

1 5/14/2016 Final

Shot Put Women - Promotional , Time :11:09

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|----------------------|-------------|------|--------|------|
| 1 | 290 | Chime Nkechi Leticia | NSCDC | | 15.27m | |
| 2 | 134 | Eucharia Ogbukwo | Delta | | 14.10m | |
| 3 | 7 | Aniefuna Anulika | ASFAN | | 13.38m | |
| 4 | 232 | Edeh Ebelechi | Immigration | | 10.87m | |
| 5 | 180 | Brown Uche | HPC | | 9.06m | |
| 6 | 29 | Jacob Hope | CDA | | 8.62m | |
| 7 | 80 | Gloria Kemasuode | Bayelsa | | 6.64m | |
| 8 | 172 | Lami Hauwa Kato | FRSC | | 5.95m | |

1 5/14/2016 Final

5000m Men - Promotional , Time :09:57

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|------------------|-------------|------|----------|------|
| 1 | 441 | Adamu Shehu | Mountaineer | | 15:00.33 | |
| 2 | 277 | Solomon Yilbam | Mountaineer | | 15:01.01 | |
| 3 | 274 | Jigak Monday | Mountaineer | | 15:01.09 | |
| 4 | 276 | rotgak Michael | Mountaineer | | 15:53.18 | |
| 5 | 21 | Aondohemba Paul | Benue | | 16:00.63 | |
| 6 | 20 | Shiminenge Agber | Benue | | 16:02.45 | |
| 7 | 275 | Nanfawang Habila | Mountaineer | | 16:24.69 | |
| 8 | 278 | Yakubu Gyang | Mountaineer | | 16:25.17 | |
| 9 | 109 | Egbeogu Uzodinma | Defenders | | 17:29.48 | |
| 10 | 272 | Anas U. Ibrahim | Mountaineer | | 17:51.79 | |
| 11 | 174 | Okpara Ikechukwu | FRSC | | 18:02.07 | |
| 12 | 442 | Daniel Mathew | Police | | 18:02.92 | |

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|--|-----|------------|-------------|-----|
| | 443 | David Musa | Mountaineer | DNS |
|--|-----|------------|-------------|-----|

1 5/14/2016 Final

Triple Jump Men - Promotional , Time :10:46

| Rank | ID | Name | Team | Area | Result | Wind (m/s) | Info |
|------|-----|-------------------|------------|------|--------|------------|------|
| 1 | 160 | Ejumeta David Oke | Edo | | 14.77m | 0.1 | |
| 2 | 426 | Ashien Godwin | SB Academy | | 14.77m | 0.2 | |
| 3 | 230 | Ozor Valentine J. | ICDO | | 14.31m | 0.1 | |

1 5/14/2016 Final

400m Women , Time :10:24

Heat : 1

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-------------------------------|-------------|------|--------|------|
| 1 | 76 | George Patience Okon | Cross River | | 52.41 | q |
| 2 | 136 | Idamadudu Praise Oghenefejiro | Delta | | 53.46 | q |
| 3 | 179 | Ajayi Yinka | HIT | | 53.56 | q |
| 4 | 338 | Funke Ogunbase | Police | | 54.23 | q |
| 5 | 293 | Etim Margaret | NSCDC | | 54.49 | q |
| 6 | 243 | Diamond Maria | Lagos | | 59.24 | |

400m Women , Time :10:24

Heat : 2

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|--------------------|---------|------|--------|------|
| 1 | 444 | Omovoh Knowledge | HIT | | 56.38 | q |
| 2 | 4 | Odigbo Rita | Anambra | | 56.65 | q |
| 3 | 297 | Ihekandu Philomena | NSCDC | | 57.30 | q |

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|---|-----|--------------------|-------|-------|
| 4 | 245 | Obarierhu Blessing | Lagos | 60.52 |
|---|-----|--------------------|-------|-------|

1 5/14/2016 Qualifying

400m Men , Time :10:57

Heat : 1

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|---------------------|---------|------|--------|------|
| 1 | 328 | Orukpe Erayokan | NSCDC | | 46.85 | q |
| 2 | 439 | Oshasha Simon Afoke | Uniben | | 47.76 | q |
| 3 | 445 | Hope Nagbi | | | 48.32 | |
| 4 | 17 | Shadrack ogbukwo | ASFAN | | 48.97 | |
| 5 | 438 | Osadolor Samuel | Uniben | | 49.02 | |
| 6 | 391 | Mohammed D. Usman | Police | | 51.52 | |
| 7 | 3 | Afam Ogbangu | Anambra | | 52.04 | |
| 8 | 55 | Sule Saidu | CDA | | 56.34 | |

400m Men , Time :10:57

Heat : 2

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-------------------|-------|------|--------|------|
| 1 | 446 | Sikiru Adeyemi | Kwara | | 48.97 | |
| 2 | 216 | Sodiq Adebisi | ICDO | | 49.09 | |
| 3 | 450 | Nwafu Onyeji | Enugu | | 49.94 | |
| 4 | 447 | Naziri Aminu | ABU | | 50.87 | |
| 5 | 451 | Olowo Rilwan | Lagos | | 51.20 | |
| 6 | 448 | Oyinloye Emmanuel | Delta | | 51.79 | |
| 7 | 47 | Oto Cyprian | CDA | | 52.33 | |
| 8 | 249 | Adenuga Segun | Lagos | | 53.05 | |

400m Men , Time :10:57

Heat : 3

| Rank | ID | Name | Team | Area | Result | Info |
|------|----|------|------|------|--------|------|
|------|----|------|------|------|--------|------|

| | | | | |
|---|-----|------------------|--------------|-------|
| 1 | 343 | Ishaku Mohammed | Police | 49.08 |
| 2 | 231 | Sunday Francis | ICDO | 49.53 |
| 3 | 2 | Ubon Sunday | Akwa Ibom | 50.65 |
| 4 | 260 | Olanrewaju Bello | Lagos | 51.17 |
| 5 | 257 | Ismael Muhammed | Lagos | 52.13 |
| 6 | 373 | Dauda Yusuf | Police | 54.07 |
| 7 | 422 | Nnwamani Nnamdi | Real Winners | 54.64 |
| 8 | 452 | Habibu Surajo | ABU | 58.73 |

400m Men , Time :10:57

Heat : 4

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|----------------------|---------|------|--------|------|
| 1 | 44 | Fatoyinbo Ojo Sunday | CDA | | 47.89 | q |
| 2 | 449 | Nkame Edu | Anambra | | 48.02 | q |
| 3 | 148 | Ugochukwu Ottah | Delta | | 48.10 | q |
| 4 | 325 | Ogunmola Tobi | NSCDC | | 48.19 | q |
| 5 | 376 | Ekundayo Sehubo | Police | | 49.08 | |
| 6 | 141 | Evuarherhe Oke | Delta | | 50.22 | |
| | 281 | Aliyu Musa Adeiza | NAVY | | DNF | |

400m Men , Time :10:57

Heat : 5

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-------------------|---------------|------|--------|------|
| 1 | 88 | Isah Salihu | Customs | | 47.57 | q |
| 2 | 453 | Atinaya Daniel | Delta | | 47.61 | q |
| 3 | 323 | Odeka Gerald | NSCDC | | 48.90 | |
| 4 | 163 | Adebakin Toluwani | Esteem | | 49.77 | |
| 5 | 266 | OGUMA ESEROGHENE | Making of Cha | | 50.68 | |
| 6 | 454 | Zubairu Yakubu | Nigeri | | 51.08 | |

1 5/14/2016 Qualifying

Javelin Men - Promotional , Time :12:41

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|--------------------------|---------|------|--------|------|
| 1 | 84 | Adams Samuel Kure | Customs | | 66.96m | |
| 2 | 455 | Ezeofor Kenechukwu | Prisons | | 63.60m | |
| 3 | 25 | Tsafa Ferdinand | Benue | | 58.75m | |
| 4 | 438 | Osadolor Samuel | Uniben | | 47.80m | |
| 5 | 456 | Onah Hyginus | NSCDC | | 46.90m | |
| 6 | 207 | Nwaji Chukwuebuka Friday | ICDO | | 45.90m | |
| 7 | 457 | Bello Ismail | ABU | | 36.65m | |

1 5/14/2016 Final

High Jump Women - Promotional , Time :12:2

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|--------------|-------|------|--------|------|
| 1 | 244 | Esther Issa | Lagos | | 1.73m | |
| 2 | 183 | Nwichi Ngozi | HPC | | 1.60m | |

1 5/14/2016 Final

400m Hurdles Men , Time :11:25

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|----------------------|---------|------|--------|------|
| 1 | 87 | Henry Okorie | Customs | | 52.24 | |
| 2 | 263 | Williams Airen Esosa | Lagos | | 55.80 | |
| 3 | 459 | Jugo Ezira | Kwara | | 56.12 | |
| 4 | 170 | Thomas Bello | FCT | | 56.18 | |

| | | | | |
|---|-----|-----------------|---------|-------|
| 5 | 458 | Biamegh Bernard | UAM | 62.31 |
| | 3 | Afam Ogbangu | Anambra | DNF |

1 5/14/2016 Final

100m Women , Time :14:49

Heat : 1 Wind = 0.2

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-------------------------|-------------|------|--------|------|
| 1 | 79 | Mercy Ntiaobong | Cross River | | 11.73 | q |
| 2 | 75 | Edet Mariam Bassey | Cross River | | 11.89 | q |
| 3 | 430 | Brume Ese | Uniben | | 11.95 | q |
| 4 | 35 | Sule Justina | CDA | | 11.97 | q |
| 5 | 59 | Lawal Rashidat | Lagos | | 12.34 | |
| 6 | 246 | Okoronkwo Precious | Lagos | | 12.72 | |
| 7 | 139 | Ovwighoadjebre Blessing | Delta | | 12.76 | |
| 8 | 95 | Eferobor Oghenetajiri | Defenders | | 13.04 | |

100m Women , Time :14:49

Heat : 2 Wind = 0.5

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|---------------------------|------------|------|--------|------|
| 1 | 304 | Uko Alphonsus Peace | NSCDC | | 11.59 | q |
| 2 | 235 | Abolaji Omotayo Oluwaseun | Kwara | | 11.83 | q |
| 3 | 301 | Osazuwa Agnes | NSCDC | | 12.08 | q |
| 4 | 152 | Ogundiran Blessing | Eaglesight | | 12.18 | |
| 5 | 184 | Ofuma Eze-Echesi | HPC | | 12.26 | |
| 6 | 431 | Iduboe Tracy | Uniben | | 12.60 | |

100m Women , Time :14:49

Heat : 3 Wind = 0.3

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|------------|--------|------|--------|------|
| 1 | 162 | Usoro Ruth | Esteem | | 12.14 | |

| | | | | |
|---|-----|------------------------|--------------|-------|
| 2 | 434 | Oyibo Oghenetega | Uniben | 12.47 |
| 3 | 151 | Doris Nwakigwe | Eaglesight | 12.59 |
| 4 | 419 | Emeueze Josephine I. | Real Winners | 13.25 |
| 5 | 417 | Ahaiwe Chiamaka Juliet | Real Winners | 13.42 |
| 6 | 418 | Aisha Sadiq | Real Winners | 14.06 |
| | 137 | Idhe Hope | Delta | DNS |
| | 28 | Bada Iyanuloluwa T. | CDA | DNS |

100m Women , Time :14:49

Heat : 4 Wind = 0.2

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|------------------------|------------|------|--------|------|
| 1 | 28 | Bada Iyanuloluwa T. | CDA | | 12.09 | q |
| 2 | 137 | Idhe Hope | Delta | | 12.34 | |
| 3 | 161 | Abire Mercy | Esteem | | 12.43 | |
| | 150 | Alawode Sekinat Abiola | Eaglesight | | DIS | |
| | 332 | Abibat Yusuf | Police | | DNS | |

1 5/14/2016 Qualifying

Triple Jump Women - Promotional , Time :12:

| Rank | ID | Name | Team | Area | Result | Wind (m/s) | Info |
|------|-----|-------------------------|--------|------|--------|------------|------|
| 1 | 295 | Ibrahim Blessing Ibukun | NSCDC | | 13.60m | 1.0 | |
| 2 | 9 | Grace Anigbata | ASFAN | | 12.96m | 0.2 | |
| 3 | 181 | Brown Uche | HPC | | 12.56m | 0.3 | |
| 4 | 433 | Okolosi Oghenekome | Uniben | | 12.41m | 0.3 | |

1 5/14/2016 Final

100m Men , Time :12:56

Heat : 1 Wind = 0.5

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|----------------------|--------------|------|--------|------|
| 1 | 465 | Onyekwelu Arinze | Niger | | 11.10 | |
| 2 | 222 | Agi Christopher | ICDO | | 11.15 | |
| 3 | 440 | Alabi Olumide Onyeka | UNIPORT | | 11.27 | |
| 4 | 463 | Ajilore Stephen | ABU | | 11.38 | |
| 5 | 466 | Konwea Peter | HIT | | 11.46 | |
| 6 | 424 | Wisdom Osadene | Real Winners | | 11.62 | |
| 7 | 173 | Emmanuel Okon | FRSC | | 11.81 | |
| 8 | 464 | Okeke Jude | Delta | | 11.88 | |

100m Men , Time :12:56

Heat : 2 Wind = 0.4

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|------------------------|--------------|------|--------|------|
| 1 | 467 | Arowolo Emmanuel | FUTA | | 10.66 | q |
| 2 | 121 | Olugbemi Comfort | Defenders | | 10.80 | |
| 3 | 143 | Itsekuri Usheorifsel | Delta | | 10.88 | |
| 4 | 421 | Giwa Ayodeji | Real Winners | | 11.07 | |
| 5 | 240 | Nejo Odunayo Julius | Kwara | | 11.11 | |
| 6 | 259 | Nnorom David | Lagos | | 11.34 | |
| 7 | 429 | Phillip Egundehi | Ultimate | | 11.56 | |
| 8 | 437 | Ojeikere Precious Omon | Uniben | | 11.91 | |

100m Men , Time :12:56

Heat : 3 Wind = 0.3

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-----------------------|-------|------|--------|------|
| 1 | 313 | Egwero Ogbo-Oghene | NSCDC | | 10.37 | q |
| 2 | 286 | Oduduru Divine | NSCDC | | 10.41 | q |
| 3 | 321 | Imhoaperamhe Nicholas | NSCDC | | 10.61 | q |
| 4 | 186 | Assan Faye | HPC | | 10.71 | |
| 5 | 283 | Obasi Christopher | Navy | | 10.92 | |

| | | | | |
|---|-----|-----------------|-----------|-------|
| 6 | 460 | Omotayo Ayokole | Delta | 11.49 |
| 7 | 279 | Ibrahim Sani | Nasarawa | 12.27 |
| | 461 | Ogboma Prosper | Lone Star | DIS |

100m Men , Time :12:56

Heat : 4 Wind = 0.4

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|---------------------|---------------|------|--------|------|
| 1 | 462 | Obinna Metu | Prisons | | 10.33 | q |
| 2 | 436 | Odele Tega | Uniben | | 10.59 | q |
| 3 | 312 | Chukwudike Harry | NSCDC | | 10.68 | |
| 4 | 185 | Alieu Joof | HPC | | 10.74 | |
| 5 | 144 | Mark Orduen | Delta | | 10.90 | |
| 6 | 264 | Jare Folarin | Lagos | | 10.91 | |
| 7 | 265 | EGBOCHINAM CHIBUIKE | Making of Cha | | 10.91 | |
| 8 | 1 | Akwaowo Francis | Akwa Ibom | | 11.10 | |

100m Men , Time :12:56

Heat : 5 Wind = 1.0

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|--------------------|--------------|------|--------|------|
| 1 | 331 | Onyeakwu Chukwuma | NSCDC | | 10.67 | q |
| 2 | 473 | Ufomba Chimere | Abia | | 10.80 | |
| 3 | 470 | Adeyanbo Adeniyi | Ekiti | | 11.05 | |
| 4 | 422 | Nnwamani Nnamdi | Real Winners | | 11.76 | |
| 5 | 472 | Olofu Felix | UAM | | 11.92 | |
| 6 | 474 | Anekwe Onyekachi | FRSC | | 12.52 | |
| | 357 | Adegunroye Solomon | Police | | DIS | |

100m Men , Time :12:56

Heat : 6 Wind = 0.9

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-----------------|-------|------|--------|------|
| 1 | 164 | Abiola Soyemi | FCT | | 10.67 | q |
| 2 | 469 | Stanley Mbamara | NSCDC | | 10.79 | |

| | | | | |
|---|-----|------------------------|--------------|-------|
| 3 | 5 | Iloakagbune kenechukwu | Anambra | 10.88 |
| 4 | 187 | Ejume Oke David | HPC | 10.94 |
| 5 | 239 | Michael Isaac | Kwara | 11.27 |
| 6 | 238 | John Oladele | Kwara | 11.40 |
| 7 | 420 | Anyalewechi E. Wisdom | Real Winners | 11.52 |
| | 177 | Mai Lafia A. S | GoldenKight | DIS |

100m Men , Time :12:56

Heat : 7 Wind = 0.5

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|--------------------------|-------|------|--------|------|
| 1 | 468 | Yusuf Ismaila | Ekiti | | 11.03 | |
| 2 | 171 | Timinade Cocodia | FCT | | 11.07 | |
| 3 | 169 | Kessiena Igho Oghoghorie | FCT | | 11.29 | |
| 4 | 475 | Anioya Friday | FRSC | | 11.30 | |
| 5 | 471 | Abba David | UAM | | 11.59 | |

1 5/14/2016 Qualifying

100m Hurdles Women - Promotional , Time :1

Wind = 0.2

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|------------------------|------------|------|--------|------|
| 1 | 294 | Francis Ruth Oluwakemi | NSCDC | | 14.25 | |
| 2 | 92 | Ayemoba Grace | Defenders | | 14.30 | |
| 3 | 30 | Kadiri Sarah A. | CDA | | 15.22 | |
| 4 | 242 | Adubi Vivia | Lagos | | 15.59 | |
| 5 | 150 | Alawode Sekinat Abiola | Eaglesight | | 16.59 | |

1 5/14/2016 Final



Hammer Women - Promotional , Time :16:15

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|----------------------|--------|------|--------|------|
| 1 | 291 | Daramola Feyisayo M. | NSCDC | | 52.18m | |
| 2 | 247 | Omizi Sophiat Tolani | Lagos | | 48.50m | |
| 3 | 138 | Mordi Rita | Delta | | 42.08m | |
| 4 | 348 | Numbeh Nnrunum | Police | | 37.24m | |
| 5 | 478 | Kommond Ubana | Police | | 30.20m | |
| 6 | 180 | Brown Uche | HPC | | 19.02m | |
| 7 | 476 | Ngozi Onyigbua | | | 14.63m | |

1 5/14/2016 Final

Hammer Men - Promotional , Time :16:12

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-------------------------|------------|------|--------|------|
| 1 | 120 | Olatunji Olawale Samuel | Defenders | | 50.32m | |
| 2 | 146 | Patrick Ilukwe | Delta | | 49.56m | |
| 3 | 319 | Ibrahim Baba | NSCDC | | 48.56m | |
| 4 | 157 | Monsuru Ganiyu | Eaglesight | | 47.47m | |
| 5 | 477 | Paul Joseph | Police | | 27.58m | |

1 5/14/2016 Final

Shot Put Men - Promotional , Time :17:01

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|--------------------|---------|------|--------|------|
| 1 | 86 | Eke Onwuka Kalu | Customs | | 16.78m | |
| 2 | 455 | Ezeofor Kenechukwu | Prisons | | 14.90m | |

| | | | | |
|---|-----|-------------------|---------|--------|
| 3 | 258 | Issac Odugbesan | Lagos | 14.40m |
| 4 | 84 | Adams Samuel Kure | Customs | 12.32m |

1 5/14/2016 Final

Long Jump Women , Time :17:50

| Rank | ID | Name | Team | Area | Result | Wind (m/s) | Info |
|------|-----|-------------------------|--------|------|--------|------------|------|
| 1 | 430 | Brume Ese | Uniben | | 6.54m | 0.0 | |
| 2 | 162 | Usoro Ruth | Esteem | | 5.99m | 0.2 | |
| 3 | 161 | Abire Mercy | Esteem | | 5.96m | 1.0 | |
| 4 | 295 | Ibrahim Blessing Ibukun | NSCDC | | 5.92m | 0.3 | |
| 5 | 433 | Okolosi Oghenekome | Uniben | | 5.56m | 0.2 | |
| 6 | 181 | Brown Uche | HPC | | 5.54m | 0.1 | |
| 7 | 246 | Okoronkwo Precious | Lagos | | 5.51m | 0.0 | |
| 8 | 183 | Nwichi Ngozi | HPC | | 5.28m | 0.1 | |

1 5/14/2016 Final

High Jump Men - Promotional , Time :17:00

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|----------------|-----------|------|--------|------|
| 1 | 481 | Thaddus Okpara | NSCDC | | 2.08m | |
| 2 | 116 | Obiora Arinze | Defenders | | 2.05m | |
| 3 | 452 | Habibu Surajo | ABU | | 1.75m | |

1 5/14/2016 Final

Javelin Women , Time :18:30

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-------------------------|-------------|------|--------|------|
| 1 | 285 | Nwanaga Kelechi Promise | NSCDC | | 51.85m | |
| 2 | 479 | Ugeh Kasie | Delta | | 37.13m | |
| 3 | 137 | Idhe Hope | Delta | | 36.58m | |
| 4 | 7 | Aniefuna Anulika | ASFAN | | 34.28m | |
| 5 | 183 | Nwichi Ngozi | HPC | | 33.00m | |
| 6 | 480 | nneka Ukuh | Immigration | | 28.56m | |
| 7 | 232 | Edeh Ebelechi | Immigration | | 25.60m | |
| 8 | 482 | Esther Mbah | Police | | 13.55m | |

1 5/14/2016 Final

110m Hurdles Men , Time :15:41

Wind = 0.1

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|------------------------|------------|------|--------|------|
| 1 | 153 | Abejoye Oyeniyi | Eaglesight | | 14.43 | |
| 2 | 438 | Osador Samuel | Uniben | | 14.61 | |
| 3 | 326 | Okon Samuel Etim | NSCDC | | 14.74 | |
| 4 | 437 | Ojeikere Precious Omon | Uniben | | 15.10 | |
| | 389 | Martins Ogheriakih | police | | DNF | |
| | 348 | Numbeh Nnrunum | Police | | DNS | |

1 5/14/2016 Final

Discus Men - Promotional , Time :18:31

| Rank | ID | Name | Team | Area | Result | Info |
|------|----|------|------|------|--------|------|
|------|----|------|------|------|--------|------|

| | | | | |
|---|-----|-------------------------|-----------|--------|
| 1 | 120 | Olatunji Olawale Samuel | Defenders | 51.43m |
| 2 | 322 | Nwoye Augustine | NSCDC | 50.87m |
| 3 | 455 | Ezeofor Kenechukwu | Prisons | 49.60m |
| 4 | 86 | Eke Onwuka Kalu | Customs | 39.10m |
| 5 | 367 | Alolade Olanrewaju | Police | 35.77m |

1 5/14/2016 Final

100m Women , Time :16:05

Wind = 0.0

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|---------------------------|-------------|------|--------|------|
| 1 | 304 | Uko Alphonsus Peace | NSCDC | | 11.52 | |
| 2 | 301 | Osazuwa Agnes | NSCDC | | 11.54 | |
| 3 | 79 | Mercy Ntiaobong | Cross River | | 11.65 | |
| 4 | 35 | Sule Justina | CDA | | 11.79 | |
| 5 | 75 | Edet Mariam Bassey | Cross River | | 11.98 | |
| 6 | 28 | Bada Iyanuloluwa T. | CDA | | 12.00 | |
| | 235 | Abolaji Omotayo Oluwaseun | Kwara | | DNS | |
| | 430 | Brume Ese | Uniben | | DNS | |

1 5/14/2016 Final

100m Men , Time :16:15

Wind = 0.3

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-----------------------|---------|------|--------|------|
| 1 | 313 | Egwero Ogho-Oghene | NSCDC | | 10.24 | |
| 2 | 462 | Obinna Metu | Prisons | | 10.36 | |
| 3 | 286 | Oduduru Divine | NSCDC | | 10.48 | |
| 4 | 321 | Imhoaperamhe Nicholas | NSCDC | | 10.52 | |

| | | | | |
|---|-----|-------------------|--------|-------|
| 5 | 331 | Onyeakwu Chukwuma | NSCDC | 10.65 |
| 6 | 164 | Abiola Soyemi | FCT | 10.65 |
| 7 | 436 | Odele Tega | Uniben | 10.82 |
| 8 | 467 | Arowolo Emmanuel | FUTA | 10.85 |

1 5/14/2016 Final

400m Women , Time :16:25

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-------------------------------|-------------|------|--------|------|
| 1 | 76 | George Patience Okon | Cross River | | 52.11 | |
| 2 | 179 | Ajayi Yinka | HIT | | 52.65 | |
| 3 | 338 | Funke Ogunbase | Police | | 53.43 | |
| 4 | 293 | Etim Margaret | NSCDC | | 53.53 | |
| 5 | 136 | Idamadudu Praise Oghenefejiro | Delta | | 53.54 | |
| 6 | 4 | Odigbo Rita | Anambra | | 57.38 | |
| | 297 | Ihekandu Philomena | NSCDC | | DNS | |
| | 444 | Omovoh Knowledge | HIT | | DNS | |

1 5/14/2016 Final

400m Men , Time :16:29

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|----------------------|---------|------|--------|------|
| 1 | 328 | Orukpe Erayokan | NSCDC | | 46.41 | |
| 2 | 453 | Atinaya Daniel | Delta | | 47.47 | |
| 3 | 44 | Fatoyinbo Ojo Sunday | CDA | | 47.52 | |
| 4 | 88 | Isah Salihu | Customs | | 47.62 | |
| 5 | 325 | Ogunmola Tobi | NSCDC | | 47.84 | |

| | | | | |
|---|-----|---------------------|---------|-------|
| 6 | 439 | Oshasha Simon Afoke | Uniben | 48.41 |
| 7 | 449 | Nkame Edu | Anambra | 48.49 |
| 8 | 148 | Ugochukwu Ottah | Delta | 49.16 |

1 5/14/2016 Final

400m Hurdles Women , Time :16:42

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|--------------------|--------|------|--------|------|
| 1 | 133 | Akpofa Faith Daisy | Delta | | 58.43 | |
| 2 | 30 | Kadiri Sarah A. | CDA | | 60.53 | |
| 3 | 432 | Nwokike Adaeze | Uniben | | 63.54 | |
| 4 | 236 | Abu Joy | Kwara | | 65.39 | |

1 5/14/2016 Final

Long Jump Men - Promotional , Time :18:05

| Rank | ID | Name | Team | Area | Result | Wind (m/s) | Info |
|------|-----|-----------------------|------------|------|--------|------------|------|
| 1 | 310 | Anota Oluwashola John | NSCDC | | 7.60m | 0.0 | |
| 2 | 187 | Ejume Oke David | HPC | | 7.34m | 0.2 | |
| 3 | 465 | Onyekwelu Arinze | Niger | | 7.34m | 1.0 | |
| 4 | 426 | Ashien Godwin | SB Academy | | 7.31m | 0.1 | |
| 5 | 147 | Tobechukwu Nwaokocha | Delta | | 7.28m | 0.3 | |
| 6 | 483 | Jones George | Prisons | | 6.70m | 0.0 | |
| 7 | 283 | Obasi Christopher | Navy | | 6.59m | 1.1 | |
| 8 | 22 | Egah Adah | Benue | | 6.43m | 1.1 | |

1 5/14/2016 Final

1500m Women - Promotional , Time :16:53

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-------------------|-------------|------|---------|------|
| 1 | 268 | Maryamu Moses | Mountaineer | | 5:16.63 | |
| 2 | 267 | Emmanuel Mercy O. | Mountaineer | | 5:36.56 | |

1 5/14/2016 Final

1500m Men - Promotional , Time :17:05

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|--------------------|-------------|------|---------|------|
| 1 | 81 | Hamajam Soudi | Cross River | | 3:52.57 | |
| 2 | 262 | Saka Sanusi | Lagos | | 3:57.88 | |
| 3 | 311 | Barnabas David | NSCDC | | 3:58.50 | |
| 4 | 443 | David Musa | Mountaineer | | 4:10.47 | |
| 5 | 484 | Shaba Dare | Ondo | | 4:13.17 | |
| 6 | 261 | Olawepo Abiola | Lagos | | 4:15.55 | |
| 7 | 278 | Yakubu Gyang | Mountaineer | | 4:16.73 | |
| 8 | 275 | Nanfawang Habila | Mountaineer | | 4:17.36 | |
| 9 | 273 | Bathelomew A. Fwan | Mountaineer | | 4:17.96 | |
| 10 | 24 | Mtomga Solomon | Benue | | 4:25.19 | |
| 11 | 427 | Adeyoju Adebusuyi | Ultimate | | 4:27.80 | |
| 12 | 233 | Abubakar Abdullahi | Kano | | 4:32.59 | |
| 13 | 174 | Okpara Ikechukwu | FRSC | | 5:39.94 | |
| | 23 | Ijir Teeve | Benue | | DNS | |

1 5/14/2016 Final

800m Women , Time :17:14

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|--------------------|-------------|------|---------|------|
| 1 | 297 | Ihekandu Philomena | NSCDC | | 2:10.21 | |
| 2 | 288 | Agber Shimenenge | NSCDC | | 2:10.23 | |
| 3 | 350 | Oluchi Offorma | Police | | 2:13.65 | |
| 4 | 77 | Jatto Loveline | Cross River | | 2:15.34 | |
| 5 | 243 | Diamond Maria | Lagos | | 2:16.31 | |
| 6 | 485 | Hellen Mamman | Police | | 2:29.91 | |
| 7 | 267 | Emmanuel Mercy O. | Mountaineer | | 2:30.42 | |
| | 268 | Maryamu Moses | Mountaineer | | DNF | |

1 5/14/2016 Final

800m Men , Time :18:01

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|----------------------|-----------|------|---------|------|
| 1 | 282 | Muazu Saleh Lawee | NAVY | | 1:52.21 | |
| 2 | 253 | Anayo Eze | Lagos | | 1:52.26 | |
| 3 | 250 | Agboola Daniel | Lagos | | 1:53.00 | |
| 4 | 113 | Musa Godfrey Charles | Defenders | | 1:54.53 | |
| 5 | 216 | Sodiq Adebisi | ICDO | | 1:55.03 | |
| 6 | 252 | Akpan Emmanuel | Lagos | | 1:55.67 | |
| 7 | 23 | Ijir Teeve | Benue | | 2:01.16 | |
| 8 | 409 | Oyetunji Tobi | Police | | 2:04.20 | |
| 9 | 412 | Sunday Oche | Police | | 2:06.10 | |
| 10 | 438 | Osadolor Samuel | Uniben | | 2:14.87 | |

| | | | | |
|----|-----|-----------------|--------------|---------|
| 11 | 311 | Barnabas David | NSCDC | 2:33.43 |
| 12 | 423 | Sunday A. Atang | Real Winners | 2:33.54 |

1 5/14/2016 Final

200m Women - Promotional , Time :17:29

Heat : 1 Wind = 0.1

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-------------------------------|-------------|------|--------|------|
| 1 | 136 | Idamadudu Praise Oghenefejiro | Delta | | 23.76 | |
| 2 | 79 | Mercy Ntiaobong | Cross River | | 23.83 | |
| 3 | 35 | Sule Justina | CDA | | 24.53 | |
| 4 | 294 | Francis Ruth Oluwakemi | NSCDC | | 24.78 | |
| 5 | 184 | Ofuma Eze-Echesi | HPC | | 24.90 | |
| 6 | 137 | Idhe Hope | Delta | | 25.34 | |
| 7 | 332 | Abibat Yusuf | Police | | 25.63 | |
| 8 | 169 | Kessiena Igho Oghoghorie | FCT | | 26.06 | |

1 5/14/2016 Qualifying

200m Men - Promotional , Time :17:50

Heat : 1 Wind = 0.5

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|----------------------|-----------|------|--------|------|
| 1 | 286 | Oduduru Divine | NSCDC | | 20.64 | |
| 2 | 436 | Odele Tega | Uniben | | 21.11 | |
| 3 | 185 | Alieu Joof | HPC | | 21.63 | |
| 4 | 461 | Ogboma Prosper | Lone Star | | 21.70 | |
| 5 | 440 | Alabi Olumide Onyeka | UNIPORT | | 22.37 | |
| 6 | 429 | Phillip Egundehi | Ultimate | | 24.18 | |
| | 313 | Egwero Ogho-Oghene | NSCDC | | DNS | |

| | | | | |
|--|-----|----------------|------|-----|
| | 473 | Ufomba Chimere | Abia | DNS |
|--|-----|----------------|------|-----|

200m Men - Promotional , Time :17:50

Heat : 2 Wind = 2.2

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|------------------------|---------------|------|--------|------|
| 1 | 462 | Obinna Metu | Prisons | | 20.65 | |
| 2 | 186 | Assan Faye | HPC | | 21.55 | |
| 3 | 469 | Stanley Mbamara | NSCDC | | 21.76 | |
| 4 | 143 | Itsekuri Usheorifsel | Delta | | 21.81 | |
| 5 | 5 | Iloakagbune kenechukwu | Anambra | | 22.03 | |
| 6 | 265 | EGBOCHINAM CHIBUIKE | Making of Cha | | 22.06 | |
| 7 | 266 | OGUMA ESEROGHENE | Making of Cha | | 22.64 | |
| 8 | 391 | Mohammed D. Usman | Police | | 23.37 | |

200m Men - Promotional , Time :17:50

Heat : 3 Wind = 1.9

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-----------------------|--------|------|--------|------|
| 1 | 321 | Imhoaperamhe Nicholas | NSCDC | | 21.39 | |
| 2 | 331 | Onyeakwu Chukwuma | NSCDC | | 22.08 | |
| 3 | 450 | Nwafu Onyeji | Enugu | | 22.33 | |
| 4 | 454 | Zubairu Yakubu | Nigeri | | 22.44 | |
| 5 | 171 | Timinade Cocodia | FCT | | 22.79 | |
| 6 | 464 | Okeke Jude | Delta | | 23.58 | |
| 7 | 457 | Bello Ismail | ABU | | 24.87 | |

200m Men - Promotional , Time :17:50

Heat : 4 Wind = 1.1

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|---------------------|-----------|------|--------|------|
| 1 | 467 | Arowolo Emmanuel | FUTA | | 21.18 | |
| 2 | 240 | Nejo Odunayo Julius | Kwara | | 22.03 | |
| 3 | 163 | Adebakin Toluwani | Esteem | | 22.05 | |
| 4 | 1 | Akwaowo Francis | Akwa Ibom | | 22.48 | |

| | | | | |
|---|-----|--------------------|-------------|-------|
| 5 | 256 | Chidozie Uwajimogu | Lagos | 22.54 |
| 6 | 471 | Abba David | UAM | 23.21 |
| | 177 | Mai Lafia A. S | GoldenKight | DNF |

1 5/14/2016 Qualifying

5000m Women , Time :18:25

| Rank | ID | Name | Team | Area | Result | Info |
|------|-----|-----------------|-------------|------|----------|------|
| 1 | 486 | Monica Ezekiel | Mountaineer | | 18:03.83 | |
| 2 | 271 | Rose Akuso | Mountaineer | | 18:12.79 | |
| 3 | 270 | Onan Sale | Mountaineer | | 18:35.13 | |
| 4 | 77 | Jatto Loveline | Cross River | | 19:33.72 | |
| 5 | 19 | Sewuese Deachia | Benue | | 20:18.63 | |

