

mibia Natl Senior & Masters TF Champ.

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COSSASA Athletics Championship - 5/3/2013 to 5/4/2013

Track & Field

Zimbabwe International Stadium

Results

Event 1 Girls 12-13 200 Meter Dash

NSSU: 26.40# 2011 Sara Hunibes

COSSASA: 26.40# 2011 Sara Hunibes

Name	Age	Team	Finals
375 Mudzengerere, Sh	13	ZIM	26.84
339 Chipenzi, Sarah	12	ZIM	27.27
226 Phiri, Angella	13	ZAM	27.44
177 Simaata, Perpetua	13	NAM	27.53
209 Mbewe, Phales	13	ZAM	27.60
75 Samson, Precious	13	BOT	28.31
141 Boshoff, Dure	13	NAM	28.34
76 Sanane, Rose	13	BOT	28.70
147 Gomasas, Monica	13	NAM	29.17
202 Hamapumbu, Irece	12	ZAM	29.53
108 Makema, Masem	12	LES	29.96
104 Mafereka, Pinki	12	LES	53.40
35 Munga, nondie	13	ZIM	NT
122 Mpane, Mpho	13	LES	NT

Event 2 Boys 12-13 200 Meter Dash

NSSU: 24.81# 2011 Joseph Samende

COSSASA: 23.39# 2011 Thabo

Name	Age	Team	Finals
240 Nyoni, Petros	13	ZIM	24.62#
25 Kganxhlo, Kaashe	13	BOT	24.68#
364 Manhando, Ian	13	ZIM	25.25
7 Dcao, Tchoma	13	BOT	25.45
14 Hocker, Michel	13	BOT	25.63
219 Mwanza, Emman	12	ZAM	25.66
190 Besa, Boniface	13	ZAM	25.81
218 Mwanza, Charles	13	ZAM	25.94
82 Shimane, Xauku	13	BOT	x26.20
179 Swaartbooi, Jakob	13	NAM	26.22
148 Goresch, Wilfred	13	NAM	26.37
377 Mukucha, Milton	13	ZIM	26.54
126 Ntisa, Tsele	13	LES	26.58

Event 3 Girls 15-17 200 Meter Dash

NSSU: 25.61# 2011 Daniela Walters

COSSASA: 24.00# 2008 Alysa Conley;

Name	Age	Team	Finals
388 Mzinde, Ruvaras	16	ZIM	25.44#
58 Mphatho, Joy	17	BOT	25.49#
57 Mpeo, Gosego	17	BOT	25.76
242 Phiri, Venus	17	ZIM	25.97
210 Mpande, Kabinga	15	ZAM	26.18
186 Walder, Daniella	17	NAM	26.29
357 Luka, Muchaneta	16	ZIM	26.37
18 Kamberuka, Lopan	17	BOT	26.52
142 Britz, Eileen	17	NAM	26.53
327 Situwa, Gloria	16	ZAM	27.87
130 Selala, Limakabo	17	LES	28.27
121 Mozothoana, Ken	16	LES	29.07

Event 4 Boys 15-17 200 Meter Dash

NSSU: 21.90# 2011 Tjimbato Kauajo

COSSASA: 21.00# 2008 Stephan Britz

Name	Age	Team	Finals
1 251 Songore, Michael	17	ZIM	21.77#
2 205 Kasinda, Brian	16	ZAM	21.83#
3 3 Basima, Vincent	17	BOT	21.89#
4 328 Siyame, Sydney	17	ZAM	21.99
5 52 Mothibi, Karabo	17	BOT	22.12
6 62 Olefile, Sky	17	BOT	22.26
7 385 Mutariswa, Tafad	16	ZIM	22.50
8 195 Changuba, Nchim	16	ZAM	23.46
9 160 Losper, Lee-Anz	17	NAM	23.59
10 99 Fekefeke, Tseliso	16	LES	23.73
11 116 Moathlolil, Leloko	17	LES	24.48
12 360 Macheka, Sabasti	17	ZIM	27.72
--- 102 Kthethe, Lehlohor	17	LES	NT
--- 119 Mofibeli, Thakhis	17	LES	NT

Event 5 Girls 12-13 High Jump

NSSU: 1.45m# 2011 Siranda Horn

COSSASA: 1.50m# 2012 Jewel-Ray

Name	Age	Team	Finals
1 200 Chubila, Prisca	13	ZAM	1.47m#
2 338 Chinotsa, Kudzai	12	ZIM	1.47m#
3 358 Mabere, Kudzana	13	ZIM	1.41m
4 390 Ncube, Nomagugu	12	ZIM	1.38m
5 23 Keokang, Opatile	13	BOT	1.30m
5 178 Sindila, Emilia	13	NAM	1.30m
5 78 Sebetwane, Boleng	13	BOT	1.30m
8 19 Kayongo, Kamogel	12	BOT	1.20m
8 213 Muchindu, Troub	13	ZAM	1.20m

Event 6 Boys 12-13 Long Jump

NSSU: 4.85m# 2011 Ronaldo Kalimbo

COSSASA: 5.71m# 2013 Paavo Shaanika

Name	Age	Team	Finals
1 174 Shaanika, Paavo	13	NAM	5.71m#
2 364 Manhando, Ian	13	ZIM	5.47m#
3 359 Mabvumbe, Prom	13	ZIM	5.15m#
4 192 Bwalya, Humphre	13	ZAM	5.13m#
5 379 Munjari, Huggins	13	ZIM	5.12m#
6 25 Kganxhlo, Kaashe	13	BOT	4.98m#
7 87 Telekelo, Kaboyao	13	BOT	4.80m
8 29 Komati, Laron	13	BOT	4.10m
9 117 Mokati, Relebohil	13	LES	3.99m

Event 7 Girls 15-17 Shot Put

NSSU: 11.18m# 2011 Conette Smit

COSSASA: 13.36m# 2008 Carlien Dreyer

Name	Age	Team	Finals
1 184 Vermuelen, Morn	17	NAM	13.29m#
2 167 Otto, Ane	17	NAM	12.89m#
3 335 Chetsanga, Tapiw	16	ZIM	12.07m#
4 48 Montwedi, Laone	17	BOT	11.05m
5 183 Van Schalkwyk, I	17	NAM	10.64m

6 223 Mwitjmw, Mem	17	ZAM	10.60m
7 372 Mudimu, Christin	17	ZIM	10.35m
8 381 Murape, Natasha	16	ZIM	10.20m
9 35 Malikongwa, Madc	17	BOT	9.93m
10 86 Tapologo, Tebogo	17	BOT	9.91m

Event 8 Boys 15-17 Discus Throw

NSSU: 42.64m# 2011 Jean-Pierre Grobler

COSSASA: 58.57m# 2008 Dewald Van

Name	Age	Team	Finals
1 172 Rademeyer, Wilh	17	NAM	43.01m#
2 181 Swanepoel, Anro	16	NAM	42.86m#
3 175 Shepperson, Ernie	16	NAM	41.35m
4 90 Tsapo, Pako	17	BOT	38.81m
5 40 Mbulawa, Kentse	17	BOT	37.32m
6 329 Banhwa, James	16	ZIM	36.41m
7 38 Masala, Thako	17	BOT	35.26m
8 224 Njobvu, Chrsian	17	ZAM	34.69m
9 250 Siwa, Andrew	16	ZIM	31.44m
--- 398 Nyakuwengana, E	17	ZIM	

Event 9 Girls 15-17 100 Meter Hurdles

NSSU: 15.90# 2011 Jocelle Deysel

COSSASA: 13.76# 2008 Ansuuet Potgieter

Name	Age	Team	Finals
1 142 Britz, Eileen	17	NAM	15.55#
2 85 Talanyane, Kgalale	17	BOT	16.31
2 383 Mutale, Pesi	17	ZIM	16.31
4 46 Molatlhegi, Gofaor	17	BOT	16.33
5 89 Thebeyame, Omph	17	BOT	17.31
6 254 Thomas, Yvonne	17	ZIM	17.46
7 45 Mokonyole, Tshepl	17	BOT	x17.98
--- 225 Njobvu, Eliza	17	ZAM	NT

Event 10 Boys 15-17 110 Meter Hurdles

NSSU: 15.34# 2011 Job Haitula

COSSASA: 13.78# 2006 HJ Gordon

Name	Age	Team	Finals
1 173 Rossouw, Divan	17	NAM	14.05#
2 162 Mize, Kevin	17	NAM	14.55#
3 336 Chiduvuenzi, Dan	17	ZIM	14.23#
4 340 Chipurura, Tawan	17	ZIM	16.07
5 15 James, Itumeleng	17	BOT	16.13
6 24 Kesilwe, Oteng	17	BOT	16.99
7 26 Kgosana, Thabo	17	BOT	20.23

Event 11 Girls 15-17 800 Meter Run

NSSU: 2:18.51# 2011 Johanna Shiweda

COSSASA: 2:10.53# 2007 Nandi Meyer

Name	Age	Team	Finals
1 395 Nkomo, Sibongile	17	ZIM	2:13.01#
2 20 Kelesitse, Irene	17	BOT	2:15.73#
3 244 Shereni, Noster	17	ZIM	2:16.89#
4 363 Maketi, Netsai	17	ZIM	2:25.98
5 69 Rabasimane, Keleb	17	BOT	2:31.14
6 98 Elane, Mapheng	17	LES	2:42.08
7 169 Paulus, Auguste	16	NAM	2:46.26

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Event 11 Girls 15-17 800 Meter Run
 215 Mumbelunga, Edri 16 ZAM NT

Event 12 Boys 15-17 800 Meter Run
 NSSU: 2:02.35# 2011 Kent Chiluba

Name	Age	Team	Finals
386 Mutsetse, Nyasha	17	ZIM	1:53.23#
198 Chisenga, Ribeecl	17	ZAM	1:54.25#
9 Gabankitse, Gorata	17	BOT	1:56.17#
243 Pungurana, Josepl	16	ZIM	2:01.92#
161 Mbuende, Gustaf	17	NAM	2:04.11
105 Mafole, Sera	17	LES	2:07.06
206 Mabamba, Bright	17	ZAM	2:08.55
68 Pumpkin, Kemo	17	BOT	2:15.55
128 Ramashamole, Th	15	LES	2:21.83
399 Nyamayaro, Ever	15	ZIM	NT

Event 13 Girls 15-17 High Jump
 NSSU: 1.65m# 2011 Michelle Pretorius
 COSSASA: 1.73m# 2006 Marcolleen Pretorius

Name	Age	Team	Finals
156 Kruger, Kristien	16	NAM	1.58m
201 Fwambo, Mary	16	ZAM	1.58m
151 Horn, Sarina	15	NAM	1.58m
397 Nyakakweto, Geo	17	ZIM	1.50m
210 Mpande, Kabinga	15	ZAM	1.45m
332 Chauke, Modeste	17	ZIM	1.45m
12 Gaetlotle, Princes	17	BOT	1.35m

Event 14 Boys 15-17 Triple Jump
 NSSU: 12.94m# 2011 Patrick Sakala
 COSSASA: 14.54m# 2013 Brian Mada

Name	Age	Team	Finals
361 Mada, Brian	17	ZIM	14.54m#
391 Ncube, Righteous	17	ZIM	14.17m#
323 Simbeleko, Fredri	17	ZAM	13.57m#
47 Mompoloki, Phala	17	BOT	13.53m#
130 Mukes, Hillian	17	NAM	13.43m#
152 Jagger, Nathan	17	NAM	12.99m#
42 Mohuhutso, Moabi	17	BOT	12.72m
32 Lesetedi, Tabona	17	BOT	12.63m
325 Sinkolongo, Ojon	17	ZAM	11.20m

Event 15 Girls 15-17 Long Jump
 NSSU: 5.31m# 2011 Choosha Chaunes
 COSSASA: 5.78m# 2007 Nicolene McLaren

Name	Age	Team	Finals
157 Kutzner, Carolin	16	NAM	5.51m#
357 Luka, Muchaneta	16	ZIM	5.28m
225 Njobvu, Eliza	17	ZAM	5.14m
356 Linganya, Millece	16	ZIM	5.12m
367 Mazhoha, Ivy	16	ZIM	5.12m
186 Walder, Daniella	17	NAM	5.03m
184 Vermuelen, Morn	17	NAM	5.03m
39 Masheleng, Gonew	17	BOT	4.80m

9 56 Mpeleng, Moitshep 17 BOT 4.51m
 10 67 Pule, Kedumetse 17 BOT 4.41m
 11 212 Mubita, Judith 16 ZAM 4.16m
 --- 201 Fwambo, Mary 16 ZAM ND

Event 16 Girls 15-17 Javelin Throw
 NSSU: 40.53m# 2011 Sune Wittmann

Name	Age	Team	Finals
1 145 Dressbeindiecke, J	17	NAM	39.09m
2 396 Nkomo, Wayne	16	ZIM	35.53m
3 6 Daniel, Tumelo	17	BOT	34.67m
4 248 Sifelani, Bridget	16	ZIM	33.33m
5 171 Pringle, Lawren	16	NAM	31.81m
6 41 Modongo, Keniliw	17	BOT	30.87m
7 194 Chama, Magareti	17	ZAM	30.74m
8 64 Petros, Boipelo	17	BOT	26.11m

Event 17 Girls 15-17 400 Meter Dash
 NSSU: 56.92# 2011 Orient Mwanza
 COSSASA: 55.15# 2013 Galefele Moroko

LaneName	Age	Team	Finals
1 50 Moroko, Galefele	17	BOT	55.15#
2 255 Vanhuvaone, Yvo	16	ZIM	56.47#
3 249 Siklule, Memory	17	ZIM	57.04
4 13 Gorata, Thebe	17	BOT	57.76
5 27 Kgosiesele, Kassan	17	BOT	58.03
6 146 Garbers, Juzell	16	NAM	59.56
7 376 Muhuma, Faith	17	ZIM	59.64
8 215 Mumbelunga, Edri	16	ZAM	61.07
9 149 Grobbelaar, Elrika	16	NAM	62.12
10 111 Mapoho, Takane	15	LES	63.84
11 214 Mulyata, Faides	15	ZAM	64.19
--- 124 Nkopele, Puleng	15	LES	NT
--- 129 Ramothebe, Ntsei	16	LES	NT

Event 18 Boys 15-17 400 Meter Dash
 NSSU: 49.56# 2011 Patson Musukuma
 COSSASA: 47.75# 2007 Hendrik Maartins

LaneName	Age	Team	Finals
1 193 Chama, Godfrey	15	ZAM	49.38#
2 198 Chisenga, Ribeecl	17	ZAM	49.71
3 393 Ndebele, Marvelo	17	ZIM	49.85
4 91 Unoda, Keetile	17	BOT	49.92
5 206 Mabamba, Bright	17	ZAM	49.93
6 140 Beuthin, Edgar	17	NAM	50.09
7 366 Matesenwa, Taten	17	ZIM	50.18
8 79 Sekgopi, Thabiso	17	BOT	50.31
9 182 Uatema, Francis	17	NAM	51.29
10 253 Tembo, Tawanda	16	ZIM	51.96
11 81 Shalikong, Tsholof	17	BOT	52.06
12 99 Fekefeke, Tseliso	16	LES	67.99
--- 119 Molibeli, Thakhis	17	LES	NT

Event 19 Boys 15-17 Javelin Throw
 NSSU: 55.18m# 2011 Christiaan

Name	Age	Team	Finals
1 166 Nieman, Eugene	16	NAM	58.32m#
2 90 Tsapo, Pako	17	BOT	53.24m
3 137 Barnard, Martin	17	NAM	49.04m
4 38 Masala, Thako	17	BOT	44.87m
5 21 Kennie, Assani	17	BOT	42.96m
6 220 Mwape, Chisenga	16	ZAM	41.37m
7 329 Banhwa, James	16	ZIM	37.97m
8 320 Phiri, Matthews	17	ZAM	29.11m

Event 20 Girls 15-17 Triple Jump
 NSSU: 10.91m# 2011 Schearita Van Der
 COSSASA: 12.11m# 2007 Kelly - lynn

Name	Age	Team	Finals
1 394 Ndlovu, Nomagug	16	ZIM	11.12m#
2 349 Kahambi, Previou	15	ZIM	11.00m#
3 212 Mubita, Judith	16	ZAM	10.90m#
4 56 Mpeleng, Moitshep	17	BOT	10.66m
5 225 Njobvu, Eliza	17	ZAM	10.54m
6 67 Pule, Kedumetse	17	BOT	10.42m
7 11 Gaborapelwe, Goit	17	BOT	9.99m

Event 23 Boys 15-17 Shot Put
 NSSU: 15.30m# 2011 Divan Visser
 COSSASA: 18.73m# 2008 Donovan Stebing

Name	Age	Team	Finals
1 172 Rademeyer, Wilhe	17	NAM	14.96m
2 181 Swanepoel, Anro	16	NAM	13.28m
3 320 Phiri, Matthews	17	ZAM	12.12m
4 398 Nyakuwengana, E	17	ZIM	11.89m
5 90 Tsapo, Pako	17	BOT	11.73m
6 38 Masala, Thako	17	BOT	11.68m
7 175 Shepperson, Ernie	16	NAM	10.28m
8 370 Milazi, Alister	16	ZIM	10.15m
9 40 Mbulawa, Kentse	17	BOT	8.34m
--- 224 Njobvu, Chritsian	17	ZAM	ND

Event 24 Girls 15-17 3000 Meter Run
 NSSU: 10:06.86# 2011 Ndapandile
 COSSASA: 9:37.03# 2007 Lavinia Haitopi

Name	Age	Team	Finals
1 389 Ncube, Enilitha	15	ZIM	9:43.80#
2 337 Chikanga, Bertha	17	ZIM	9:46.54#
3 330 Bungu, Annah	17	ZIM	9:50.32#
4 1 Badubi, Mosa	17	BOT	9:54.51#
5 71 Radiakanyo, Leseg	17	BOT	10:30.22
6 93 White, Khumo	17	BOT	10:59.66
7 96 Bure, Refilde	15	LES	11:14.62
--- 191 Bwalya, Evet	17	ZAM	NT
--- 204 Kabwali, Eunice	16	ZAM	NT
--- 101 Keele, Lebohang	15	LES	NT

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Results

Event 25 Boys 15-17 3000 Meter Run

NSSU: 9:19.86# 2011 Musiyani, M

COSSASA: 8:24.09# 2007 Diko Sityhilo

Name	Age	Team	Finals
324 Simusamba, Frida	17	ZAM	8:34.04#
203 Hiyamwa, Achim	15	ZAM	8:43.16#
341 Chitimbe, Lucky	17	ZIM	8:46.02#
400 Nyathi, Titus	16	ZIM	8:57.92#
331 Chanetsa, Tendai	17	ZIM	9:04.15#
95 Badboy, Toka	17	LES	9:05.49#
60 Ndiye, Nkungwa	17	BOT	9:11.29#
31 Lefakac, Tshogofat	17	BOT	9:38.07
168 Paul, Uga	15	NAM	9:45.58
159 Listo, Shipopa	17	NAM	NT
37 Marang, Tshoganel	17	BOT	NT
110 Mapesela, Mapesi	17	LES	DQ

Event 26 Girls 15-17 400 Meter Hurdles

NSSU: 69.43# 2011 Jocelle Deysel

COSSASA: 60.66# 2006 Marlie Spies

Name	Age	Team	Finals
142 Britz, Eileen	17	NAM	64.04#
383 Mutale, Pesi	17	ZIM	64.39#
146 Garbers, Juzell	16	NAM	66.21#
368 Mazuwa, Placidia	17	ZIM	66.42#
252 Tapfumane, Kelly	17	ZIM	67.31#
85 Talanyane, Kgalale	17	BOT	71.34
89 Thebeyame, Omph	17	BOT	71.64
46 Molatlhegi, Gofaor	17	BOT	74.23
45 Mokonyole, Tshepi	17	BOT	x77.21

Event 27 Boys 15-17 400 Meter Hurdles

NSSU: 56.19# 2011 Walter Burger

COSSASA: 50.90# 2007 Cornel Fredericks

Name	Age	Team	Finals
173 Rossouw, Divan	17	NAM	54.57#
193 Chama, Godfrey	15	ZAM	55.33#
33 Madavaenzi, Dan	17	ZIM	55.55#
170 Potgieter, Stefan	17	NAM	56.91
74 Rantsalo, Oabile	17	BOT	58.16
15 James, Itumeleng	17	BOT	58.20
369 Mhindu, Gregory	17	ZIM	60.70
24 Kesilwe, Oteng	17	BOT	63.03

Event 28 Girls 15-17 Discus Throw

NSSU: 35.41m# 2011 Sune Wittmann

COSSASA: 36.26m# 2013 Izaan Van

Name	Age	Team	Finals
183 Van Schalkwyk, I	17	NAM	36.26m#
86 Tapologo, Tebogo	17	BOT	33.09m
150 Henle, Carmen	16	NAM	32.00m
348 Jeke, Hazel Aman	16	ZIM	30.32m
184 Vermuelen, Morn	17	NAM	29.40m
211 Mpanza, Caroline	15	ZAM	28.77m
64 Petros, Boipelo	17	BOT	27.30m
372 Mudimu, Christin	17	ZIM	27.02m

--- 194 Chama, Magareti	17	ZAM	ND
--- 6 Daniel, Tumelo	17	BOT	ND
--- 41 Modongo, Keniliw	17	BOT	ND

Event 29 Boys 15-17 Long Jump

NSSU: 6.63m# 2011 Adiel Van Wyk

COSSASA: 7.25m# 2007 Brent Stevens

Name	Age	Team	Finals
1 155 Kavita, Unomasa	17	NAM	6.71m#
2 387 Mwanza, Guide	17	ZIM	6.67m#
3 323 Simbeleko, Fredri	17	ZAM	6.58m
4 32 Lesetedi, Tabona	17	BOT	6.43m
5 51 Moseki, Tshwarelo	17	BOT	6.32m
6 371 Mudekwa, Nicola	17	ZIM	6.14m
7 47 Mompoloki, Phala	17	BOT	5.95m
8 325 Sinkolongo, Ojon	17	ZAM	5.90m
--- 152 Jagger, Nathan	17	NAM	ND

Event 30 Boys 15-17 High Jump

NSSU: 1.90m# 2011 Wigan Mwiinga

COSSASA: 2.00m# 2008 Christiaan Karl

Name	Age	Team	Finals
1 354 Katuka, Prince	16	ZIM	1.93m#
2 162 Mizee, Kevin	17	NAM	1.93m#
3 346 Orejena, Momen	17	ZIM	1.91m#
4 199 Chomba, Peter	17	ZAM	1.88m
5 77 Sebangani, Phosen	17	BOT	1.85m
6 80 Sengo, Mmabalcdi	17	BOT	1.80m
7 340 Chipurura, Tawan	17	ZIM	1.75m
--- 195 Changuba, Nchim	16	ZAM	NH

Event 31 Girls 12-13 100 Meter Dash

NSSU: 13.23# 2012 Bure Lieketseng

COSSASA: 13.23# 2012 Bure Lieketseng

LaneName	Age	Team	Finals
1 123 Nchaksa, Limpho	13	LES	12.93#
2 353 Kashiri, Rufaro	12	ZIM	13.12#
3 375 Mudzengerere, Sh	13	ZIM	13.17#
4 355 Langa, nindie	13	ZIM	13.31
5 141 Boshoff, Dure	13	NAM	13.48
6 177 Simaata, Perpetua	13	NAM	13.56
7 75 Samson, Precious	13	BOT	13.60
8 209 Mbewe, Phales	13	ZAM	13.69
9 163 Mukwilongo, Ail	13	NAM	13.70
10 44 Mokiya, Olerato	13	BOT	13.79
11 55 Motingwa, Omoph	13	BOT	13.87
12 118 Mokomane, Tlala	12	LES	13.88
--- 217 Mwaba, Magret	13	ZAM	NT
--- 226 Phiri, Angella	13	ZAM	NT

Event 32 Boys 12-13 100 Meter Dash

NSSU: 12.34# 2011 Joseph Samende

COSSASA: 12.03# 2012 Tumise

LaneName	Age	Team	Finals
1 132 Tabbello, Setanam	13	LES	11.66#
2 402 Phiri, Levy	13	ZAM	11.73#
3 25 Kganxla, Kaashe	13	BOT	12.11#

4 364 Manhando, Ian	13	ZIM	12.28#
5 218 Mwanza, Charles	13	ZAM	12.35
6 139 Beukes, Jiaan	13	NAM	12.43
7 164 Nawid, Lopez	13	NAM	12.49
8 377 Mukucha, Milton	13	ZIM	12.52
9 14 Hocker, Michel	13	BOT	12.56
10 190 Besa, Boniface	13	ZAM	12.57
11 82 Shimane, Xauku	13	BOT	12.59
12 7 Dcao, Tchoma	13	BOT	x12.99
--- 36 Mantswe, Kenano	12	BOT	NT
--- 148 Goreseb, Wilfred	13	NAM	NT
--- 100 Hlompho, Tsemp	13	LES	NT

Event 33 Girls 15-17 100 Meter Dash

NSSU: 12.69# 2011 Daphny Naobes

COSSASA: 11.50# 2008 Mellisa Hewitt

LaneName	Age	Team	Finals
1 388 Mzinde, Ruvarash	16	ZIM	12.36#
2 342 Dube, Niama	16	ZIM	12.47#
3 8 Dintweng, Refiliwe	17	BOT	12.54#
4 57 Mpeo, Gosego	17	BOT	12.54#
5 242 Phiri, Venus	17	ZIM	12.66#
6 186 Walder, Daniella	17	NAM	12.77
7 210 Mpande, Kabinga	15	ZAM	12.79
8 327 Situwa, Gloria	16	ZAM	12.88
9 149 Grobbelaar, Erika	16	NAM	12.93
10 58 Mphatho, Joy	17	BOT	12.96
11 107 Makekane, Keleb	17	LES	13.35
12 130 Selala, Limakabo	17	LES	14.55

Event 34 Boys 15-17 100 Meter Dash

NSSU: 10.94# 2011 Shareave Titus

COSSASA: 10.50# 2008 Waide Jooste

LaneName	Age	Team	Finals
1 251 Songore, Michael	17	ZIM	10.75#
2 52 Mothibi, Karabo	17	BOT	10.84#
3 328 Siyame, Sydney	17	ZAM	10.95
4 205 Kasinda, Brian	16	ZAM	11.07
5 88 Thebe, Baboloki	17	BOT	11.09
6 103 Lekhotso, Letlala	16	LES	11.12
7 360 Macheka, Sabasti	17	ZIM	11.15
8 216 Musukwa, James	16	ZAM	11.18
9 160 Losper, Lee- Anzi	17	NAM	11.20
10 173 Rossouw, Divan	17	NAM	12.02
11 385 Mutariswa, Tafad	16	ZIM	13.22
--- 99 Fekefeke, Tseliso	16	LES	NT
--- 127 Phahlang, Thume	17	LES	NT
--- 162 Mizee, Kevin	17	NAM	NT
--- 3 Basima, Vincent	17	BOT	NT

Event 35 Girls 15-17 1500 Meter Run

NSSU: 4:47.78# 2011 Ndapandile

COSSASA: 4:34.00# 2007 Lavinia Haitopi

Name	Age	Team	Finals
1 373 Mudyiravanji, Ma	16	ZIM	4:34.52#
2 333 Chawora, Shyllett	16	ZIM	4:35.92#

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Results

Event 35 Girls 15-17 1500 Meter Run

Name	Age	Team	Finals
1 Badubi, Mosa	17	BOT	4:35.94#
204 Kabwali, Eunice	16	ZAM	4:44.02#
352 Kasekera, Sphelikh	17	ZIM	4:46.49#
20 Kelesitse, Irene	17	BOT	4:56.71
158 Lebus, Rauha	17	NAM	5:08.44
135 Tielase, Liemiso	15	LES	5:30.53

Event 36 Boys 15-17 1500 Meter Run

Name	Age	Team	Finals
NSSU: 4:14.79# 2011 Musianyi.M			
COSSASA: 3:55.95# 2006 Dumisani Hlaselo			
203 Hiyamwa, Achim	15	ZAM	3:56.00#
324 Simusamba, Frida	17	ZAM	3:56.52#
386 Mutsetse, Nyasha	17	ZIM	3:59.77#
400 Nyathi, Titus	16	ZIM	4:02.50#
128 Ramashamole, Th	15	LES	4:03.46#
110 Mesela, Mapest	17	LES	4:06.12#
105 Mafole, Sera	17	LES	4:18.13
95 Badboy, Toka	17	LES	4:26.04
37 Marang, Tshoganet	17	BOT	4:41.04
341 Chitimbe, Lucky	17	ZIM	NT
161 Mbuende, Gustaf	17	NAM	NT
10 gabantatse, Gorata	17	BOT	NT
60 Ndiye, Nkungwa	17	BOT	NT

Event 39 Girls 12-13 Long Jump

Name	Age	Team	Finals
NSSU: 4.37m# 2011 Victor Katja			
COSSASA: 4.59m# 2013 Dure Boshoff			
141 Boshoff, Dure	13	NAM	4.59m#
92 Vass, Segolame	12	BOT	4.52m#
321 Sandwe, Madrine	12	ZAM	4.51m#
165 Neumbo, Gersolir	13	NAM	4.43m#
53 Mothusiemang, Ke	13	BOT	4.30m
365 Marange, Sharon	13	ZIM	4.25m
22 Kenosi, Goweditsw	13	BOT	4.05m
351 Mkega, Patience	13	ZIM	4.04m
125 Mokoaleng, Ranch	13	LES	3.85m
184 Mutambi, Nyasha	13	ZIM	3.69m

Event 40 Boys 12-13 High Jump

Name	Age	Team	Finals
NSSU: 1.50m# 2011 Dewald Vrey			
COSSASA: 1.75m# 2012 Aobakwe Nkobela			
92 Bwalya, Humphre	13	ZAM	1.63m#
44 Dean, Alesandro	13	NAM	1.59m#
79 Munjari, Huggins	13	ZIM	1.53m#
44 Dziike, Morgan	13	ZIM	1.40m
11 Ngisi, Ishmeal	13	BOT	1.40m
0 Lebanna, Katio	13	BOT	1.40m

Event 41 Girls 12-13 4x100 Meter Relay

Team	Relay	Finals
COSSASA: 52.07# 2012 Zimbabwe		
1 ZIM	A	51.14#
384 Mutambi, Nyasha	1	355 Langa, nindie
339 Chipenzi, Sarah	12	378 Munjanji, Lesibane
2 ZAM	A	52.75
217 Mwaba, Magret	13	209 Mbewe, Phales
208 Mazila, Sipwe	13	226 Phiri, Angella
3 BOT	A	53.23
55 Motingwa, Omophen	75	Samson, Precious
76 Sanane, Rose	13	44 Mokiya, Olerato
4 LES	A	57.51
123 Nchaksa, Limpho	1	118 Mokomane, Tlalane
104 Mafereka, Pinki	12	108 Makema, Maseme
--- NAM	A	DQ
141 Boshoff, Dure	13	163 Mukwilongo, Aili
147 Gomases, Monica	1	177 Simaata, Perpetua

Event 42 Boys 12-13 4x100 Meter Relay

Team	Relay	Finals
COSSASA: 48.40# 2012 Botswana		
1 BOT	A	46.81#
82 Shimane, Xauku	13	25 Kganxiao, Kaashe
7 Deao, Tchoma	13	14 Hocker, Michel
2 ZIM	A	47.39#
334 Chakwa, Anorld	13	240 Nyoni, Petros
377 Mukucha, Milton	1	364 Manhando, Ian
3 LES	A	47.93#
100 Hlompho, Tsempe	1	132 Tabetlo, Setanaman
126 Ntisa, Tsele	13	114 Masupha, Tsepo
4 ZAM	A	48.69
218 Mwansa, Charles	1	219 Mwanza, Emmanuel
402 Phiri, Levy	13	190 Besa, Boniface
5 NAM	A	49.89
164 Nawid, Lopez	13	139 Beukes, Jiaan
144 Dean, Alesandro	13	179 Swaartbooi, Jakova

Event 43 Girls 12-13 800 Meter Run

Name	Age	Team	Finals
COSSASA: 2:14.49# 2013 Pauline Sibanda			
1 247 Sibanda, Pauline	13	ZIM	2:14.49#
2 222 Mwecmba, Funga	13	ZAM	2:18.45
3 374 Mudzamiri, Meme	13	ZIM	2:19.63
4 213 Muchindu, Troub	13	ZAM	2:29.80
5 343 Dube, Privilege	13	ZIM	2:34.26
6 2 Basele, Tihomphang	13	BOT	2:35.74
7 120 Molise, Tebalo	13	LES	2:36.11
8 136 Tsiu, Seitmati	13	LES	2:43.60
9 72 Ramokate, Kedum	13	BOT	2:44.16
--- 259 Makha, Boitumek	12	LES	NT
--- 49 Mopundu, Grace	13	BOT	NT
--- 202 Hamapumbu, Iree	12	ZAM	NT
--- 153 Kahiata, Maria	13	NAM	NT

Event 45 Boys 12-13 800 Meter Run

Name	Age	Team	Finals
COSSASA: 2:01.79# 2013 Thulo Mashaile			
1 112 Mashaile, Thulo	13	LES	2:01.79#
2 322 Sihilya, Caphas	13	ZAM	2:03.73
3 258 Vhudzi, Nyashad	12	ZIM	2:06.45
4 63 Othusitse, Garebar	13	BOT	2:15.69
5 114 Masupha, Tsepo	12	LES	2:15.79
6 380 Munyunguma, La	13	ZIM	2:20.02
7 17 Joseph, Ramotanan	13	BOT	2:21.36
8 318 Phiri, Henry	13	ZAM	2:22.26
9 134 Thabo, Thabela	13	LES	3:04.51
10 28 Khumo, Bonosi	13	BOT	4:12.27
--- 317 Phiri, Gilbert	13	ZAM	NT

Event 46 Girls 12-13 1500 Meter Run

Name	Age	Team	Finals
COSSASA: 4:44.19# 2013 Jestina Maliko			
1 207 Maliko, Jestina	13	ZAM	4:44.19#
2 374 Mudzamiri, Meme	13	ZIM	4:48.37
3 256 Veremu, Thabani	13	ZIM	4:54.12
4 362 Maguri, Apronia	13	ZIM	4:58.43
5 113 Masheane, Thato	13	LES	4:58.47
6 176 Shikongo, Bertha	13	NAM	5:13.13
7 34 Maburuwe, Kenale	12	BOT	5:17.89
8 189 Banda, Irene	13	ZAM	5:27.96
9 133 Tekane, Maorele	12	LES	5:31.53
10 84 Speakson, Kaone	13	BOT	5:33.46
11 65 Phetonyana, Tabon	12	BOT	5:53.13
--- 221 Mweemba, Cecili	13	ZAM	NT
--- 97 Chalo, Palesa	13	LES	NT

Event 47 Boys 12-13 1500 Meter Run

Name	Age	Team	Finals
COSSASA: 4:22.03# 2013 Nyashadzash			
1 258 Vhudzi, Nyashad	12	ZIM	4:22.03#
2 322 Sihilya, Caphas	13	ZAM	4:24.19
3 380 Munyunguma, La	13	ZIM	4:25.26
4 106 Mahlehle, Thabis	12	LES	4:25.40
5 131 Scrokc, Khotso	13	LES	4:25.40
6 28 Khumo, Bonosi	13	BOT	4:43.00
7 63 Othusitse, Garebar	13	BOT	4:44.63
--- 17 Joseph, Ramotanan	13	BOT	NT
--- 115 Matsoha, Napo	13	LES	NT
--- 154 Kashita, Frans	13	NAM	NT
--- 33 Lucas, Goronang	13	BOT	NT

Event 48 Girls 15-17 Distance Medley

Team	Relay	Finals
1 BOT	A	2:12.96
8 Dintweg, Refiliwe	17	57 Mpeo, Gosego
27 Kgosiesele, Kassand	50	Moroko, Gafefele
2 ZIM	A	2:15.15
342 Dube, Niama	16	388 Mzinde, Ruvarashe
242 Phiri, Venus	17	255 Vanhuvaone, Yvon

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NAM	A	2:21.62
149 Grobbelaar, Erika	186 Walder, Daniella	17
142 Britz, Eileen	146 Garbers, Juzell	16
ZAM	A	2:23.30
327 Situwa, Gloria	210 Mpande, Kabinga	17
225 Njobvu, Eliza	215 Mumbelunga, Edna	
LES	A	2:40.25
130 Selala, Limakabo	107 Makekane, Kelebo	
121 Mozotheoana, Kenet	124 Nkopele, Puleng	15

Event 49 Boys 15-17 Distance Medley

Team	Relay	Finals
ZIM	A	1:55.69
360 Macheke, Sabastian	385 Mutariswa, Tafadzwa	
251 Songore, Michael	393 Ndebele, Marvellous	
ZAM	A	1:56.00
111 Mhambanda, Hazemb	328 Siyame, Sydney	17
206 Mabamba, Bright	193 Chama, Godfrey	15
BOT	A	1:56.73
52 Mothibi, Karabo	3 Basima, Vincent	17
62 Olefile, Sky	91 Uinoda, Keetile	17
NAM	A	1:58.53
160 Losper, Lee- Anzo	173 Rossouw, Divan	17
182 Uatema, Francis	140 Beuthin, Edgar	17
LES	A	DNF
103 Lekhotso, Letlala	116 Mouthlotlil, Leloko	
99 Fekefeka, Tseliso	127 Phahlang, Thumelo	

Event 50 Girls 12-13 Shot Put

COSSASA: 11.06m& 2013 Anjone Swanepoel

Name	Age	Team	Finals
180 Swanepoel, Anjor	13	NAM	11.06m&
345 Givhaziyo, Vonga	13	ZIM	10.00m
419 Zaranyika, Talent	13	ZIM	7.91m
365 Marange, Sharon	13	ZIM	5.29m

Event 51 Boys 12-13 Shot Put

COSSASA: 11.22m& 2013 Ryan Williams

Name	Age	Team	Finals
188 Williams, Ryan	13	NAM	11.22m&
185 Voights, Charles	13	NAM	10.06m
240 Nyoni, Petros	13	ZIM	9.27m
245 Sibanda, Dellen	13	ZIM	8.40m
382 Musaandaka, Ngc	12	ZIM	7.37m
317 Phiri, Gilbert	13	ZAM	5.57m

Event 52 Girls 12-13 Discus Throw

COSSASA: 29.49m& 2013 Anjone Swanepoel

Name	Age	Team	Finals
180 Swanepoel, Anjor	13	NAM	29.49m&
246 Sibanda, Diana	13	ZIM	27.25m
347 Jangara, Lizzy	13	ZIM	16.82m
217 Mwaba, Magret	13	ZAM	ND

Event 53 Boys 12-13 Discus Throw

COSSASA: 33.39m& 2013 Ryan Williams

Name	Age	Team	Finals
1 188 Williams, Ryan	13	NAM	33.39m&
2 187 Wessels, Bernhar	13	NAM	30.05m
3 185 Voights, Charles	13	NAM	29.34m
4 334 Chekwa, Anorid	13	ZIM	22.18m
5 392 Ncube, Takunda	13	ZIM	20.65m
6 218 Mwansa, Charles	13	ZAM	19.60m
--- 350 Kandemire, Tanal	12	ZIM	ND

Event 54 Girls 12-13 Javelin Throw

COSSASA: 28.90m& 2013 Lizzy Jangara

Name	Age	Team	Finals
1 347 Jangara, Lizzy	13	ZIM	28.90m&
2 143 De Klerk, Hanalis	13	NAM	26.85m
3 180 Swanepoel, Anjor	13	NAM	24.49m

Event 55 Boys 12-13 Javelin Throw

COSSASA: 38.55m& 2013 Petros Nyoni

Name	Age	Team	Finals
1 240 Nyoni, Petros	13	ZIM	38.55m&
2 188 Williams, Ryan	13	NAM	35.81m
3 187 Wessels, Bernhar	13	NAM	33.74m

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COSSASA Athletics Championship - 5/3/2013 to 5/4/2013**Track & Field****Zimbabwe International Stadium****COSSASA - Records**

1	Girls 12-13 200 Meter Dash	26.40	4/28/2011	Sara Hunibes - Namibia
2	Boys 12-13 200 Meter Dash	23.39	4/28/2011	Thabo Matsagopame - Botswana
3	Girls 15-17 200 Meter Dash	24.00	5/2/2008	Alysa Conley; Imgard Bensusan - South Africa
4	Boys 15-17 200 Meter Dash	21.00	5/2/2008	Stephan Britz - South Africa
5	Girls 12-13 High Jump 1,20m	1.50m	5/11/2012	Jewel - Ray Engelbrecht - Namibia
6	Boys 12-13 Long Jump	5.71m	5/3/2013	Paavo Shaanika - Namibia
7	Girls 15-17 Shot Put	13.36m	5/2/2008	Carlien Dreyer - South Africa
8	Boys 15-17 Discus Throw	58.57m	5/2/2008	Dewald Van Heerden - South Africa
9	Girls 15-17 100 Meter Hurdles	13.76	5/2/2008	Ansunet Potgieter - South Africa
0	Boys 15-17 110 Meter Hurdles	13.78	4/27/2006	HJ Gordon - South Africa
1	Girls 15-17 800 Meter Run	2:10.53	4/27/2007	Nandi Meyer - South Africa
2	Boys 15-17 800 Meter Run	1:51.31	4/27/2006	Shaka Ntsimako - Botswana
3	Girls 15-17 High Jump 1,35m	1.73m	4/27/2006	Marcoleen Pretorius - South Africa
4	Boys 15-17 Triple Jump 11,00m	14.54m	5/4/2013	Brian Mada - Zimbabwe
5	Girls 15-17 Long Jump	5.78m	4/27/2007	Nicolene McLaren - South Africa
6	Girls 15-17 Javelin Throw	53.03m	4/27/2007	Tazmin Britz - South Africa
7	Girls 15-17 400 Meter Dash	55.15	5/4/2013	Galefele Moroko - Botswana
8	Boys 15-17 400 Meter Dash	47.75	4/27/2007	Hendrik Maartins - South Africa
9	Boys 15-17 Javelin Throw	72.72m	5/2/2008	Ettiene Graasmen - South Africa
0	Girls 15-17 Triple Jump 9,00m	12.11m	4/27/2007	Kelly - Lynn Kingwell - South Africa
1	Boys 15-17 4x100 Meter Relay	41.78	4/27/2007	South Africa - South Africa
2	Girls 15-17 4x100 Meter Relay	47.20	5/2/2008	South Africa - South Africa
3	Boys 15-17 Shot Put	18.73m	5/2/2008	Donovan Stebing - South Africa
4	Girls 15-17 3000 Meter Run	9:37.03	4/27/2007	Lavinia Haitopi - Namibia
5	Boys 15-17 3000 Meter Run	8:24.09	4/27/2007	Diko Sityhilo - South Africa
5	Girls 15-17 400 Meter Hurdles	60.66	4/27/2006	Marlie Spies - South Africa
7	Boys 15-17 400 Meter Hurdles	50.90	4/27/2007	Cornel Fredericks - South Africa
3	Girls 15-17 Discus Throw	36.26m	5/3/2013	Izaan Van Schalkwyk - Namibia
0	Boys 15-17 Long Jump	7.25m	4/27/2007	Brent Stevens - South Africa
0	Boys 15-17 High Jump 1,65m	2.00m	5/2/2008	Christiaan Karl - South Africa
	Girls 12-13 100 Meter Dash	12.93	5/4/2013	Limpho Nchaksa - Lesotho
	Boys 12-13 100 Meter Dash	11.66	5/4/2013	Setanamane Tabetlo - Lesotho
	Girls 15-17 100 Meter Dash	11.50	5/2/2008	Mellisa Hewitt - South Africa
	Boys 15-17 100 Meter Dash	10.50	5/2/2008	Waide Jooste - South Africa
	Girls 15-17 1500 Meter Run	4:34.00	4/27/2007	Lavinia Haitopi - Namibia
	Boys 15-17 1500 Meter Run	3:55.95	4/27/2006	Dumisani Hlaselo - South Africa
	Girls 15-17 4x400 Meter Relay	3:50.55	4/27/2007	South Africa - South Africa
	Boys 15-17 4x400 Meter Relay	3:14.21	4/27/2007	Botswana - Botswana
	Girls 12-13 Long Jump	4.59m	5/4/2013	Dure Boshoff - Namibia
	Boys 12-13 High Jump 1,30m	1.75m	5/11/2012	Aobakwe Nkobela - Botswana
	Girls 12-13 4x100 Meter Relay	51.14	5/4/2013	Zimbabwe - Zimbabwe
	Boys 12-13 4x100 Meter Relay	46.81	5/4/2013	N Mutambi, n Langa, S Chipenzi, L Munjanji Botswana - Botswana
	Girls 12-13 800 Meter Run	2:14.49	5/4/2013	X Shimane, K Kganxiao, T Dcao, M Hocker Pauline Sibanda - Zimbabwe
	Boys 12-13 800 Meter Run	2:01.79	5/4/2013	Thulo Mashaile - Lesotho
	Girls 12-13 1500 Meter Run	4:44.19	5/3/2013	Jestina Maliko - Zambia
	Boys 12-13 1500 Meter Run	4:22.03	5/3/2013	Nyashadzashe Vhudzi - Zimbabwe
	Girls 15-17 Distance Medley	2:12.96	5/4/2013	Botswana - Botswana
	Boys 15-17 Distance Medley	1:55.69	5/4/2013	R Dintweng, G Mpeo, K Kgosiesele, G Moroko Zimbabwe - Zimbabwe
	Girls 12-13 Shot Put	11.06m	5/4/2013	S Macheka, T Mutariswa, M Songore, M Ndebele Anjone Swanepoel - Namibia
	Boys 12-13 Shot Put	11.22m	5/3/2013	Ryan Williams - Namibia
	Girls 12-13 Discus Throw	29.49m	5/4/2013	Anjone Swanepoel - Namibia
	Boys 12-13 Discus Throw	33.39m	5/3/2013	Ryan Williams - Namibia

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COSSASA - Records

54	Girls 12-13 Javelin Throw	28.90m	5/3/2013	Lizzy Jangara - Zimbabwe
55	Boys 12-13 Javelin Throw	38.55m	5/4/2013	Petros Nyoni - Zimbabwe

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COSSASA Athletics Championship - 5/3/2013 to 5/4/2013**Track & Field****Zimbabwe International Stadium****Medal Count****Combined: Men + Women**

School	Gold	Silver	Bronze	Total
Zimbabwe	19	20	22	61
Namibia	19	11	8	38
Zambia	6	13	8	27
Botswana	3	8	9	20
Lesotho	3	0	1	4