535 ATAC	581	31:08:00
45	REDOUANE ESSOUAKI	1009312 OCBG	1458	31:14:00
46	BOUCHAIB TAJRI	1076732 CCJA	912	31:16:00
47	MOSTAPHA OUASSIF	1015160 CUSAH	1192	31:16:00
48	MOHAMED MOUAZINE	1076173 CNSH	1063	31:18:00
49	ADIL MOUSSAOUI	1069544 CCH	886	31:18:00
50	MOHAMED GHEGACHA	1029285 RBM	1605	31:21:00
51	AYOUB AKHAL	1037242 HSMK	1383	31:21:00
52	LAID EL MAHJoubI	1061855 OCBG	1459	31:22:00
53	BOUBKER IKKEN	1067213 CAOAA	782	31:24:00
54	HASSAN ELHATIMI	1015107 OCK	1495	31:27:00
55	LHOUSSEINE BOUSSAGUE	1009206 WSAC	1811	31:28:00
56	BOUABID TARIK	1010102 RBM	1602	31:31:00
57	ABDELALI ELGAMRA	1044189 ASMAG	531	31:31:00
58	MOHAMED BOUBEKRINI	1065574 USER	1711	31:37:00
59	NOUREDDINE BALLAL	1077152 WSAC	1814	31:37:00
60	ANAS SAAIDOU	1013946 CAA	652	31:40:00
61	ABDERRAHIM AIT LAHCEN	1067150 CCH	887	31:42:00
62	YACINE LAKHDAR	1020260 FUS	1314	31:43:00
63	AYOUB ELAOUFIR	1052897 AATS	145	31:44:00
64	HICHAM ATTOU	1081258 AAYA	168	31:45:00
65	NABIL EL OUCHAMI	1080811 IMRA	1403	31:46:00
66	ZOHAIR BOUTOUAHEN	1085512 CSKA	1155	31:47:00
67	ELHATIMI HASSAN	1014480 CSKA	1151	31:48:00
68	BRAHIM ELASRI	1041057 ASRAA	570	31:51:00
69	HAMZA CHAB	1067576 ESB	1233	31:53:00
70	ABDELMOULA EZ ZOUINE	1012635 CBAA	859	31:56:00
71	MORAD DLIMI	1067027 CNSH	1062	32:00:00
72	AHMED OUSLIMANE	1078694 CAOAA	784	32:00:00
73	FARID EL JARDINY	1051003 ASAAB	450	32:07:00
74	AHMED EL-BOUSSADANI	1072384 CWRF	1222	32:12:00
75	SOUFIANE ENNEMLI	1001094 AASS	127	32:20:00
76	OUSSAMA MTARRAH	1047816 CJSA	959	32:20:00
77	AMINE ELMAHDI ELMOTAI	1043363 AASS	130	32:22:00
78	YOUSSEF DORBANI	1010678 HSMK	1385	32:24:00
79	SAID OUDIJA	1052468 USER	1712	32:25:00
80	KHALID TAHIRI	1063358 SCCA	1670	32:27:00
81	RACHID BOUMESAUD	1050498 USER	1710	32:28:00
82	RACHID LABROUJ	1042624 AASS	129	32:31:00
83	MOHAMAD MORCHID	1029671 OCBG	1460	32:34:00
84	HASSAN BENHACHIMI	1055093 AWSA	613	32:35:00
85	REDA IDDI	1017740 CJSA	958	32:36:00

86	MOHAMMED AHARI	1021704 AAS	110	32:36:00
87	ELHOUCINE KHASAID	1071176 AAYA	166	32:36:00
88	MOHAMED NOUR EDDINE	1008961 ATAA	574	32:39:00
89	NOUREDDINE LOUGAY	1069967 CNSH	1060	32:40:00
90	HASSAN BOUFOUD	1064850 HAN	1347	32:41:00
91	MOHAMMED ILABI	1011598 HSMK	1384	32:42:00
92	OMAR KNIOUN	1068449 CASM	795	32:44:00
93	AMINE BARRAH	1072135 WSAC	1813	32:45:00
94	MOHAMED AAMARI	1020028 CCABA	876	32:51:00
95	TALEB AIT AKKI	1079968 ACRAT	257	32:55:00
96	AZIZ EL BOUHALI	1067687 CAC	720	32:57:00
97	KHALID LAHMAID	1082794 ISIA	1418	33:02:00
98	AHMED MAJDOUB	1020297 ASRAA	568	33:05:00
99	IBRAHIM QIROUCH	1066415 CNSH	1061	33:07:00
100	HAMZA IDABDELLAH	1077428 AATS	142	33:10:00
101	LAHCEN ZARDI	1036549 AAYA	165	33:12:00
102	AHMED MOHTAFID	1009220 ATAA	575	33:15:00
103	HAMZA HAFID	1016694 IMRA	1398	33:19:00
104	YASSINE NAATIT	1021931 IMRA	1399	33:21:00
105	MOHAMMED ELASRI	1026694 IMRA	1400	33:23:00
106	KARIM ELBAKKOURI	1052443 CMRAT	1048	33:29:00
107	MILOUD TKIK	1064868 ATAC	582	33:30:00
108	LAHCEN ELGADI	1008180 SCCA	1668	33:30:00
109	ESSAID RAJI	1020993 AISO	318	33:30:00
110	MOHAMED OUALLA	1071021 AWSA	615	33:37:00
111	MOHAMED BOUCHAKA	1045555 ISIA	1419	33:37:00
112	ABDELKHALEK ADADA	1074399 CAC	717	33:42:00
113	YASSINE AKHZAM	1066695 AISO	317	33:43:00
114	ELHASSAN BELMOUDEN	1030250 CASM	796	33:44:00
115	YASSINE AOURIR	1020019 CCABA	875	33:49:00
116	AHMED LAARAJ	1011800 CWRF	1223	33:58:00
117	YOUSSEF SELLAMI	1064434 HSMK	1381	34:01:00
118	ABDELHAKIM ABOUZOUHAIR	1015915 KACM	1435	34:03:00
119	IBRAHIM ELAOUNI	1036889 HBA	1363	34:07:00
120	MUSTAPHA ABDELMOUJOURD	1085329 ACRAT	258	34:09:00
121	CHARAF LAABID	1080931 BAA	633	34:13:00
122	LAHSEN BACHTIG	1076614 CLMA	1032	34:14:00
123	AZZEDDINE AZERWAL	1031062 CCH	885	34:17:00
124	MEHDI BOUFTOU	1073726 AARA	87	34:18:00
125	MOHAMED AMINE ELHADANI	1041766 CLMA	1029	34:21:00
126	SAAD BEL MKADDEM	1010595 CJSA	956	34:24:00
127	ISMAIL ELMOUDEN	1072624 CCABA	879	34:29:00
128	LAHOUCINE ATERMOUH	1071794 SCCA	1672	34:30:00
129	RACHID IGHIZ	1072000 ABDA	176	34:31:00
130	RACHID KIDI	1037590 CASYOA	810	34:35:00
131	MOHAMED ISSA JAAFAR	UEA	1842	34:35:00
132	ABDELAZIZ BENBRAHIM	1083576 CJSYB	982	34:39:00

133	YOUSSEF OUZINE	1080279 AAYA	167	34:40:00
134	SAID AZARIF	1072219 CAO	783	34:47:00
135	FARID JAHID	1070188 CBAA	860	34:56:00
136	ALI BENSABA	1067668 AHA	286	35:08:00
137	YOUSSEF AABOU	1074402 CAC	716	35:10:00
138	OMAR EL KAAAM	1062841 CAHAC	736	35:29:00
139	ABDELAZIZ AIT HERROU	1083785 AHA	285	35:33:00
140	ABDELLAH AIT OUFKIR	1051158 ASAAB	449	35:36:00
141	ABDELLATIF NAHKAMI	1080210 AISO	315	36:08:00
142	OMAR OUMARGHANE	1083418 ABDA	179	36:36:00
143	MAHMOUD MAHMOUDI	1064044 SCCA	1671	36:39:00
144	SAID NEMOUSSA	1071829 CAC	719	37:08:00
145	HICHAM AOUNI	1080036 USER	1715	37:25:00
146	ABDELHAMID AIT HADDOU	1079784 ABDA	177	37:41:00
147	SAOUD JOUMAA JASSEM AHMED	UEA	1841	37:42:00
148	MOHAMED EL HAMDI	1074209 CAC	718	39:00:00
149	ZAKARIA NAJAH	1022043 BAC	647	40:44:00

Seniors homme

10 000m

Place	Nom & Prenom	Club	Pts
1		CUSAH	89
	YOUSSEF BEN HADI		9
	MOHAMMED NAITHAMED		15
	ABDERRAHMANE YOUSFI		18
	MOSTAPHA OUASSIF		47
2		OCBG	123
	YASSINE ZAKI		4
	MUSTAPHA AMRAOUI		22
	REDOUANE ESSOUAKI		45
	LAID EL MAHJOUBI		52
	MOHAMAD MORCHID		83
3		ESB	147
	JAOUAD EL JAZOULI		17
	AYOUB JABIR		28
	MOHAMED LAAROUSSI		33
	HAMZA CHAB		69
4		CCH	163
	MOHAMMED KDIDAR		26
	YOUSSEF EL BAZ		27
	ADIL MOUSSAOUI		49
	ABDERRAHIM AIT LAHCEN		61
	AZZEDDINE AZERWAL		123
5		CAOA	171
	ABDENBI EL-KABIRI		21

	SAID AARAB		25
	BOUBKER IKKEN		53
	AHMED OUSLIMANE		72
	SAID AZARIF		134
6		CWRF	190
	MOHSSIN TOUATI		35
	ISMAIL ETOUILAA		38
	DRISS EL MOUATAMID		43
	AHMED EL-BOUSSADANI		74
	AHMED LAARAJ		116
7		CBAA	258
	HAMID ZOUBARI		19
	YASSINE AIT THERGUIT		34
	ABDELMOULA EZ ZOUINE		70
	FARID JAHID		135
8		AASS	275
	ABDELHAKIM OUBID		41
	SOUFIANE ENNEMLI		75
	AMINE ELMAHDI ELMOTAI		77
	RACHID LABROUJ		82
9		IMRA	304
	ABDELJALIL ELOUALJA		32
	NABIL EL OUCHAMI		65
	HAMZA HAFID		103
	YASSINE NAATIT		104
	MOHAMMED ELASRI		105
10		CNSH	307
	MOHAMED MOUAZINE		48
	MORAD DLIMI		71
	NOUREDDINE LOUGAY		89
	IBRAHIM QIROUCH		99
11		HSMK	337
	AYOUB AKHAL		51
	YOUSSEF DORBANI		78
	MOHAMMED ILABI		91
	YOUSSEF SELLAMI		117
12		USER	363
	MOHAMED BOUBEKRINI		58
	SAID OUDIJA		79
	RACHID BOUMESAUD		81
	HICHAM AOUNI		145
13		AAYA	385
	HICHAM ATTOU		64
	ELHOUCINE KHASAID		87
	LAHCEN ZARDI		101
	YOUSSEF OUZINE		133
14		ABDA	453

	ABDERRAHMAN DIHA		36
	RACHID IGHIZ		129
	OMAR OUMARGHANE		142
	ABDELHAMID AIT HADDOU		146
15		SCCA	459
	KHALID TAHIRI		80
	LAHCEN ELGADI		108
	LAHOUCINE ATERMOUH		128
	MAHMOUD MAHMOUDI		143
16		CAC	489
	AZIZ EL BOUHALI		96
	ABDELKHALEK ADADA		112
	YOUSSEF AABOU		137
	SAID NEMOUSSA		144
	MOHAMED EL HAMDI		148